Extended Anticoagulant Treatment with Full- or Reduced-Dose Apixaban in Patients with Cancer-Associated Venous Thromboembolism: Rationale and Design of the API-CAT Study

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Abstract

Keywords

- venous thromboembolism
- cancer
- apixaban
- randomized

Cancer-associated thrombosis (CT) is associated with a high risk of recurrent venous thromboembolic (VTE) events that require extended anticoagulation in patients with active cancer, putting them at risk of bleeding. The aim of the API-CAT study (NCT03692065) is to assess whether a reduced-dose regimen of apixaban (2.5 mg twice daily [bid]) is noninferior to a full-dose regimen of apixaban (5 mg bid) for the prevention of recurrent VTE in patients with active cancer who have completed ≥ 6 months of anticoagulant therapy for a documented index event of proximal deep-vein thrombosis and/or pulmonary embolism. API-CAT is an international, randomized, parallel-group, double-blind, noninferiority trial with blinded adjudication of outcome events. Consecutive patients are randomized to receive apixaban 2.5 or 5 mg bid for 12 months. The primary efficacy outcome is a composite of recurrent symptomatic or incidental VTE during the treatment period. The principal safety endpoint is clinically relevant bleeding, defined as a composite of major bleeding or nonmajor clinically relevant bleeding. Assuming a 12-month incidence of the primary outcome of 4% with apixaban and an upper limit of the two-sided 95% confidence interval of the hazard ratio < 2.0 , 1,722 patients will be randomized, assuming an up to 10% loss in total patient-years ($\beta = 80\%$; α one-sided = 0.025). This trial has the potential to demonstrate that a regimen of extended treatment for patients with CT beyond an initial 6 months, with a reduced apixaban dose, has an acceptable risk of recurrent VTE recurrence and decreases the risk of bleeding.

Introduction

Venous thromboembolism (VTE), encompassing deep-vein thrombosis (DVT) and pulmonary embolism (PE), is a common complication of cancer, and is often referred to as cancer-associated thrombosis (CT). CT is associated with a high risk of VTE recurrence, a life-threatening complication that requires long-term anticoagulation for as long as the underlying cancer remains active.¹ In contrast to stable figures for VTE incidence in the general population without cancer, the incidence and prevalence of VTE have been increasing in patients with cancer,² and can be explained by many factors: the rising incidence and/or prevalence of cancer, longer survival of patients with metastatic cancer, greater use of prothrombotic drugs and catheters, and progress and improvement in the performance of diagnostic tests for VTE.^{3,4} Furthermore, progress in anticancer treatments and supportive care has considerably changed the prognosis for patients with cancer, resulting in an increasing number of longer-surviving patients, whatever the site of cancer.^{2,4–9} Consequently, up to 60% of patients with cancer are still alive 6 months after the index VTE event.^{10,11} The optimal treatment beyond the first 6 months of treatment for CT—a disease with considerable economic impact^{12,13}—is unknown, but lies in the prevention of recurrent VTE while avoiding excess bleeding.^{12,13}

After 6 months of anticoagulant treatment, the risk of VTE recurrence is lower than during the first 6 months, but is still considerable in patients with CT. Indeed, an observational study performed between 2001 and 2011 by the United Kingdom Clinical Practice Research Datalink reported an

incidence rate for recurrent VTE of 22.1 per 100 patient-years (95% confidence interval [CI]: 19.9–24.4) during the first 6 months and of 7.9 per 100 patient-years (95% CI: 6.2–9.2) beyond 6 months and up to 12 months.¹⁴ In addition, in a cohort of consecutive patients with CT, the risk of VTE recurrence was low in patients cured of cancer but remained high in those who stopped anticoagulant treatment despite active cancer (19 per 100 patient-years).¹⁵ Based on these results and the known persisting risk of VTE for as long as the cancer remains active, current guidelines suggest continuing anticoagulant therapy with no scheduled stop date as long as the cancer is active and/or anticancer treatment is ongoing.^{16–19} However, continuing anticoagulant therapy in the context of active cancer is associated with a substantial risk of bleeding, as documented in prospective cohorts.^{20,21} In addition, the clinical course may differ according to the site of cancer, in terms of VTE recurrence and bleeding risks.²² Therefore, the optimal therapeutic option beyond 6 months is not clearly defined.

Although subcutaneous injections appear to be well accepted by most patients during the first weeks of treatment, it is difficult to continue treatment using this route of administration indefinitely.²³ Several randomized controlled trials have compared direct oral anticoagulants (DOACs) and low-molecular-weight heparins (LMWHs) for the initial treatment of patients with CT up to 6 months (► **Table 1**).^{24–27} Overall, the rate of recurrent VTE is slightly lower in patients on DOACs, but at the cost of a higher rate of major and/or clinically relevant nonmajor bleeding.^{24,25,28} Considering the reduced rate of VTE recurrence and the persisting risk of bleeding after the first 6 months of anticoagulant

Table 1 Randomized controlled trials comparing DOACs with LMWHs during the first 6 months of anticoagulation in the treatment of VTE in patients with cancer

Trial	NCT number	Sample size (n)	Study design	DOAC duration	Comparator duration	Results	
						DOAC	Comparator
HOKUSAI ²⁴	NCT02073682	1050	PROBE, noninferiority	Edoxaban 6 – 12 months	Dalteparin 6 – 12 months	rVTE: 7.9% MB: 6.9% CRB: 18.6%	rVTE: 11.3% MB: 4.0% CRB: 13.9%
SELECT-D ²⁵	—	406	PROBE	Rivaroxaban 6 months	Dalteparin 6 months	rVTE: 3.9% MB: 5.4% CRB: 17.7%	rVTE: 8.9% MB: 3.0% CRB: 6.4%
ADAM-VTE ²⁶	NCT02585713	300	Pilot, PROBE	Apixaban 6 months	Dalteparin 6 months	rVTE: 0.7% MB: 0.0% CRB: 6.2%	rVTE: 6.3% MB: 1.4% CRB: 6.3%
CARAVAGGIO ²⁷	NCT03045406	1170	PROBE, noninferiority	Apixaban 6 months	Dalteparin 6 months	rVTE: 5.6% MB: 3.8% CRB: 12.2%	rVTE: 7.9% MB: 4.0% CRB: 9.7%
CASTA-DIVA (completed)	NCT02746185	159	PROBE	Rivaroxaban 3 months	Dalteparin 3 months	—	—
CONKO-011 (ongoing)	NCT02583191	450	Open label	Rivaroxaban 3 months	LMWH 3 months	—	—
CANVAS (ongoing)	NCT02744092	811	Open label	Any DOAC 6 months	LMWH ± VKA 6 months	—	—

Abbreviations: CRB, clinically relevant bleeding (major bleeding and/or clinically relevant nonmajor bleeding); DOAC, direct oral anticoagulant; LMWH, low-molecular-weight heparin; MB, major bleeding; PROBE, prospective randomized open blinded endpoint; rVTE, recurrent venous thromboembolic event; VTE, venous thromboembolic event.

treatment,^{20,21} a reduced dose of DOAC for the long-term (>6 months) management of patients with CT, as proposed to VTE patients without cancer,^{29,30} appears to be an appealing therapeutic option. We designed the API-CAT study, a prospective, double-blind, randomized trial comparing a reduced-dose regimen of apixaban (2.5 mg twice daily [bid]) with a full-dose regimen of apixaban (5 mg bid) for the long-term prevention of recurrent VTE in patients with CT.

Since the design and start of the API-CAT study, the results of the CARAVAGGIO trial and the ADAM-VTE study, as well as data from prospective observational studies on extended anticoagulation for CT, have become available. In the phase 3 CARAVAGGIO trial,²⁷ apixaban was noninferior to the LMWH dalteparin for the prevention of VTE recurrence during the first 6 months of treatment, with no associated increased risk of major bleeding. In the phase 3 ADAM VTE study,²⁶ apixaban was associated with a low rate of major bleeding. These results support the choice of apixaban for prospective assessment as extended treatment. In addition, data from studies of extended anticoagulant treatment beyond 6 months in patients with active cancer confirm that they remain at risk of both recurrent thrombosis and bleeding, with cumulative incidences of recurrent VTE per 7 to 12 months ranging from 1.4 to 8.0% and clinically relevant bleeding ranging from 1.4 to 4.9% (► **Table 2**).^{10,11,20,21,31,32} Interestingly, the results of the observational USCAT study demonstrate the influence of the cancer site on the benefit-risk ratio of anticoagulant treatment beyond 6 months. However, the absence of randomization in the observational studies and differences in patient populations might explain

the variations in the findings across these studies. Data from specific prospective, randomized trials focusing on extended treatment are therefore still needed.

Objectives of the API-CAT Study

The aim of the API-CAT study is to assess whether a reduced-dose regimen of apixaban (2.5 mg bid) is noninferior to a full-dose regimen of apixaban (5 mg bid) for the prevention of recurrent VTE in patients with active cancer who have completed at least 6 months of anticoagulant therapy for treating a documented index event of proximal DVT or PE. The key secondary objective is to assess whether a reduced-dose regimen of apixaban (2.5 mg bid) is safer than a full-dose regimen of apixaban (5 mg bid) in terms of clinically relevant bleeding.

Study Design

API-CAT (NCT03692065) is an international, prospective, randomized, parallel-group, double-blind, double-dummy, noninferiority clinical trial with blinded adjudication of outcome events. The study compares 12 months of treatment with a reduced-dose regimen of apixaban to a full-dose regimen of apixaban in patients with active cancer who have completed at least 6 months of anticoagulant treatment for the index VTE event (► **Fig. 1**). The study is planned to be conducted in approximately 160 centers in 11 countries (Austria, Belgium, Canada, France, Greece, Italy, Netherlands, Poland, Spain, Switzerland, and United Kingdom).

Table 2 Incidence of clinical outcomes (crude rates) during 7 – 12-month study periods in treated patients with CT

	Randomized controlled trials			Observational studies				
	HOKUSAI CANCER ^{31,a}			SELECT-D ³²	DALTECAN ^{20,b}	TiCAT ^{21,a}	Schmidt et al ¹¹	USCAT ^{10,c}
	Edoxaban	Dalteparin	Rivaroxaban	Dalteparin	Tinzaparin	LMWH	Tinzaparin	
Patients at month 0 (n)	522	524	203	334	247	524	719	
Patients at month 6 (n)	294	273	46	192	184	322	432	
Cancer site (month 6), n (%)								
Lung	30 (10.2)	32 (11.7)	5 (11.0)	25 (13.5)	—	42 (13.0)	79 (20.1)	
Colorectal	49 (16.7)	53 (19.4)	14 (31.0)	28 (15.1)	—	49 (15.2)	85 (21.6)	
Breast	54 (18.4)	35 (12.8)	7 (15.0)	17 (9.2)	—	24 (7.5)	66 (16.8)	
VTE recurrence, % (95% CI) ^d	1.4 (0.04; 4.7)	2.9 (0.9; 4.9)	4.0 (1.0; 16.0)	4.1 (1.8; 8.0)	1.1 (0.1; 3.9)	2.7 (1.8; 3.4)	8.0 (4.2; 15.1)	
Major bleeding, % (95% CI) ^d	2.4 (0.6; 4.1)	1.1 (0.0; 2.3)	5.0 (1.0; 18.0)	4.2 (1.8; 8.4)	3.0 (1.2; 7.2)	NA	2.6 (1.3; 5.1)	
Clinically relevant bleeding ^e , % (95% CI) ^d	4.8 (2.3; 7.2)	4.8 (2.2; 7.3)	NA	NA	3.6 (1.2; 8.4)	1.4 (0.7; 2.2)	4.9 (3.2; 7.4)	
Death, % (95% CI) ^f	13.3 (9.4; 17.1)	14.3 (10.1; 18.4)	11.0 (5.0; 25.0)	NA	NA	8.8 (7.3; 10.5)	30.7 (22.8; 38.6)	

Abbreviations: CT, cancer-associated thrombosis; CI, confidence interval; LMWH, low-molecular-weight heparin; NA, not available; VTE, venous thromboembolism.

^aDescription of cancer site at month 6 was unavailable for TiCAT.^bNumber of deaths was available only for the 12-month period.^cPatients enrolled in aXa and PRECARE studies.^dCumulative incidence was estimated by the Kaplan–Meier method except for the Schmidt et al¹¹ and USCAT¹⁰ studies where cumulated incidence was estimated by the Kalbfleisch and Prentice method, taking into account the competing risk of death.^eSum of major bleeding and clinically relevant nonmajor bleeding.^fCumulative incidence estimated by the Kaplan–Meier method.

Fig. 1 Design of the randomized, double-blind, noninferiority API-CAT study. bid, twice daily; Max, maximum; mo., months; R, randomization; VTE, venous thromboembolism.

Study Population and Eligibility

Patients with active cancer who have completed at least 6 months of anticoagulant therapy for the treatment of an objectively proven symptomatic or incidental VTE, and who have not developed an objectively documented recurrence of VTE after the index event, are eligible for enrolment in the study. Documented index VTE is defined as symptomatic or incidental proximal lower-limb, iliac, and/or inferior vena cava DVT, or symptomatic or incidental PE in a segmental or larger pulmonary artery. Patients with any cancer diagnosed histologically (other than basal-cell or squamous-cell carcinoma of the skin, primary brain tumor, or intracerebral metastasis) are eligible. Active cancer is defined as the presence of measurable disease and/or ongoing (or planned) chemotherapy, radiotherapy, hormone therapy, targeted therapy, or immunotherapy at inclusion.³³ Anticoagulant therapy for the index event includes any appropriate anticoagulant indicated for VTE treatment. Detailed eligibility criteria are listed in ►**Supplementary Table S1** (available in the online version).

Rationale for the Type of Cancer Studied

We chose to include a population with various types of cancer to ensure that the results are applicable to most patients with CT. Indeed, although some heterogeneity has been described in the respective rates of recurrence and bleeding across different cancers, most patients with CT have a reduced risk of recurrent VTE during anticoagulant treatment after 6 months whereas the risk of bleeding remains high. Furthermore, even if the prognosis of patients with CT remains poor, the substantial progress made in recent years, even in advanced disease, will make the study results applicable to these patients. Finally, even if the rates of recurrence and bleeding vary, there are no data documenting a difference in the magnitude of the treatment effect across these types of cancer.

Study Treatments and Treatment Allocation

After completing at least 6 months of anticoagulant therapy with a LMWH, DOAC, or vitamin K antagonist (VKA), and

after written informed consent is obtained, patients are randomized in a double-blind fashion (1:1 ratio) to receive either a reduced-dose regimen of apixaban (2.5 mg bid) or a full-dose regimen of apixaban (5 mg bid) for 12 months.

Randomization of eligible patients is performed centrally using an interactive web response system. Randomization is stratified by center, type of disease treated (PE with or without DVT or isolated proximal DVT), and site of cancer (breast, prostate, colorectal, lung, other). Patients randomized to the apixaban reduced-dose group receive an apixaban 2.5 mg tablet bid and a placebo of apixaban 5 mg tablet bid for 12 months. Patients randomized to the apixaban full-dose group receive a placebo tablet of apixaban 2.5 mg bid and an apixaban 5 mg tablet bid for 12 months.

If a VKA was used at the time of inclusion in the trial, an international normalized ratio of ≤ 2 must be documented before initiation of the study drug.

Rationale for Treatment Strategies

According to guideline recommendations, a placebo in patients completing at least 6 months of anticoagulant therapy and having active cancer was not considered to be an ethical reference treatment.^{16,17} Given the difficulty for patients to accept extended treatment with injections of LMWH, as observed in the ALICAT study,³⁴ LONGHEVA study (NCT01164046), and STEPCAT study (NCT02752607), which were terminated early due to slow enrolment, we assumed that an oral treatment would have a better compliance than LMWH. The results of the AMPLIFY extension study showing promising results of the apixaban 2.5 mg dosage, compared with the 5 mg dosage, in terms of recurrence (1.7% in both apixaban groups) and major bleedings (0.2 and 0.1% in the 2.5 mg and in the 5 mg apixaban group, respectively), and reassuring data in the subgroup of patients with cancer, made us consider the opportunity to test the 2.5 mg bid dosage against the 5 mg bid dosage after completing the first 6 months of treatment.²⁹ The recent evidence that apixaban 5 mg bid is a viable therapeutic option during the first 6 months of CT treatment further supports the use of this regimen as a comparator beyond 6 months.²⁷

Rationale for Stratification on Type of Cancer

The main purpose of randomization is to avoid bias by distributing patient characteristics that may influence outcome randomly between treatment groups so that any difference in outcome can be explained only by the treatment. These characteristics may be demographic, such as age, or prognostic factors. Previous studies suggested an influence of cancer site on the benefit–risk ratio of the anticoagulant treatment.^{10,22} The choice of a stratified randomization on the type of cancer was done to prevent imbalance between treatment groups for a known factor that may influence prognosis or treatment responsiveness in terms of efficacy and safety.

Study Outcomes

The primary efficacy outcome is a composite of adjudicated recurrent symptomatic VTE (proximal DVT and/or distal DVT and/or symptomatic PE and/or upper limb or central venous catheter thrombosis) or incidental VTE (proximal DVT or PE), or death due to PE during the 12-month treatment period (► **Supplementary Table S2**, available in the online version). Incidental VTE is defined as proximal DVT or PE incidentally detected by imaging when a patient undergoes imaging studies as a standard of care for the management of his or her malignancy or for any reason other than a suspicion of VTE.

The key secondary outcome is a composite of adjudicated major or clinically relevant nonmajor bleeding during the 12-month treatment period (► **Supplementary Table S2**, available in the online version). Major bleeding is defined according to the International Society on Thrombosis and Haemostasis.³⁵ Clinically relevant nonmajor bleeding is defined as acute clinically overt bleeding that needs specific medical attention or care but does not meet the criteria for major bleeding (► **Supplementary Table S2**, available in the online version).

Other outcomes are recurrent symptomatic VTE, VTE related-death, all-cause death, major bleeding, and the composite of recurrent symptomatic VTE, VTE-related death, all-cause death, or major bleeding.

All suspected occurrences or recurrences of VTE, causes of deaths, and suspected episodes of bleeding during the study period are adjudicated by an independent central adjudication committee whose members are unaware of treatment allocation.

Surveillance and Follow-Up

The study requires the following scheduled visits: enrolment, 1 month, 3 months, 6 months, 9 months, 12 months, and 13 months after randomization (► **Fig. 1** and ► **Table 3**). Additional visits are performed if new symptoms and/or signs of VTE occur during the study period. Clinical examination and objective tests are performed if the patient develops symptoms or signs suggestive of recurrent VTE.

Statistical Considerations

Sample Size Determination

The clinical hypothesis of the API-CAT study is that a reduced-dose regimen of apixaban (2.5 mg bid) is noninferior to a full-dose regimen of apixaban (5 mg bid) regarding the risk of recurrent VTE, assuming that the efficacies of the reduced dose and of the full dose of apixaban are superimposed (relative risk = 1). Assuming a 4% annual incidence rate of recurrent VTE based on previous studies,^{20,22,29} a possible dropout rate of 10%, and that apixaban 2.5 mg bid will be considered as noninferior to apixaban 5 mg bid if the upper limit of the two-sided 95% CI of the relative hazard ratio (HR) is less than 2.0, 1,722 patients (65 events, 861 patients per group) will be required to have 80% power to show noninferiority of apixaban 2.5 mg bid with a one-sided type I error of 2.5%.

The sample size will also provide sufficient power to demonstrate a clinically significant reduction in the key secondary endpoint (major or clinically relevant nonmajor bleeding). Based on previous studies,^{20,22,29} we assumed a 6% frequency of major or clinically relevant nonmajor bleeding with apixaban 5 mg bid in this population at high risk of bleeding. With an overall sample size of 1,640 patients (65 events, 820 patients per group), the study would have 80% power to show a 50% risk reduction using apixaban 2.5 mg bid, with a two-sided type I error of 5% (and a possible dropout rate of 10%). All calculations for sample size estimation were performed with NQUERY 7 software (Statistical Solutions, Boston, United States).

As the sample size determination did not take into account a possible competing risk for death, a review of the blinded aggregate rate for the primary efficacy endpoint as well as the incidence of patients with missing data (patients who did not have a primary efficacy endpoint for competing risk) will be provided to the steering committee after 80% of subjects have been randomized (i.e., 1,400 patients). The sample size may be adjusted to provide sufficient power for the noninferiority test on the primary efficacy endpoint. This blinded review will be performed by an independent statistician.

Statistical Analysis

To determine the noninferiority of apixaban 2.5 mg bid versus apixaban 5 mg bid, the primary analysis will be performed in the intent-to-treat (ITT) population. The ITT population will include all randomized patients, each patient remaining in the group to which they were assigned, regardless of the treatment received. As the main comparison is a noninferiority test, the primary analysis will also be performed in the per-protocol population, including all randomized patients who received at least one dose of the study medication and without any major protocol violations or deviations (i.e., not meeting the inclusion criteria, and study treatment interrupted for >30 consecutive days), as recommended by the European Medicines Agency guidelines.³⁶ The per-protocol population will be defined in the statistical analysis plan before unblinding of the data. For unresolved

Table 3 Flowchart/patient follow-up summary and distinction between procedures associated with usual care and procedures performed because of the API-CAT study protocol

	Baseline visit ^a	Week 4 ^b ± 15 days	Month 3 ± 15 days	Month 6 ± 15 days	Month 9 ± 15 days	Month 12 (end of treatment visit ± 15 days)	Month 13 (30-day posttreatment visit ± 15 days)
Informed consent ^c	X						
Inclusion/exclusion criteria ^c	X						
Randomization ^c	X						
Medical history ^c	X						
Physical examination	X	x	x	x	x	x	
Height, weight	X						
Vital signs	X	x	x	x	x	x	
Documentation of index event	X						
Adverse event assessment ^c		x	x	x	x	x	x
Outcome assessment ^c		x	x	x	x	x	x
Clinical laboratory tests ^d	x	X	x	x	x	x	
Urinary pregnancy test ^c	x	X	x	x	x	x	
Assess medication use ^c		X	x	x	x	x	
Assess concomitant medication use ^c	x	X	x	x	x	x	x
Investigational product dispensed ^c	x		x	x	x		

^aClinical laboratory test results performed within 2 weeks of the date of this visit can be used.

^bFor centers at which standard care does not require the patient to attend a hospital appointment 4 weeks after randomization, the investigator should prescribe the 4-week laboratory tests (the results will be sent to the investigator as usual), and give women of child-bearing potential a urinary pregnancy test (when required) at the baseline visit. The patient (or their relative) will be contacted by telephone for the 4-week visit to ask about any suspicion of VTE recurrence, bleeding, death or adverse event since randomization, and assess study medication use and concomitant medication use.

^cVisits or procedures added because of “research.”

^dClinical laboratory tests done at baseline visit: hematocrit, hemoglobin, blood cell count, platelet count, international normalized ratio, and activated partial prothrombin time in case of previous treatment with vitamin K antagonist, albumin, blood urea nitrogen (urea), creatinine, creatinine clearance, potassium, sodium, alkaline phosphatase, alanine transaminase, aspartate aminotransferase, direct bilirubin, total bilirubin, and gamma-glutamyl transferase. Clinical laboratory tests at other visits: hemoglobin, platelet count, creatinine, creatinine clearance, alanine transaminase, aspartate aminotransferase, and direct bilirubin.

cases, inclusion or exclusion in the per-protocol population will be decided by the blinded review committee.

A time-to-event analysis will be performed to estimate the risk of recurrent VTE in the two groups. As all patients have active cancer and thereby are at high risk of death due to cancer progression, a time-to-event analysis will be performed using the Fine and Gray regression model with stratification variables as covariates to take into account the competing risk of death.^{37,38} Treatment effect will be estimated by the HR and its 95% two-sided CI and overall significance will be set at the two-sided $\alpha = 0.05$ level.

The analysis of the primary endpoint will be done by considering the time from randomization to the first recurrent VTE (outcome) or to death for a cause other than VTE-related (competing event) or to the last known follow-up date if neither a recurrent VTE nor a competing event occurs within the 12-month follow-up period (censored time). The statistical analysis for the primary efficacy outcome will be conducted on the ITT and per-protocol populations, according to European Medicines Agency recommendations.³⁹

Superiority of the reduced dose of apixaban (2.5 mg bid) in comparison with the full dose of apixaban (5 mg bid) will also be tested if noninferiority is demonstrated.

Superiority of the key secondary endpoint (major or clinically relevant nonmajor bleeding) will be tested in a prespecified hierarchical strategy (i.e., only if noninferiority is demonstrated for the primary endpoint). For the key secondary endpoint and other safety endpoints, the statistical analysis will be conducted on the ITT population.

Detailed methodology for statistical analyses of the data collected in this trial will be documented in a statistical analysis plan, which will be finalized, dated, and maintained by the sponsor before unblinding the data. No interim analysis of efficacy is planned.

Rationale for Using a Competing Risk Analysis

In clinical studies, time-to-event statistical approaches such as the Kaplan–Meier method are typically used to account for

unequal follow-up times (i.e., patients who die or drop out before study completion). These survival analysis methods were originally developed to describe all-cause death in the presence of a loss to follow-up that is independent of the study outcome, and are now widely used to describe outcomes other than all-cause death, especially in the field of oncology. However, in the presence of a significant related competing risk such as death, the standard method of Kaplan–Meier may lead to biased results. In patients with CT, with a mortality rate exceeding 30% at 6 months,^{40,41} increasing to approximately 45% at 12 months,²⁴ mostly due to the cancer progression, the standard statistical method of Kaplan–Meier to evaluate time to recurrence is not suitable and overestimates the cumulative incidence of VTE by failing to account for the competing risk of death. In the competitive-risk analysis, competing events are handled as actual events rather than censoring observations and take into account that a patient's death prevents the occurrence of VTE. Thereby, the probability of experiencing a recurrence of VTE is adjusted for the competing risk of death that occurred before the recurrence of VTE.

Rationale for Using a Hierarchical Sequential Testing Strategy

The objectives of the API-CAT study are (1) to demonstrate that a reduced-dose regimen of apixaban is noninferior to a full-dose regimen of apixaban, and (2) to assess whether a reduced-dose regimen of apixaban is safer than a full-dose regimen of apixaban. In this context of two coprimary objectives, the problem arises of the multiplicity of tests and the inflation of type I error. In addition, the second objective makes sense only if the first is reached. A hierarchical testing strategy is one of the solutions to control type I error at a rate of 5%. Indeed, at the time of the analysis, the criteria are considered one after the other, sequentially, following the pre-established hierarchy. It will be possible to conclude that the effect has been demonstrated for all of the first criteria that are statistically significant at the usual level of 5% up to the first nonsignificant test. The advantage of this approach is that it may be possible (depending on the results obtained) to conclude that the effect has been demonstrated simultaneously on several criteria without inflation of the α type I error.

Study Organization

Ethical and Regulatory Considerations

The study is being conducted according to globally accepted standards of the International Conference on Harmonization Good Clinical Practice, and in agreement with the latest revision of the ethical principles laid down in the Declaration of Helsinki and in keeping with applicable local regulations (including European Directive 2001/20/EC). Protocol, amendments, and the proposed informed consent are reviewed and approved by the institutional review board or independent ethics committee or research ethics board at each site or country according to the national legislation.

The study is sponsored by the Assistance Publique des Hôpitaux de Paris (AP-HP, France). The study is coordinated by the Clinical Research and Innovation Unit of the AP-HP and the steering committee of the study. Data are collected and maintained using the CleanWeb electronic data capture system and will be analyzed by the Clinical Research Unit of the University Hospital of Saint-Etienne (France) under the supervision of the steering committee members.

Study Monitoring and Adverse Event Reporting

The study is conducted using the CleanWeb electronic data capture system and validated according to the most recent Good Clinical Practice guidelines. Data collected during baseline and follow-up visits and occurrence of any adverse events, including serious adverse events, are recorded in the electronic case report form, which enables management of all the data in a single system, improving accuracy, visibility, and data integrity. Any suspected unexpected serious adverse reaction must also be declared electronically using the EudraVigilance European adverse drug reactions database managed by the European Medicines Agency. All the adverse events are coded using the Medical Dictionary for Regulator Activities. The data safety monitoring board (DSMB) oversees the safety of the study subjects by periodically assessing the safety and efficacy of the trial therapy, and monitors the integrity and validity of the data collected and the conduct of the trial.

Study Committees

The steering committee comprises the principal investigator, scientific director, methodologist, a group of clinical experts in thrombosis or oncology representing all participating countries, and the study statistician. This committee has the final responsibility for the study design and oversight as well as the verification and analyses of all the study data. All members of the steering committee will have access to the study data, contribute to the interpretation of the results, approve the final version of the manuscript, vouch for the accuracy and completeness of the data reported and the fidelity of the article to the study protocol, and make the decision to submit the manuscript for publication.

An independent central adjudication committee, whose members are unaware of treatment allocation, reviews and adjudicates all suspected recurrences of VTE, cause of deaths, and suspected episodes of bleeding occurring during the study period. The committee comprises physicians with experience in vascular medicine, oncology, and radiology. An independent central adjudication committee charter, consistent with the study protocol, details the diagnostic criteria for all adjudicated clinical events.

An independent DSMB, whose members are not involved in the conduct of the study, periodically assesses the safety and efficacy of the study therapy and monitors the integrity and validity of the data collected and the conduct of the study. A DSMB charter was provided to the board members, which was finalized before the first patient was enrolled. The DSMB comprises five expert clinicians with experience in the conduct and monitoring of clinical trials.

Anticipated Results and Implications for Clinical Practice

The ongoing prospective randomized EVE study⁴² is focusing on the safety (major bleeding endpoint including fatal bleeding or clinically relevant nonmajor bleedings) of apixaban 2.5 mg versus 5 mg bid for extended treatment in patients with CT. Unlike the API-CAT study, the inclusion criteria comprise upper extremity DVT and splanchnic or cerebral vein thrombosis.

The API-CAT trial has the potential to propose an effective and safe regimen for secondary prevention of VTE beyond 6 months in patients with CT.

What is known about this topic?

- Cancer patients with venous thromboembolism (VTE) remain at increased risk of recurrence and bleeding after the initial 6-month anticoagulant treatment period.
- For the treatment of VTE in patients with cancer, a full-dose regimen of a direct oral anticoagulant (DOAC) appears as effective and as safe as low-molecular-weight heparin, but no data are currently available on the reduced-dose regimen of DOAC after the initial 6-month treatment period.

What does this paper add?

- This paper details the design of the ongoing API-CAT study, a prospective, randomized, controlled, double-blind, noninferiority trial that compares a reduced dose versus a full dose of apixaban for 12 months in patients with active cancer who have already completed 6 months of anticoagulant treatment for VTE.
- This trial has the potential to demonstrate that a reduced dose of apixaban does not increase the risk of VTE recurrence while decreasing the risk of bleeding.

Funding

Funding for the study is provided by the BMS–Pfizer Alliance. Tablets of apixaban are provided by Bristol-Myers Squibb and are packaged under AP-HP's responsibility. Bristol-Myers Squibb and Pfizer did not have any role in the study design, study conduction, data collection, or analysis.

Conflict of Interest

I.M. reports an independent research grant to the sponsor (AP-HP) from BMS/Pfizer. I.M. has received a research grant from Leo Pharma, has been a speaker for BMS and Leo Pharma, and has participated in advisory boards for BMS and Bayer. G.A.: no disclosure was declared by the author. C.A. has received honoraria for lectures from

Bayer, BKS, Pfizer, Sanofi, and Daiichi Sankyo, and has participated in advisory boards for Bayer, BMS, Pfizer, and Sanofi. C.B. has received consulting fees/honoraria from Bayer Healthcare, Daiichi Sankyo, and BMS. A.B. has nothing to disclose. M.C. reports research funding from BMS, Pfizer, and Leo Pharma, and honoraria from BMS, Pfizer, Sanofi, Bayer, Leo Pharma, Servier, and Valeo; all payments were made to the institution. C.C. has received consulting fees from Leo Pharma. A.T.C.: no disclosure was declared by the author. P.G. has received honoraria and support for attending meetings and/or travel from Leo Pharma and Bayer. M.V.H. reports grants from ZonMW Dutch Healthcare Fund, and grants and personal fees to the hospital from Boehringer Ingelheim, BMS/Pfizer, Bayer Healthcare, Aspen, and Daiichi Sankyo, all outside the submitted work. F.A.K. reports research grants from Bayer, BMS, Boehringer Ingelheim, Daiichi Sankyo, MSD, The Netherlands Organization for Health Research and Development, Actelion, the Dutch Heart Foundation, and the Dutch Thrombosis Association, all outside the submitted work. J.J.L.-N. has received honoraria for: lectures from Bayer, Pfizer and Rovi; educational events from Leo Pharma; lectures and support for attending meetings and travel from Bayer, Boehringer Ingelheim, BMS, Pfizer, Leo Pharma, Rovi, and Sanofi; and advisory board participation from Pfizer and Techdow. A.M. has received honoraria from Bayer, BMS, Leo Pharma, Rovi, and Pfizer, and support for attending meetings and/or travel from Bayer and BMS, and has participated in a data safety monitoring board or an advisory board for Bayer, BMS, and Leo Pharma. D.M. has received consulting fees from Leo Pharma, Pfizer, and BMS, and honoraria and support for attending meetings and/or travel from Leo Pharma and Pfizer. O.M. has received consulting fees from AstraZeneca, Blueprint Medicines, Boehringer-Ingelheim, Bristol-Myers Squibb, Eli Lilly, Ipsen, Merck Sharpe & Dohme, Pfizer, Roche, Servier, and Vifor Pharma, payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events from Blueprint Medicines, Eli-Lilly, Pfizer, Roche, and support for attending meetings and/or travel from Amgen and Roche, and has participated on a data safety monitoring board or advisory board for Blueprint Medicines, Boehringer-Ingelheim; and holds stock or stock options in Amplitude Surgical and Ipsen Transgene. M.M. has received an unrestricted grant for research from Sanofi, Leo Pharma, and Rovi, consulting fees from Sanofi and Bristol, and honoraria for lectures from Sanofi and Pfizer. M.R. has received honoraria for lectures from Bayer, Pfizer, and Biomérieux. C.M.S. has participated in a data safety monitoring board for the API-CAT study. K.S. has received personal fees from Roche, BMS, and MSD, and institutional fees from Amgen. S.S. has received honoraria for lectures from Bayer, BMS, Pfizer, Angelini, Janssen-Cilag, and Roche, and support for attending meetings and/or travel from BMS. A.T. has received consulting fees, payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events, and participated on an advisory

board for Bayer and Pfizer. P.V. is co-holder of the Bayer Chair in Cardiovascular Medicine at the University of Leuven. He has received consulting fees from Bayer, Daiichi Sankyo, Portola, and Anthos Pharmaceuticals, and honoraria from Bayer, Daiichi Sankyo, BMS, Pfizer, Boehringer, and Leo Pharma. E.V. has contracts for consulting in statistics with Pfizer, Novartis, Boehringer, Hexacath, Amgen, and Abbott. He has received fees for consulting in statistics from Pfizer, Novartis, Boehringer, Hexacath, Amgen, and Abbott, and honoraria for lectures on statistics from Amgen. T.-F.W. has received a research grant from Leo Pharma, and has participated in advisory boards for Pfizer and Servier. G.M. is deceased. S.L. has received grants from Leo Pharma, grants and consulting fees from Bayer Healthcare, and speaker fees from BMS, Pfizer, Merck Serono. The other authors report no conflicts of interest.

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