

Use of endoscopic ultrasound for pancreatic cancer from 2000 to 2016



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ABSTRACT

Background and study aims Pancreatic cancer (PC) is the fourth most common cause of cancer death in the United States. Previous studies have suggested a survival benefit for endoscopic ultrasound (EUS), an important tool for diagnosis and staging of PC. This study aims to describe EUS use over time and identify factors associated with EUS use and its impact on survival.

Patients and methods This was a retrospective review of the Surveillance, Epidemiology and End Results (SEER) database linked with Medicare claims. EUS use, clinical and demographic characteristics were evaluated. Chi-squared analysis, Cochran-Armitage test for trend, and logistic regression were used to identify associations between socio-demographic and clinical factors and EUS. Kaplan-Meier and Cox proportional hazard ratios were used for survival analysis.

Results EUS use rose during the time period, from 7.4% of patients in 2000 to 32.4% in 2015. Patient diversity increased, with a rising share of older, non-White patients with higher Charlson comorbidity scores. Both clinical (receipt of other therapies, PC stage) and nonclinical factors (region of country, year of diagnosis) were associated with receipt of EUS. While EUS was associated with a survival improvement early in the study period, this effect did not persist for PC patients diagnosed in 2012 to 2015 (median survival 3 month \pm standard deviation [SD] 9.8 months without vs. 4 months \pm SD 8 months with EUS).

Conclusions Our data support previous studies, which suggest a survival benefit for EUS when it was infrequently used, but finds that benefit was attenuated as EUS became more widely available.

Introduction

Pancreatic cancer (PC) was the fourth most common cause of cancer death in 2020 [1]. In contrast with most other types of cancer in the United States, survival from PC is not improving, in part because of late stage at time of diagnosis [1]. The diagnosis can be challenging but endoscopic ultrasound (EUS) is an important tool for diagnosis, tissue acquisition and staging of disease [2, 3].

Previous studies suggest a survival benefit for EUS [4]; however, since this is a diagnostic and not therapeutic procedure, there must be other factors such as access to care or improved staging of disease that lead to this benefit. Because of the poor prognosis, any efforts to optimize current practice to improve outcomes for these patients may have significant impact. Therefore, it is important to understand how health care is delivered for these patients. Indeed, studies show that non-clinical factors, including patient race, age, and geographic location, impact utilization of cancer-directed therapies, including endoscopic retrograde cholangiopancreatography (ERCP) and surgery [5–7].

Use of EUS has been increasing over the past 20 years [8]. Increasingly, more physicians have become trained in this procedure, either during fellowship, through advanced courses, or during a fourth year of fellowship. In 2012, the American Society for Gastrointestinal Endoscopy (ASGE) created a formal match process for a fourth-year fellowship. More providers trained in this technique became available outside expert centers to provide it as part of PC care. This is reflected in the ASGE guidelines as well, which changed from favoring ERCP in 2005 [9] for diagnosis of PC to favoring EUS by 2016 [2].

The aim of this study was to describe the use of EUS over time and identify non-clinical factors associated with use of EUS and its impact on survival. We hypothesized that EUS would become increasingly available over the time period studied and the survival benefit described in earlier reports would disappear as it was used more widely.

Patients and methods

Patient selection and treatment

The Surveillance, Epidemiology and End Results (SEER) database of the National Cancer Institute (NCI) is a national cancer registry with cancer incidence and survival data [10]. This database is linked with a patient's Medicare claims from time of Medicare eligibility (age 65 and older) until death. Patients with primary PC diagnosed between 2000 and 2015 were identified. Patients with more than one primary cancer were excluded to eliminate the effect of synchronous or metachronous cancers on overall survival [11]. Individuals with Medicare fee-for-service only were included; Medicare managed care and secondary insurance were excluded for incomplete claims [12]. Patient age was limited to those 65 and older because this is the age of eligibility for Medicare coverage in the United States.

Adenocarcinoma was selected for using the International Classification of Diseases for Oncology, Second Edition (ICD-O-2, 1992) histology codes 8000, 8010, 8140, 8500, 8550, and

8560. Sociodemographic information was obtained from both the SEER and Medicare-linked databases. Patient comorbid conditions, such as cardiovascular disease and chronic kidney disease (CKD), were controlled for using the Deyo adaption of the Charlson comorbidity index before diagnosis with PC [13–15]. Patient stage was based on the SEER historical stage, since the American Joint Committee on Cancer (AJCC) stage data was not available for the years 2000–2003. SEER stage is listed as localized, regional, and distant disease, which is different from the more widely used AJCC stage data [16]. Localized means the tumor is limited to the organ of origin; regional means the tumor has extended beyond the organ of origin either directly or into lymph nodes; and distant which includes metastases to other parts of the body [17]. Both inpatient and outpatient hospital claims (Medicare Provider Analysis and Review, Outpatient Standard Analytical File) as well as diagnoses on claims submitted by individual physicians (Carrier file) were included [12, 15].

EUS was identified using ICD-9 codes, ICD-10 and the Healthcare Common Procedure Coding System (HCPCS) codes. EUS was included as associated with the PC if it was performed within 3 months before or after diagnosis. There may be a delay in diagnosis by claims dates, therefore, 3 months was used as in other studies [4]. Surgery, chemotherapy, and radiation were identified from claims data using ICD-9, ICD-10, and HCPCS codes [18].

Study outcome

The primary outcome of the study was trends in use of EUS over time. Survival times were calculated as the period from date of diagnosis of PC to the date of death. Subjects alive on December 15, 2015 were censored.

Statistical analysis

Demographic characteristics were compared using chi-squared analyses for categorical variables and Student *t*-test for continuous variables. Cochran-Armitage test for trend was performed to evaluate differences in use of EUS over time. Multivariable logistic regression was performed to identify factors associated with receipt of EUS. Survival analysis was performed using both univariable and multivariable analysis. Cox Proportional Hazard modeling was then employed to adjust for confounding factors including age, marital status, symptoms, and Charlson comorbidity scores. Alpha level of 0.05 was used to determine statistical significance. All statistical analyses were performed using SAS version 9.3 and 9.4 (Cary, North Carolina, United States). The study was approved by both the Institutional Review Board and the NCI.

Results

Cohort description

Of the 42,162 patients diagnosed with PC from 2000 to 2016 in the cohort, more than one in five (9,948 or 23.6%) received EUS (► **Table 1**). Furthermore, the use of EUS increased during this time period. In the first 4 years, 11.2% of patients received EUS, whereas by the last 4 years, this share had increased to 30.2% of all patients (► **Table 1**).

► **Table 1** Sociodemographic and clinical characteristics of patients with pancreatic cancer by receipt of EUS, 2000 to 2016.

	Total		Received EUS per diagnosis			
	n	%	n	% of total who received EUS	% of total population	P value
Total	42,162	100.0 %	9,948	100.0 %	23.6 %	<0.01
Year						<0.01
2000–2003	10,356	24.6 %	1,155	11.6 %	11.2 %	
2004–2007	10,977	26.0 %	2,323	23.4 %	21.2 %	
2008–2011	10,479	24.9 %	3,349	33.7 %	32.0 %	
2012–2015	10,350	24.5 %	3,121	31.4 %	30.2 %	
Sex						<0.01
Male	18,388	43.6 %	4,476	45.0 %	24.3 %	
Female	23,774	56.4 %	5,472	55.0 %	23.0 %	
Age						<0.01
66–75	18,147	43.0 %	5,054	50.8 %	27.9 %	
76+	24,015	57.0 %	4,894	49.2 %	20.4 %	
Ethnicity						<0.01
White	35,492	84.2 %	8,545	85.9 %	24.1 %	
Black	4,227	10.0 %	802	8.1 %	19.0 %	
American Indian	179	0.4 %	29	0.3 %	16.2 %	
Asian/Pacific Islander	2,187	5.2 %	542	5.4 %	24.8 %	
Married						<0.01
Yes	20,638	48.9 %	5,457	54.9 %	26.4 %	
No	21,524	51.1 %	4,491	45.1 %	20.9 %	
Metro Area						<0.01
Metro	35,344	83.8 %	8,534	85.8 %	24.1 %	
Non-metro	6,815	16.2 %	1,413	14.2 %	20.7 %	
Region						<0.01
Northeast	9,213	21.9 %	2,302	23.1 %	25.0 %	
Southeast	10,390	24.6 %	1,981	19.9 %	19.1 %	
Midwest	5,463	13.0 %	1,252	12.6 %	22.9 %	
West coast	17,096	40.5 %	4,413	44.4 %	25.8 %	
Income						<0.01
High income	10,377	24.6 %	2,888	29.0 %	27.8 %	
Low income	30,941	73.4 %	6,886	69.2 %	22.3 %	
Education						<0.01
High education	10,318	24.5 %	2,056	20.7 %	19.9 %	
Low education	31,006	73.5 %	7,723	77.6 %	24.9 %	
SEER historic stage						<0.01
Local	4,100	9.7 %	1,226	12.3 %	29.9 %	
Regional	11,789	28.0 %	4,688	47.1 %	39.8 %	
Distant	21,998	52.2 %	3,450	34.7 %	15.7 %	

► **Table 1** (Continuation)

	Total		Received EUS per diagnosis			
	n	%	n	% of total who received EUS	% of total population	P value
Charlson Comorbidity Score						0.03
0–1	26,850	63.7%	6,355	63.9%	23.7%	
2+	9,833	23.3%	2,218	22.3%	22.6%	
						<0.01
Head of Pancreas	21,382	50.7%	6,528	65.6%	30.5%	
Body/tail	20,780	49.3%	3,420	34.4%	16.5%	
Diagnosis confirmed with tissue	32,760	77.7%	9,312	93.6%	28.4%	<0.01
ERCP	18,024	42.7%	5,956	59.9%	33.0%	<0.01
Chemotherapy	17,444	41.4%	5,658	56.9%	32.4%	<0.01
Radiation	8,680	20.6%	2,983	30.0%	34.4%	<0.01
Surgery	5,148	12.2%	1,976	19.9%	38.4%	<0.01

EUS, endoscopic ultrasound; SEER, Surveillance, Epidemiology and End Results; ERCP, endoscopic retrograde cholangiopancreatography.

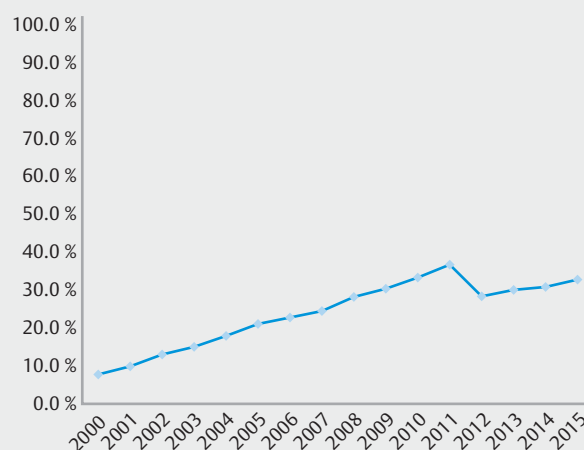
There were several differences between patients who received EUS and those who did not (► **Table 1**). Sociodemographic factors associated with receipt of EUS included male sex, younger age, race, marital status, living in metropolitan areas, and region of the country.

Clinical factors including cancer location in the head of the pancreas and stage were associated with EUS use. Patients with fewer comorbid conditions as measured by the Charlson comorbidity score also received EUS more often. Patients who underwent other cancer-directed therapies, including ERCP, surgery, chemotherapy, and radiation, were more likely to get EUS. Among the 32,760 patients who had their diagnosis confirmed with tissue diagnosis, 9,312 (28.4%) had EUS.

Trends over time

In 2000, 7.4% of patients received an EUS; by 2015 that number had increased to 32.4% of patients (Cochran Armitage test, $P < 0.01$, ► **Fig. 1a**). The share of patients by each characteristic in ► **Table 1** receiving EUS increased significantly over time. For example, non-White patients underwent EUS less often than other groups: in 2000, only 4.7% of non-White patients received EUS and this share rose to 30.8% of non-White patients by 2015. In contrast, patients with locoregional disease underwent EUS most often. In 2000, 13.7% of patients with locoregional disease underwent EUS and this share rose to 45.5% in 2015.

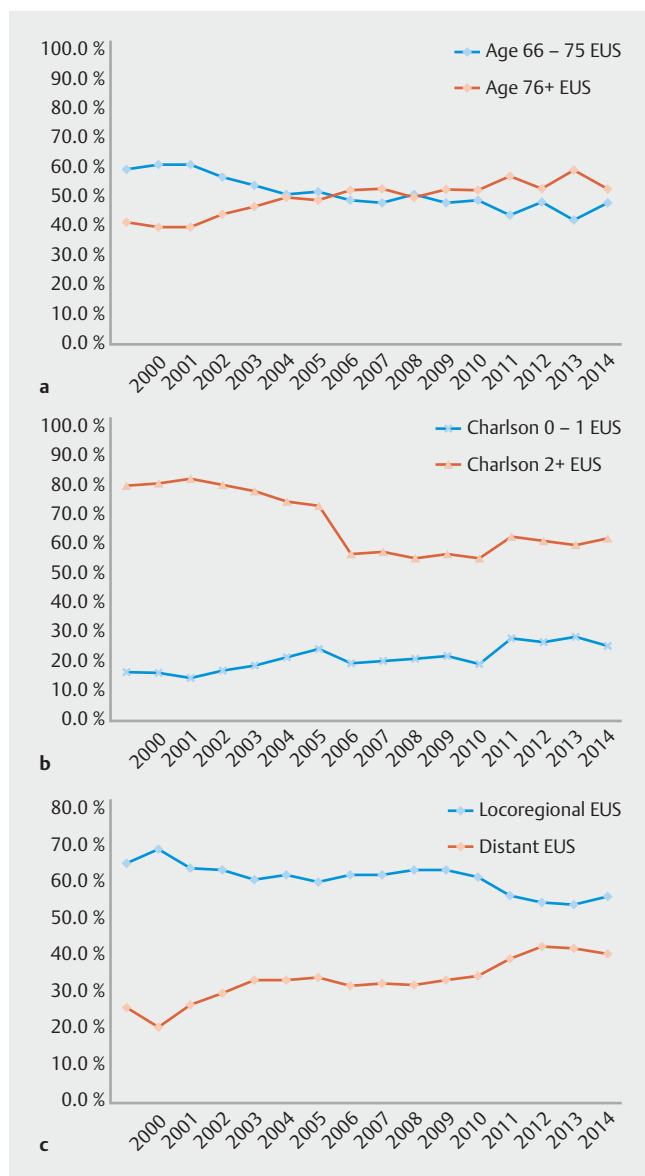
However, as the overall number of EUS performed increased over time, the patient characteristics became more diverse. Among those receiving EUS, the share of older patients, non-White patients, not married patients, and patients in the Southeast, Midwest and West Coast increased annually over the time period (► **Supplemental Table**, ► **Fig. 2a**). The distribution by sex



► **Fig. 1** Share of patients with pancreatic cancer who received endoscopic ultrasound by year of diagnosis

and residence in a metropolitan area or the Northeast United States was not significantly different over time.

Similarly, more patients with higher Charlson comorbidity scores (2+) and patients with metastatic disease were among those who underwent EUS over time (► **Fig. 2b** and ► **Fig. 2c**, $P < 0.01$). The total number of patients undergoing both EUS and treatment (surgery, chemotherapy, or radiation) increased over time (all $P < 0.01$). However, the share of patients who received EUS as well as other cancer-directed therapy, including radiation and surgery, decreased over time, meaning more pa-



► **Fig. 2** **a** Share of patients receiving endoscopic ultrasound, by age and year of diagnosis. **b** Share of patients receiving endoscopic ultrasound, by Charlson score and year of diagnosis. **c** Share of patients receiving endoscopic ultrasound, by stage and year of diagnosis.

tients underwent EUS who did not also undergo those other therapies.

Clinical factors of receipt of EUS

Next, we performed multivariable analysis of factors associated with receipt of EUS. Sociodemographic factors including age, marital status, year of diagnosis, region of the country, and zip code, income level remained significant. Older patients were less likely to receive EUS (► **Table 2**, odds ratio [OR] 0.78, 95% confidence interval [CI] 0.74–0.83), as were not married patients (OR 0.86, 95% CI 0.81–0.91). Patients diagnosed later in the study period were significantly more likely to receive EUS compared to the first time period (2004–2007 OR 2.36, 95%

CI 2.17–2.57; 2008–2011 OR 4.27, 95% CI 3.92–4.65; 2012–2015 OR 5.14, 95% CI 4.72–5.60). Compared to those living in the Southeast United States, those living in the Northeast, Midwest, and West Coast were more likely to receive EUS (NE OR 1.31, 95% CI 1.20–1.44; MW OR 1.47, 95% CI 1.24–1.50; West Coast OR 1.44, 95% CI 1.33–1.55). Patients who lived in higher-income zip codes were also more likely to undergo the procedure (OR 1.17, 95% CI 1.09–1.25). Patient sex, race, living in a metropolitan area, education level of the zip code, and Charlson comorbidity score were not associated with receipt of EUS.

Patients with regional disease were more likely to receive EUS than those with localized disease (OR 1.37, 95% CI 1.25–1.50). In contrast, patients with distant disease were less likely to receive EUS than those with local disease (OR 0.43, 95% CI 0.40–0.51).

Patients who received ERCP (OR 2.18, 95% CI 2.06–2.30), chemotherapy (OR 1.84, 95% CI 1.73–1.96) and radiation (OR 1.18, 95% CI 1.10–1.27) were more likely to receive EUS. However, during this period, surgery was not associated with EUS use.

Survival analysis

Univariable survival analysis as measure by Kaplan-Meier curves was evaluated in 4-year intervals. In 2000 to 2003 and 2004 to 2007, median survival improved for those who underwent EUS. Specifically, the median survival was 2 months for those who did not receive EUS (► **Fig. 3a**, ► **Fig. 3b**, ► **Table 3**). In contrast, the median survival for those who received EUS was significantly longer (7.0 months \pm 18.2 months 2000–2003; 6.0 months \pm 17.1 months 2004–2007, $P < 0.01$ for both). This difference narrowed later in the study period. Median survival was 2 months for those who did not receive EUS vs 7 months for those who did in 2008 to 2011 (► **Fig. 3c**, $P < 0.01$). In the last study period, median survival for those who received EUS was 4 months and increased to 3 months for those who did not (► **Fig. 3d**, $P = 0.17$).

To better evaluate the impact of EUS on survival when it was more available later in the study period, we performed multivariable Cox Proportional Hazard Ratios for 2012 to 2015 only. After controlling for other factors, multivariable analysis suggests that undergoing EUS is protective against mortality (hazard ratio [HR] 0.88, 95% confidence interval [CI] 0.84–0.93, $P < 0.01$, ► **Table 4**). Other factors also were associated with improved survival, including female sex (HR 0.93, 95% CI .89–0.98) and living in the Midwest (HR 0.87, 95% CI 0.80–0.94; reference category Southeast). Patients who were older (HR 1.07, 95% CI 1.02–1.12) or not married (HR 1.06, 95% CI 1.01–1.11) fared worse than younger or married patients, respectively.

Patients with more advanced stage at diagnosis (regional HR 1.41, 95% CI 1.30–1.54; distant HR 2.35, 95% CI 2.17–2.54) and higher Charlson comorbidity score (score 1 HR 1.15, 95% CI 1.09–1.22; score 2 or higher HR 1.39, 95% CI 1.32–1.46) had higher risk of death than local disease or Charlson score of 0, respectively. Receipt of other therapies, including ERCP (HR 0.86, 95% CI 0.82–0.90), chemotherapy (HR 0.36, 95% CI

► **Table 2** Logistic regression of receipt of EUS.

	Odds ratio	Lower CI	Upper CI	P value
Sex				
Male	REF			NS
Female	0.99	0.93	1.05	
Age				<0.01
66–75	REF			
76+	0.78	0.74	0.83	
Ethnicity				NS
White	REF			
Non-White	0.93	0.86	1.00	
Married				<0.01
Yes	REF			
No	0.86	0.81	0.91	
Year diagnosed				<0.01
2000–2003	REF			
2004–2007	2.36	2.17	2.57	
2008–2011	4.27	3.92	4.65	
2012–2015	5.14	4.72	5.60	
Metro area				
Metro	REF			NS
Non-metro	0.93	0.86	1.01	
Region				
Northeast	1.31	1.20	1.44	<0.01
Southeast	REF			
Midwest	1.47	1.24	1.50	<0.01
West Coast	1.44	1.33	1.55	<0.01
Income				<0.01
High income	1.17	1.09	1.25	
Low income	REF			
Education				
High education	0.95	0.89	1.02	NS
Low education	REF			
SEER historic stage				
Local	REF			
Regional	1.37	1.25	1.50	<0.01
Distant	0.43	0.40	0.51	<0.01
Charlson Comorbidity Score				
0	REF			
1	0.98	0.92	1.05	NS
2+	1.01	0.94	1.08	NS
ERCP	2.18	2.06	2.30	<0.01

► **Table 2** (Continuation)

	Odds ratio	Lower CI	Upper CI	P value
Chemotherapy	1.84	1.73	1.96	<0.01
Radiation	1.18	1.10	1.27	<0.01
Surgery	0.94	0.87	1.02	NS

EUS, endoscopic ultrasound; CI, confidence interval; REF, reference category; SEER, Surveillance, Epidemiology and End Results; ERCP, endoscopic retrograde cholangiopancreatography; NS, not significant.

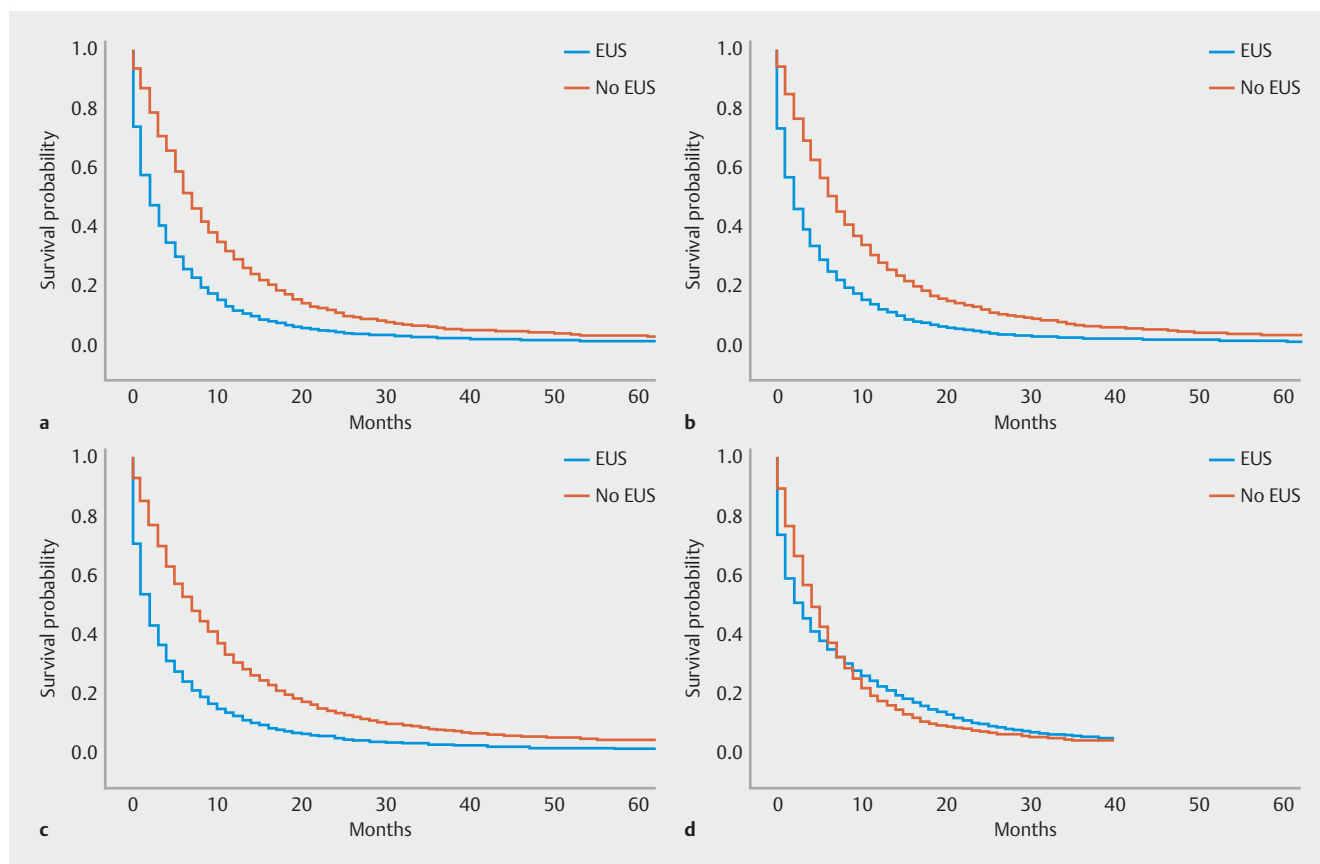
0.35–0.38), radiation (HR 0.72, 95 % CI 0.67–0.77) and surgery (HR 0.40, 95 % CI 0.37–0.44) were protective.

These analyses were repeated after stratification by stage (► **Table 5**, ► **Table 6**, ► **Table 7**). For local and distant disease, receipt of EUS remained protective (local HR 0.86, 95 % CI 0.75–0.99; distant HR 0.79, 95 % CI 0.73–0.84). In contrast, for regional disease receipt of EUS was not associated with survival benefit (HR 1.12, 95 % CI 1.02–1.24).

Discussion

This study describes the increased use of EUS over time, including among patients with older age, higher Charlson comorbidity scores, more advanced stage disease, and even among those who ultimately did not undergo cancer-directed therapy. Previous studies have suggested that undergoing EUS is associated with improved survival; however, the studies were performed before EUS was widely available in the community and incorporated in guidelines [2, 4, 19]. To our knowledge, this is the first study to describe increased use over time for all patients with PC, including among patients with more comorbid conditions, advanced age, and advanced disease. Furthermore, this study demonstrates that the survival benefit was attenuated over time. This was especially notable in patients with regional disease after controlling for other factors, whose treatment plan may be most impacted by appropriate staging. We hypothesize that as EUS became increasingly available, it became less of a signal of treatment at an expert center and of selected patient factors. This is reflected in the change in guidelines from the ASGE to recommend EUS rather than ERCP for evaluation of pancreatic neoplasia, reflecting evidence that emerged over the time period suggesting improved sensitivity and specificity of EUS as well as its capacity to obtain specimens for diagnosis [2].

There are a number of reasons that could explain the survival benefit suggested in other studies. Patients who undergo EUS: (1) may be more likely to engage in care and treatment options; (2) receive more stage appropriate care; or (3) may be selected for the procedure based on clinical factors that could not be controlled for in this retrospective study. For example, receipt of EUS may signal care at an expert center, who care for a higher number of patients and offer clinical trials leading to better outcomes. The survival benefit of EUS for patients with both local and distant disease suggests that undergoing EUS allowed them to receive more stage-appropriate care. Because of its



► **Fig. 3** Kaplan-Meier curve for pancreatic cancer patients survival, by receipt of endoscopic ultrasound. **a** Years 2000 to 2003. **b** Years 2004 to 2007. **c** Years 2008 to 2011. **d** Years 2012 to 2015.

► **Table 3** Median survival, by year of diagnosis and receipt of endoscopic ultrasound.

	No EUS		EUS		
	Median survival (months)	SD	Median Survival (months)	SD	Log-rank P value
2000–2003	2	13.3	7	18.2	<0.01
2004–2007	2	11.9	6	17.1	<0.01
2008–2011	2	11.8	7	16.7	<0.01
2012–2015	3	9.8	4	8	0.17

EUS, endoscopic ultrasound; SD, standard deviation.

sensitivity compared to other modalities, the stage at diagnosis for patients who underwent EUS may have been more accurate than had it been based on other modalities. For example, patients with subtle lesions not identifiable on imaging who underwent EUS may have had stage increased from locally resectable to regional disease, and then been included in the regional disease group. This could have important impacts on therapy. Although neoadjuvant chemotherapy was not widely used in the time period of this study, it has been shown to have promise and appropriate staging prior to surgery is an important part of this protocol [20–24]. Furthermore, if EUS itself had a survival benefit, given the increase in use, it is plausible that survival

would improve over time. However that was not the case in this study or others [1]. As EUS became increasingly available and procedural volume increased, it is possible that providers became more comfortable performing this procedure in patients who may not have received it earlier in the study period because of patient or other clinical factors.

This study has several limitations. It was retrospective; therefore, it is not known why some patients underwent EUS whereas others did not. We addressed this with multivariable analysis but the possibility remains that some factors that cannot be measured, such as care at an expert center, still confound the analysis. Furthermore, treatment algorithms chan-

► **Table 4** Cox proportional hazard ratios, all stages, years 2012 to 2015.

	Hazard ratio	Lower CI	Upper CI	P value
No EUS	REF			
EUS	0.88	0.84	0.93	<0.01
Sex				
▪ Male	REF			
▪ Female	0.93	0.89	0.98	<0.01
Age				
▪ 66–75	REF			
▪ 76+	1.07	1.02	1.12	<0.01
Ethnicity				
▪ White	REF			
▪ Non-White	0.97	0.91	1.03	0.35
Married				
▪ Yes	REF			
▪ No	1.06	1.01	1.11	0.02
Metro area				
▪ Metro	REF			
▪ Non-metro	0.99	0.93	1.06	0.84
Region				
▪ Northeast	0.98	0.91	1.05	0.51
▪ Southeast	REF			
▪ Midwest	0.87	0.80	0.94	<0.01
▪ West coast	0.98	0.93	1.05	0.59
Income				
▪ High income	0.97	0.91	1.02	0.26
▪ Low income	REF			
Education				
▪ High education	1.01	0.95	1.07	0.81
▪ Low education	REF			
SEER historic stage				
▪ Local	REF			
▪ Regional	1.41	1.30	1.54	<0.01
▪ Distant	2.35	2.17	2.54	<0.01
Charlson Comorbidity Score				
▪ 0	REF			
▪ 1	1.15	1.09	1.22	<0.01
▪ 2+	1.39	1.32	1.46	<0.01
ERCP	0.86	0.82	0.90	<0.01
Chemotherapy	0.36	0.35	0.38	<0.01
Radiation	0.72	0.67	0.77	<0.01
Surgery	0.40	0.37	0.44	<0.01

CI, confidence interval; REF, reference category; NS, not significant; SEER, Surveillance, Epidemiology and End Results; ERCP, endoscopic retrograde cholangiopancreatography.

► **Table 5** Cox proportional hazard ratios, local stage, years 2012 to 2015.

	HR	95% CI		P value
No EUS	REF			
EUS	0.86	0.75	0.99	0.04
Sex				
▪ Male	REF			
▪ Female	0.92	0.79	1.08	0.3
Age				
▪ 66–75	REF			
▪ 76+	1.05	0.88	1.25	0.58
Ethnicity				
▪ White	REF			
▪ Non-White	0.96	0.79	1.16	0.66
Married				
▪ Yes	REF			
▪ No	1.10	0.94	1.28	0.24
Metro area				
▪ Metro	REF			
▪ Non-metro	1.01	0.83	1.23	0.95
Region				
▪ Northeast	0.95	0.74	1.21	0.66
▪ Southeast	REF			
▪ Midwest	0.99	0.79	1.25	0.95
▪ West coast	1.08	0.89	1.31	0.43
Income				0.33
▪ High income	1.10	0.91	1.32	
▪ Low income	REF			
Education				0.57
▪ High education	1.05	0.88	1.26	
▪ Low education	REF			
Charlson Comorbidity Score				
▪ 0	REF			
▪ 1	1.44	1.20	1.73	<0.01
▪ 2+	1.78	1.51	2.11	<0.01
ERCP	0.99	0.85	1.14	0.84
Chemotherapy	0.58	0.49	0.69	<0.01
Radiation	0.81	0.66	0.99	0.04
Surgery	0.25	0.18	0.34	<0.01

CI, confidence interval; REF, reference category; NS, not significant.

► **Table 6** Cox proportional hazard ratios, regional stage, years 2012 to 2015.

	HR	95% CI		P value
No EUS	REF			
EUS	1.12	1.02	1.24	0.02
Sex				
▪ Male	REF			
▪ Female	1.05	0.95	1.16	0.34
Age				
▪ 66–75	REF			
▪ 76+	1.07	0.97	1.18	0.19
Ethnicity				
▪ White	REF			
▪ Non-White	1.1	0.97	1.24	0.15
Married				
▪ Yes	REF			
▪ No	0.99	0.9	1.1	0.89
Metro area				
▪ Metro	REF			
▪ Non-metro	1.01	0.87	1.16	0.94
Region				
▪ Northeast	0.91	0.78	1.06	0.21
▪ Southeast	REF			
▪ Midwest	0.76	0.64	0.9	<0.01
▪ West Coast	0.94	0.83	1.06	0.31
Income				
▪ High income	0.95	0.85	1.07	0.4
▪ Low income	REF			
Education				
▪ High education	1.03	0.91	1.16	0.68
▪ Low education	REF			
Charlson Comorbidity Score				
▪ 0	REF			
▪ 1	1.18	1.05	1.32	<0.01
▪ 2+	1.35	1.21	1.52	<0.01
ERCP	1.04	0.95	1.14	0.43
Chemotherapy	0.39	0.35	0.43	<0.01
Radiation	0.65	0.58	0.73	<0.01
Surgery	0.43	0.39	0.49	<0.01

CI, confidence interval; REF, reference category; NS, not significant; ERCP, endoscopic retrograde cholangiopancreatography.

► **Table 7** Cox proportional hazard ratios, distant stage, years 2012 to 2015.

	HR	95% CI		P value
No EUS	REF			
EUS	0.79	0.73	0.84	<0.01
Sex				
▪ Male	REF			
▪ Female	0.91	0.85	0.97	<0.01
Age				
▪ 66–75	REF			
▪ 76+	1.06	0.99	1.12	0.09
Ethnicity				
▪ White	REF			
▪ Non-White	0.93	0.86	1.01	0.09
Married				
▪ Yes	REF			
▪ No	1.07	1.00	1.14	0.04
Metro area				0.48
▪ Metro	REF			
▪ Non-metro	0.97	0.89	1.06	
Region				
▪ Northeast	1.01	0.91	1.11	0.89
▪ Southeast	REF			
▪ Midwest	0.8	0.72	0.89	<0.01
▪ West coast	0.97	0.90	1.05	0.49
Income				0.01
▪ High income	0.91	0.85	0.98	
▪ Low income	REF			
Education				0.6
▪ High education	0.98	0.91	1.06	
▪ Low education	REF			
Charlson Comorbidity Score				
▪ 0	REF			
▪ 1	1.1	1.02	1.18	0.01
▪ 2+	1.33	1.24	1.43	<0.01
ERCP	0.79	0.74	0.85	<0.01
Chemotherapy	0.31	0.28	0.33	<0.01
Radiation	0.70	0.63	0.78	<0.01
Surgery	0.33	0.27	0.39	<0.01

CI, confidence interval; REF, reference category; NS, not significant; ERCP, endoscopic retrograde cholangiopancreatography.

ged, including, for example, as described above with increasing use of neoadjuvant chemotherapy. Second, as with any claims database, the accuracy of the data are limited to the claims submitted by health care providers. However, studies suggest that accuracy of procedure coding is very good [25,26]. Also, treatment practices may have changed during this time period, which may have led to changes in use of EUS, other therapies, and outcomes for those patients. Certain important clinical factors, such as tobacco use or serologic markers, are not included in SEER-Medicare and, therefore, could not be included in this analysis. While Medicare claims data can be queried for ICD-10 codes (e.g. tobacco use disorder), the sensitivity of this method is poor and is not recommended [27]. Finally, because this study used Medicare claims, the population was older and included more women than the general population with PC in the United States [1]. It is possible that our findings are not generalizable to a population <65 years of age, or that inclusion of younger patients may alter the results of this study.

Conclusions

In conclusion, this study reevaluated findings from previous studies showing that EUS was associated with survival benefit in patients diagnosed with PC. We found that the story was more complex: As EUS use increased overall and in a more diverse patient population, the survival benefit was attenuated over time. This suggests that EUS may have been a marker of access to other treatments. Further studies to better understand barriers to access to care are needed, especially for such a lethal disease.

Competing interests

NAK serves as a consultant for Apollo Endosurgery, Boston Scientific, Intuitive surgical, and Olympus. CJD has the following disclosures: Boston Scientific: consulting/speaking, AbbVie: speaking, Covidien: consulting/speaking, STERIS: speaking, Mauna Kea: speaking, Safe-Heal: consulting. The remaining authors have no conflicts to declare.

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