A novel application of the transnasal gastroscope for endoscopic imaging of the appendiceal lumen

A 59-year-old man was admitted with a 1-year history of recurrent diarrhea and abdominal pain. Colonoscopy performed the previous year showed multiple colonic ulcers, which were confirmed by pathology. Repeat colonoscopy demonstrated a sigmoid ulcer with stenosis that could not be traversed with an adult colonoscope.

The stenosis was successfully traversed with a transnasal gastroscope (GIF-XP260N, diameter 6 mm, length 1050 mm; Olympus, Tokyo, Japan), which could reach the terminal ileum. Multiple ulcers were seen in the terminal ileum, ascending colon, transverse colon, and sigmoid, whereas the mucosa of the descending colon and rectum were normal. The transnasal gastroscope could also enter the lumen of the appendix, and showed that the appendiceal orifice was edematous (► **Fig. 1 a**). The appendix mucosa was smooth without erosion or ulceration (► **Fig. 1 b**). The entire appendiceal lumen could be visualized, including the tip of the appendix (► **Fig. 1 c**). The interior folds of the appendix were also clearly seen by the transnasal gastroscope (► **Fig. 1 d**, ► **Video 1**).

Endoscopic imaging of the appendix has been described by others using SpyGlass (Boston Scientific, Marlborough, Massachusetts, USA) [1, 2]. However, SpyGlass is expensive, requires a colonoscope, and provides poorer image quality. This is the first report of successful use of a transnasal gastroscope to examine the entire appendiceal lumen and capture high quality images and a good video. We suggest that a transnasal gastroscope could be used when examination of the appendix is required. The transnasal gastroscope could also be useful in the future for some endoscopic surgery procedures such as endoscopic retrograde appendicitis therapy [3].

Endoscopy_UCTN_Code_CCL_1AD_2A]

► **Fig. 1** Endoscopic images of the appendix using a transnasal gastroscope. **a** Edema of the appendiceal orifice. **b** Mucosa of the appendiceal lumen. **c** Tip of the appendix. **d** Interior fold of the appendix.

Acknowledgments

The authors are grateful to T.-C. He, MD, PhD, and Marc Bissonnette, MD, of the University of Chicago Medical Center for reading and critiquing the manuscript. The authors also thank Dr. Satish Chandra Yadav of Grande International Hospital Kathmandu Nepal for revising the paper.

Competing interests

The authors declare that they have no conflict of interest.

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Video 1 A novel application of the transnasal gastroscope for endoscopic imaging of the appendiceal lumen.

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Endoscopy 2022; 54: E462–E463
DOI 10.1055/a-1625-4810
ISSN 0013-726X
published online 27.9.2021
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 Georg Thieme Verlag KG, Rüdigerstraße 14,
 70469 Stuttgart, Germany

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