Structured Reporting in Cross-Sectional Imaging of the Heart: Reporting Templates for CMR Imaging of Cardiomyopathies (Myocarditis, Dilated Cardiomyopathy, Hypertrophic Cardiomyopathy, Arrhythmogenic Right Ventricular Cardiomyopathy and Siderosis)

Strukturierte Befundung in der Schnittbilddiagnostik des Herzens: Befundvorlagen für die MRT bei Kardiomyopathien (Myokarditis, dilatative Kardiomyopathie, hypertrophe Kardiomyopathie, arrhythmogene rechtsventrikuläre Kardiomyopathie und Siderose)

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ABSTRACT

Background Structured reports have numerous benefits through standardizing the way imaging findings are reported and communicated. Nevertheless, the adoption of structured reports in everyday radiological practice is still limited. In view of the irrefutable benefits, various national and international radiological societies have started initiatives which aim at promoting a broader use of structured reports. Up to now, no consented templates in German language existed for the reporting of cross-sectional imaging studies of the heart.

Method Upon invitation of the working group for Cardiovascular Imaging of the German Society of Radiology a panel of radiologists, cardiologists, pediatric cardiologists and cardiothoracic surgeons, experts on the field of cardiovascular imaging and structured reporting, met for two interdisciplinary consensus meetings at the University Hospital Cologne in 2018. The aim of these meetings was to develop and agree

on templates for the reporting of MR and CT studies of various cardiovascular disease entities.

Results During the meetings the panel of experts developed and reached consensus on 11 different templates for the structured reporting of the following: myocarditis, dilated cardiomyopathy, hypertrophic (obstructive) cardiomyopathy, arrhythmogenic right ventricular cardiomyopathy, siderosis, ischemia and vitality imaging, tetralogy of Fallot, aortic coarctation, coronary CT and CT for Transcatheter Aortic Valve Implantation (TAVI) planning. The first five templates are presented in this publication and are currently being transferred to a HTML 5/IHR MRRT compatible format. Subsequently, the templates will be made available for free use on the website www.befundung.drg.de.

Conclusion For the first time, consented templates in German language for the structured reporting of cross-sectional imaging studies of the heart are presented. These templates are aimed at providing a constant level of high reporting quality and increasing the efficiency of the generation and communication of imaging reports.

Key points:

- Structured reporting offers numerous benefits by standardizing generation and communication of imaging reports.
- For the first time templates in German language for the structured reporting of CMR imaging studies of cardiomyopathies are presented
- These templates will be made available on the website www.befundung.drg.de and can be commented via agit-sr@googlegroups.com.

Citation Format

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ZUSAMMENFASSUNG

Hintergrund Strukturierte Befundung bietet viele Vorteile in der Standardisierung der Befunderstellung und -kommunikation und bildet dennoch bisher die Ausnahme im radiologischen Alltag. Den Einsatz der strukturierten Befundung zu fördern ist daher erklärtes Ziel nationaler und internationaler radiologischer Gesellschaften. Bisher existierten für den deutschsprachigen Raum keine konsentierten Befundvorlagen auf dem Gebiet der kardialen Schnittbilddiagnostik.

Methode Auf Einladung der AG Herz- und Gefäßdiagnostik der Deutschen Röntgengesellschaft fanden an der Uniklinik Köln im Jahr 2018 zwei interdisziplinäre Konsensus-Treffen zwischen Experten der kardiovaskulären Bildgebung und strukturierten Befundung aus den Fachrichtungen Radiologie, Kardiologie, Kinderkardiologie und Thorax-, Herz- und Gefäßchirurgie statt. Ziel der Treffen war es, im interdisziplinären Diskurs Befundvorlagen zur bildgebenden CT- und MR-Diagnostik verschiedener Krankheitsbilder und Untersuchungen des Herzens gemeinsam zu erarbeiten.

Ergebnisse Im Rahmen der beiden Treffen wurden Vorlagen zu folgenden Krankheitsbildern und Untersuchungen entwickelt und im Konsens verabschiedet: Myokarditis, dilatative Kardiomyopathie, hypertrophe (obstruktive) Kardiomyopathie, arrhythmogene rechtsventrikuläre Kardiomyopathie (ARVC), Siderose, Ischämie- und Vitalitätsdiagnostik, Fallot'sche Tetralogie, Aortenisthmusstenose, Koronar-CT und TAVI-CT. Die 5 erstgenannten Vorlagen sind Gegenstand der vorliegenden Publikation und werden aktuell von der AG für Informationstechnologie (AGIT) der DRG in ein HTML-5/IHE-MRRT-konformes Format überführt. Anschließend werden die Vorlagen auf der Seite www.befundung.drg.de zur freien Nutzung bereitgestellt werden.

Schlussfolgerung Im Rahmen der vorliegenden Publikation werden erstmals interdisziplinär konsentierte deutschsprachige Befundvorlagen für die Schnittbilddiagnostik des Herzens vorgeschlagen. Der Einsatz der erarbeiteten Vorlagen soll helfen, für eine gleichbleibend hohe Befundungsqualität zu sorgen und die Effizienz der Befunderstellung und -kommunikation zu steigern.

Structured Reporting – Background

To date, the majority of radiological reports are written in the form of non-standardized free text. A number of studies have demonstrated that the use of standardized reporting templates offer advantages for both the reporting and communication of findings [1–5]. Thematic structure, pre-formulated text modules, categorized diagnoses and uniform terminology can increase the time efficiency in the preparation of reports, while standardization can help ensure consistent quality with respect to comprehensibility, clarity, completeness and clinical relevance of the reports [6, 7].

To take this into account, RSNA launched two initiatives with the “RadLex Initiative” in 2005 and the “Radiology Reporting Initiative” in 2008 with the aim of harmonizing the terminology

used in radiology, promoting the use of structured reporting templates and thus increasing the overall quality of radiological reports [8]. RadLex serves as a standardized ontology and encyclopedia of radiological terms and was recently translated into German by the German Radiological Society (DRG) in cooperation with RSNA [9]. Likewise, the European Radiological Society (ESR) has also joined the initiative for structured reporting and has established the goal of developing reports in different national languages [6]. Existing reporting templates of RSNA and ESR are made available on the open platform www.radreport.org; they are thematically organized, freely accessible in the HTML/IHE MRRT format [10] and available for general use.

In a joint statement published in 2009, numerous organizations in the field of cardiovascular medicine also clearly expressed

their support for the use of structured reporting [7]. The initial basic recommendations on the structure and content of reports on MR cardiovascular examinations were published in the same year by the Society of Cardiovascular Magnetic Resonance (SCMR) [11].

However, the number of templates currently available on the www.radreport.org platform in the area of cardiac diagnostics is still limited, with respect to both content and thematics. Up to date, no German templates available.

In Germany, the board of directors of the DRG has made the promotion of structured reporting one of that organization's central projects for the coming years [12]. The working groups of the various specialty areas have been tasked with defining reporting templates and their medical content. Technical support for this project will be provided by the Information Technology working group of the DRG. After formatting in HTML 5/IHE MRRT, the developed templates will be made freely available on the DRG homepage www.befundung.drg.de.

Initiative for the Development of Reporting Templates for Cardiac Cross-sectional Imaging Diagnostics

Against this background, board members and representatives of the working group for Cardiac and Vascular Diagnostics of the DRG agreed during the 10th Cardiodiagnostic Days in Leipzig, Germany, on the joint development of proposals for reporting templates for cross-sectional imaging of the heart. At the invitation of the working group, two consensus meetings were held at the University Hospital Cologne, Germany in 2018 with the participation of the listed authors. During these meetings experts from the fields of cardiovascular diagnostics and structured reporting jointly developed a total of 11 reporting templates for various examination protocols and clinical pathologies in the field of cardiac MRI and CT diagnostics. The authors clearly preferred a systematic orientation towards modalities, examination protocols and clinical pathologies rather than a generic approach with the elaboration of only a few general reporting templates, since usually the examination protocols in MRI and CT diagnostics are also oriented towards specific suspected diagnoses and clinical issues.

In total, 11 templates were developed for the following clinical pathologies and examination protocols: myocarditis, dilatative cardiomyopathy, hypertrophic (obstructive) cardiomyopathy, arrhythmogenic right ventricular cardiomyopathy (ARVC), siderosis, ischemia and viability diagnostics, tetralogy of Fallot, aortic coarctation, coronary CT, TAVI CT.

All templates were approved by consensus of all involved authors. The templates do not contain any recommendations regarding examination protocols. Recommendations on this matter, as well as on image interpretation and quantitative analysis can be found in international guidelines, such as those of the SCMR [13–16].

Report Contents

Important, integral components of a report include clinical information on the patient, the justifying indication and clinical question derived from this, as well as the date and time of the examination; these should be presented first in the template [11].

The reporting templates presented in this publication comprise the thematic complex of cardiomyopathies including secondary forms of myocardial functional impairment as a result of cardiac siderosis and myocarditis.

The contents of the templates are based on the recommendations of the SCMR [11], current clinical practice, the present state of scientific knowledge [17] as well as in the case of ARVD and myocarditis on internationally published diagnostic standards. These are laid down in the modified Task Force Criteria for ARVD published in 2010 and in the Lake Louise Criteria revised in 2018 (Lake Louise Criteria II) [18–20]. The terminology reflects that used by RadLex in its current German-language version (www.radlex.org).

Each of the reporting templates is divided into the sections Technique, Patient Characteristics, the actual report sections Morphology, Functional Analysis, Tissue Characterization and Additional Findings as well as the Conclusion. In the chosen approach, a distinction is made between a “General” part and a “Specific” part.

The “General” part of the report is intended to precede a “Specific” part to be selected. The selection of the specific part depends mainly on the case history and the related clinical question or, in individual cases, also on the findings identified on image analysis and the derived (suspected) diagnosis. In the case of more complex findings, several specific parts can also be combined in a modular manner. Depending on the pathology, the general part can be adapted, as outlined in the explanations of the general part (items 4, 8, 9 and 14).

From the authors' point of view, this approach also reflects the way a radiologist would select and specify an appropriate MR imaging protocol in everyday clinical practice.

In the authors' opinion, the technical part should contain not only the field strength and list of the acquired sequences in the corresponding orientations but also the software used for image analysis, the source of the normal values for quantitative parameters as well as the quantity and type of contrast medium used.

In a 2015 review article, Kawel-Boehm et al. compiled the normal values for adults and children published in various studies which can serve as a reference for the quantitative values obtained with MRI of the heart [21]. However, assuming a representative control cohort, normal values can also be adapted to local conditions and new scientific findings. In this case, normal values should be chosen as a function of the age and sex of the patient. Particularly in the context of left ventricular volumetry, when selecting these standard values it must be taken into account whether the evaluation software assigns the papillary muscle and muscle trabecula to the ventricular cavum or the myocardial mass [16, 21].

The use and reporting of T1 and T2 relaxation times of the myocardium determined by mapping techniques and the derived parameter extracellular volume (ECV) in the findings section are

regarded as optional by the authors and require normal values from the examiner's own representative control cohorts for the locally-used scanner and sequence type. In this respect, reference is made explicitly to the recommendations of the SCMR [22]. Despite known limitations, the use of mapping techniques is becoming increasingly important and widespread due to increasing evidence. This circumstance is also taken into account in the currently revised Lake Louise criteria [20] and supports, in the authors' opinion, the optional inclusion into the findings section.

The amount and type of contrast agent used, and in the case of first-pass perfusion images, the injection rate, can have a relevant influence on image contrast and image artifacts due to the different concentrations and relaxivities of the contrast agents as well as the field strength, so that these should be listed in the technique section [11, 23–25].

In the patient baseline profile section, gender, height, weight and body surface should be documented so that the quantitative values collected in the functional analysis can be normalized to the individual body surface.

The patient's ability to cooperate, heart function and rate can have a considerable influence on the image quality of the acquired MR images. Since reduced image quality can sometimes considerably limit the interpretation of the findings, the quality of the acquired images should be briefly commented on at the beginning of the findings section. If the image quality does not permit a conclusive assessment of the findings, this should also be mentioned in the final conclusion.

The found consensus on the presentation of functional parameters and specific morphological features varies depending on the significance for the respective clinical question or the pathology.

Regionally-limited abnormalities such as wall movement disorders should be assigned to the ventricle segment (apex, apical, midventricular, basal) and the myocardial segment (basal and midventricular: anterior, anterolateral, inferolateral, inferior, inferoseptal, anteroseptal or apical: anterior, lateral, inferior, septal) according to the 17-segment model of the American Heart Association – AHA [26]. The assignment of regional findings to the right ventricle can be done according to the 5-segment model of te Riele et al. (apex, inferior, marginal, anterior, RVOT (right ventricular outflow tract)) [27].

In contrast to normokinesia, the semi-quantitative assessment of the severity of regional wall movement disorders should be graded as follows: hyperkinesia (excessive contraction movement, i. e. increased systolic inward movement and increase in thickness); hypokinesia (reduced contraction movement, i. e. reduced systolic inward movement and increase in thickness); akinesia (lack of contraction movement), dyskinesia (outward movement of the affected segment in systole), aneurysm (protrusion of the affected segment in systole and diastole), tardokinesia (delayed contraction movement) and paradoxical wall movement (outward movement of the affected segment in systole, inward movement in diastole) [11, 16]. In the case of focal changes of the signal intensity of the myocardium, localization in the myocardium (sub-endocardium, intramyocardium, subepicardium or transmural) and extent should also be described [11, 16]

Summary and Outlook

The reporting templates presented here, developed in cooperation with clinical partners from cardiology, pediatric cardiology and cardiac surgery, are to be understood as a proposal of the DRG Cardiovascular working group for cardiac and vascular diagnostics, and are not to be considered binding or universally valid. The presentation of the 6 additional reporting templates developed among the authors is planned for follow-up publications. AGIT is currently converting the report forms presented here into HTML-5/IHE MRRT-compliant format and will make them available for free use on the www.befundung.drg.de website (for rights to use, see [28]) Comments on the proposed report forms can be sent at any time to agit-sr@googlegroups.com and will be forwarded by AGIT to the board of the working group for Cardiac and Vascular Diagnostics. The comments received, as well as new scientific evidence and guidelines, will be evaluated at regular intervals by the working group and any necessary changes will be incorporated by consensus into the reporting templates published on the DRG homepage www.befundung.drg.de.

General Part:

Case history: _____¹

Question: _____²

Date & time of examination: _____

Technique:

Field strength: 1.5 / 3T
MR protocol: Sequences and planes
Evaluation software: Name and version
Source of normal values: Publication/own reference values
Contrast medium: Name and quantity³

Baseline patient profile:

Gender: __; Body weight: __; Body size: __m; Body surface (BSA):² __m

Hematocrit⁴:

No prior study / Prior study dated from _____

Findings

Image quality: Limitation: no / yes _____⁵

Morphology and functional analysis:

LV end-diastolic diameter (LV EDD) [mm]: (...) ⁶
LV end-diastolic volume index (LV EDVi) [ml/m²]: (...) ⁶
LV end-systolic volume index (LV ESVi) [ml/m²]: (...) ⁶
LV ejection fraction (LV EF) [%]: (...) ⁶
LV ED mass normed [g/m²]: (...) ⁶
Regional wall motion abnormalities LV: no / yes _____^{7,8}

Optional⁹:

Interventricular septum thickness (IVSD) [mm]: (...) ⁶
RV end-diastolic diameter (RV EDD) [mm]: (...) ⁶
RV end-diastolic volume index (RV EDVi) [ml/m²]: (...) ⁶
RV end-systolic volume index (RV ESVi) [ml/m²]: (...) ⁶
RV ejection fraction (RV EF) [%]: (...) ⁶
Regional wall motion abnormalities RV: no / yes _____⁷

Atrium size:

Visually normal size / pathological

Optional: quantitative end-systolic in 4-chamber view (longitudinal x transversal)¹⁰

:
Right atrium: x mm (...) ⁶
Left atrium: x mm (...) ⁶

Atrial septum position:

normal/abnormal _____¹¹

Heart valve pathology: not examined / no / yes _____¹²

Intercavitary thrombi: no / yes _____¹³

Pericardial effusion: no / yes; max. width: mm _____¹⁴

^{1,2} Case history details and medical issue, resulting in selection of examination protocol and the appropriate "Specific part" reporting template. Employing order-entry and radiological information systems, relevant information fields are generally filled out by the referring physician, and the findings are automatically pre-filled. If needed, adaptations should be performed or additional information added. ³ When using first-pass perfusion images, also injection rate should be stated. ⁴ Only required when extracellular volume (ECV) is to be stated in Special Part (optional for "Myocarditis", "DCM" reporting templates). ⁵ Free text for description of artifacts and cause (e.g. arrhythmia, limited patient compliance), including resulting limitations on conclusive assessment. ⁶ Indication of (age and gender-specific) normal values according to source cited in "Technique", e.g. selection from [21]. ⁷ Localization according to 17-segment model for left ventricle [26] or 5-segment model for right ventricle [27] and indication of severity (hyperkinesia, hypokinesia, akinesia, dyskinesia, aneurysm, tardokinesia, paradoxical movement). ⁸ Particularly in the case of DCM, also indication of the presence of dyssynchrony (difference in timing of contractions in the septum and left ventricular lateral wall) should be included. ⁹ In the authors' view, providing this quantitative parameter in the case of absent abnormalities is optional for the reporting templates for H(O)CM, myocarditis and siderosis. In this case, the report should be expanded by "RV visually of normal size and systolic function". ¹⁰ Alternatively, the planimetric area in the 4-chamber view can also be specified here; measurements are to be taken at the time of maximum atrial filling. ¹¹ Free text for description of the pathology. ¹² Free text for description of the valve pathology, visual assessment of the severity. ¹³ Localization. ¹⁴ Circular vs. indication of localization and hemodynamic relevance. To be described in the Specific Part in combination with the "Myocarditis" reporting template.

Specific Part: “Myocarditis” reporting template

Tissue properties (modified according to Lake Louise Criteria II)¹:

Myocardial edema regional: no / yes _____²
 Myocardial edema global: no / yes _____
 Late gadolinium enhancement (LGE) myocardium: no / yes _____²
 Late gadolinium enhancement (LGE) pericardium: no / yes _____³
 Pericardial effusion: no / max. width: mm _____^{3,4}
 Pericardial thickening (>3 mm): no / yes _____^{3,5}

Optional:

T2 mapping [ms]: _____ (...)# _____⁶
 T2 mapping native [ms]: _____ (...)# _____⁶
 T2 mapping post CM [ms]: _____ (...)# _____⁶
 ECV [%]: _____ (...)# _____⁶

(with provision of sequence names in “Technique” section as well as

#reference values from own pool)

Additional findings

No / yes _____

Conclusion:

MRI findings consistent with myocarditis: no / possible / yes⁷

_____⁸

¹ The revised MR diagnostic criteria for myocarditis published in 2018 differentiate between T2- and T1-based primary myocardial criteria and supportive criteria (pericardial changes and systolic left ventricular myocardial dysfunction) [20]. A prerequisite for the diagnosis of myocarditis is the presence of at least one main criterion from the T2 and the T1 group. These also explicitly include findings derived from mapping sequences. As explained, the latter requires the existence of locally-established reference values for the particular scanner and sequence type [22]. ² Localization according to 17-segment model for left ventricle and indication of the distribution pattern (subendocardial, intramyocardial, subepicardial, transmural). ³ Circular vs. indication of localization. ⁴ In addition, indication of hemodynamic relevance according to [20]. ⁵ In addition, indication of max. pericardial thickness according to [20]. ⁶ Statement regarding distribution pattern of pathological values. Myocardial: diffuse vs. localized (localization according to 17-segment model, subendocardial, intramyocardial, subepicardial, transmural); Pericardial: circular vs. indication of localization [20]. ⁷ Possible: presence of a T2 (T2-weighted imaging/T2 mapping) or a T1 (LGE/T1 mapping/ECV) diagnostic criterion; yes: presence of at least one T2 and at least one T1 diagnostic criterion [20]. ⁸ Free text for secondary findings. If needed, also recommendations for follow-up, see also the white paper on cardiac MRI in myocarditis from 2009 [19].

Reporting template “Dilatative Cardiomyopathy – DCM”

Tissue properties:

Late gadolinium enhancement (LGE) myocardium: no / yes _____¹

Optional:

T2 mapping [ms]: _____ (...)#

T2 mapping native [ms]: _____ (...)#

T2 mapping post CM [ms]: _____ (...)#

ECV [%]: _____ (...)#

(with provision of sequence names in “Technique” section as well as

#reference values from own pool)

Additional findings

No / yes _____

Conclusion:

MRI findings consistent with DCM: no / possible / yes²

_____ ³

¹ Localization according to 17-segment model and indication of the distribution pattern; a striped late enhancement in the center of the myocardium is indicative of a less favorable prognosis of DCM [29]. ² Possible: dilatation or functional impairment; yes: dilatation and functional impairment. ³ Free text, e. g. for secondary findings, presumed etiology vs. idiopathic.

Hypertrophic (Obstructive) Cardiomyopathy – H(O)CM

Max. LV wall thickness [mm]: _____¹, Localization _____²

LVOT obstruction at rest³: _____ no / yes

LVOT obstruction during Valsalva^{3,4}: _____ no / yes

SAM phenomenon of mitral valve: _____ no / yes

Associated eccentric mitral valve insufficiency: _____ no / yes

Tissue properties:

Late gadolinium enhancement (LGE) myocardium: no / yes _____⁵

Optional:

T2 mapping [ms]: _____ (...)#

T2 mapping native [ms]: _____ (...)#

T2 mapping post CM [ms]: _____ (...)#

ECV [%]: _____ (...)#

(with provision of sequence names in "Technique" section as well as

#reference values from own pool)

Additional findings

No / yes _____

Conclusion:

MRI findings consistent with HCM: no / possible / yes⁶ _____⁷

Obstruction: no / yes _____⁸

¹ Measured in end-diastole. ² Localization according to 17-segment model [26]. ³ Visual detection of flow turbulence with signal drop due to dephasing in balanced Steady State Free Precession – bSSFP cine sequences. ⁴ If needed, using real time images or phase-contrast flow measurement [13]. A Valsava maneuver can provoke LVOT obstruction and is regularly used in the course of echocardiogram examinations of HCM patients with suspected LVOT obstruction [30]. ⁵ Localization according to 17-segment model and indication of the distribution pattern; typical for H(O)CM is a somewhat faint intramyocardial basal anteroseptal and inferoseptal delayed enhancement as expression of fibrosis [31]. ⁶ Regarding diagnosis definition, see e. g. Journal of Cardiovascular Magnetic Resonance 2012, 14: 17 [32]. ⁷ For a description of involved wall segments and resulting morphological changes, see also Noureldin et al. Journal of Cardiovascular Magnetic Resonance 2012, 14:17 [32]. ⁸ Free text for secondary findings.

Reporting template “Arrhythmogenic Right Ventricular Cardiomyopathy/Dysplasia – ARVC/D”

(Micro) aneurysms RV wall: no / yes _____¹

Right ventricular wall thinning: no / yes _____¹

Dyssynchronous RV contraction: no / yes

Optional: RVOT4 width in 3-chamber view*: _____ mm/m² (normal: xx mm/m²).

Tissue properties:

Late gadolinium enhancement (LGE) myocardium: no / yes _____²

Evidence of fat signal in myocardium: no / yes _____³

Assessment according to Task Force criteria (revised 2010)^{#,4}

Major criterion: no / yes

Minor criterion: no / yes

Additional findings

No / yes _____

Conclusion:

MRI indicative of ARVC: no / yes

_____⁵

► * Eur Heart J Cardiovasc Imaging. 2017 May 26. <http://dx.doi.org/10.1093/ehjci/jex092> [33]. # Eur Heart J. 2010;31:806–814. <http://dx.doi.org/10.1093/eurheartj/ehq025> [18]. ¹ Localization. Typical locations are the “triangle of dysplasia”: RV wall adjacent to the RV inflow and outflow path and the apex of the heart [18] or the basal anterior and inferior RV wall as well as the posterolateral LV wall [27]. ² Localization according to 17-segment model [26] or inclusion of the RV analogously to the 5-segment model [27] and indication of the distribution pattern (subendocardial/intramyocardial/subepicardial/transmural). ³ Localization: Typical features are focal, myocardial fatty degeneration or an “infiltrative”, finger-shaped fatty degeneration of the free RV wall progressing from the epicardium with myocardial wall thinning potentially associated with late gadolinium enhancement [34]; MR tomographic fat detection or late gadolinium enhancement are not part of the Task Force criteria [18]. ⁴ Only one major or minor criterion can be derived from MR imaging alone [18]. The definitive diagnosis of ARVD requires the presence of at least 2 major criteria, 1 major criterion plus 2 minor criteria or 4 minor criteria from 6 different diagnostic categories; a definitive diagnosis cannot be made based solely on MR diagnostics. A “borderline” ARVD is based on evidence of one major plus one minor criterion or 3 minor criteria. A “possible” ARVD is based on evidence of one major criterion or two minor criteria. **The MR criteria are defined as follows:** *Major criterion:* Regional RV akinesia or dyskinesia or dyssynchronous RV contraction and presence of one of the following findings: Ratio of RV EDV to BSA ≥ 110 mL/m²(male) or ≥ 100 mL/m² (female) or RV ejection fraction ≤ 40 %. *Minor criterion:* Regional RV akinesia or dyskinesia or dyssynchronous RV contraction and Ratio of RV EDV to BSA ≥ 100 to < 100 mL/m²(male) or ≥ 90 to < 100 mL/m² (female) or RV ejection fraction > 40 % to ≤ 45 %. ⁵ Indication of presence of task force and non-task force criteria (ARVD-typical pattern of fat infiltration and/or non-ischemic LGE) [34], Free text for secondary findings.

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The name of the co-author Daniel Pinto dos Santos was completed on 6.11.2019.

“Siderosis” reporting template

Quantitative tissue properties of the heart:

T2* mapping (septum) [ms]: _____ (normal > 20 ms)

Optional:

T2 mapping native (septum) [ms]: _____ (...)#

T1 mapping native (septum) [ms]: _____ (...)#

(with provision of sequence names in “Technique” section as well as
#reference values from own pool)

Morphology of liver / upper abdomen:

Liver parenchyma: _____ unremarkable / _____¹

Liver artery, veins, portal vein: _____ unremarkable / _____¹

Bile ducts / gall bladder: _____ unremarkable / _____¹

Spleen: _____ unremarkable / _____¹

Lymph nodes: No suspicious lymph nodes / lymph node _____¹, approx. _mm.

Ascites: none / few / moderate / pronounced

Quantitative tissue properties of liver:

T2* mapping [ms]: _____ (normal > 24 ms)

Optional:

T2 mapping native [ms]: _____ (...)#

T1 mapping native [ms]: _____ (...)#

(with provision of sequence names in “Technique” section as well as
#reference values from own pool)

Fat fraction: ____ %

Additional findings

No / yes _____

Conclusion:

Heart:

Based on 1.5 Tesla MRI signs of mild (T2* = 15–20 ms) / moderate (T2* = 10–14 ms) / severe (T2* < 10ms) cardiac iron overload / no evidence of cardiac iron overload (T2* > 20 ms).²

Unremarkable function of right and left ventricle / limited / moderate / severely limited LV/RV systolic function (EF _%).

Liver:

Based on 1.5 Tesla MRI unremarkable (T2* > 24 ms) / low (T2* < 24 ms) / moderate (T2* < 21 ms) / pronounced (T2* < 14 ms) iron accumulation.³

Secondary signs of mild / pronounced cirrhosis of the liver.

_____ ⁴

¹ If noticeable, description of pathology as free text. ² Graduation analogous to [22], according to these recommendations assessment for potential iron overload by means of T2* mapping should be performed at 1.5 Tesla only. ³ Graduation analogous to [35]. ⁴ Free text for secondary findings.

Conflict of Interest

The authors declare that they have no conflict of interest.

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