A case of successful full-thickness resection using endoscopic submucosal dissection and transanal suturing of rectal cancer

Endoscopic resection techniques have been applied to full-thickness resection of gastrointestinal neoplasms as combination procedures with surgical resection [1,2]. However, the applications of these procedures are mainly limited to the upper gastrointestinal tract owing to severe leakage complications in the lower gastrointestinal tract. Here we present a case of a successful full-thickness resection using endoscopic submucosal dissection (ESD) techniques to treat rectal adenocarcinoma [3,4].

A 68-year-old man with a rectal flat elevated lesion, 20mm in diameter, was referred to our department (► **Fig. 1 a**). We consulted surgeons for a radical resection because of the estimated depth of invasion. General anesthesia was judged to be risky because of the patient's severe chronic obstructive pulmonary disease. After careful discussion with surgeons, we decided to resect the lesion by using a combination of ESD techniques and transanal suturing (► **Video 1**).

After creating a circumferential mucosal incision around the lesion, two clips were anchored directly to the muscular layer on one side of the lesion. One of the clips was tied with a line to pull from outside the body. Pulling the line, we incised the muscular layer around the lesion (► **Fig. 1 b**). Finally, the lesion was resected in an en bloc fashion that included the muscular layer (► **Fig. 1 c**). The muscular defect was completely closed by transanal suturing (► **Fig. 1 d**). Computed tomography immediately after the procedure revealed minimal leakage of air into the retroperitoneal space (► **Fig. 2**).

The patient recovered well without any complications. Histopathological assessment revealed that a well-differentiated adenocarcinoma had invaded beneath the muscular layer, with free vertical and lateral margins.

► **Fig. 1** Full-thickness resection of rectal tumor. **a** White-light endoscopy image of the rectal tumor. **b** A small incision was made between the two clips. **c** The muscular defect after full-thickness resection. **d** The muscular defect was sutured completely.

► **Video 1** Procedures of full-thickness resection using endoscopic submucosal dissection and transanal suturing.

► **Fig. 2** Air leakage was limited around the mucosal defect.

Thus, full-thickness resection using ESD techniques may be acceptable for patients at high risk of needing radical resection for lesions located on the retroperitoneal side by completely suturing the muscular defect.

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Competing interests

None

The authors

Satoshi Ono¹, Ryosuke Kobayashi², Shun Ito¹, Shosuke Hosaka¹, Shin-ichiro Sato¹, Kiyotaka Umeki¹, Satoshi Wakasugi¹

- 1 Department of Gastroenterology, Chiba-Nishi General Hospital, Matsudo, Japan
- 2 Department of Surgery, Chiba-Nishi General Hospital, Matsudo, Japan

Corresponding author

Satoshi Ono, MD, PhD

Department of Gastroenterology, Chiba-Nishi General Hospital, 1-107 Kanegasaku, Matsudo, Chiba 270-2251, Japan
Fax: +81-47-3895162
satoshi-ky@umin.ac.jp

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