Gastric glomus tumor: report of one case and review

Fig. 1 Endoscopic image of a well-defined submucosal tumor with normal overlying mucosa.

Fig. 2 Endoscopic ultrasound showing a tumor arising from the muscular layer.

Fig. 3 Findings at surgery. A rounded tumor in the anterior distal gastric body, with well defined borders. A local excision was performed.

Fig. 4 **a** Histopathology showing positive staining for smooth muscle actin. **b** Hematoxylin and eosin stain; low magnification. Nests of glomus cells surrounding capillary-size vessels.

A healthy 26-year-old woman presented with a year of intermittent epigastric pain but no other symptoms. Upper gastrointestinal endoscopy showed, on the anterior wall of the gastric body, a submucosal, elevated, well-defined lesion measuring 3 cm in diameter, with normal overlying mucosa (● **Fig. 1**).

Endoscopic ultrasonography showed a hypoechoic lesion arising from the muscularis propria, without deep involvement (● **Fig. 2**), compatible with a gastrointestinal stromal tumor (GIST).

The patient was operated on. A well-defined 2-cm tumor, without serosal involvement, was found on the anterior wall of the gastric body. A partial gastrectomy was done with 1-cm margins (● **Fig. 3**).

The patient was discharged without problems.

The biopsy showed in the muscularis propria a well-defined stromal tumor made of vascular structures, covered by a single layer of endothelial cells, and with dense cellular proliferation around the vascular structures, with low mitotic rate (one or two mitoses per 50 high-power fields) and without necrosis. Immunohistochemical staining was positive for smooth muscle actin. The conclusion was that it was a glomangioma (● **Fig. 4a,b**).

Glomus tumors are rare. Nearly 75% of glomus tumors are localized in the hands, under the nails [1]. They originate from the normal myoarterial apparatus and are constituted by an afferent arteriole

and vascular channels with endothelial cells, surrounded by cuboidal cells [2]. Just 2% of benign gastrointestinal tumors are vascular tumors; most are glomus tumors [3]. The majority are asymptomatic, and the diagnosis is incidental; upper gastrointestinal bleeding and ulcerous syndrome are the most frequent symptoms. Glomus tumors have a female predominance (2.5:1). The majority are benign and single, but the malignant potential is unpredictable [4,5]. The peak incidence of glomus tumors is in the sixth decade of life. Diagnosis is generally done after surgery. During endoscopy, a submucosal mass similar to smooth muscle is generally found. Computed tomography (CT) shows an enhanced pattern with contrast. Histological studies show a low mitotic rate, positive staining for actin and calponin, and negative for c-kit, chromogranin and common leucocyte antigen, which differentiate GIST, carcinoids, and lymphoma respectively, the three differential diagnoses. The management is surgical resection for final diagnosis and treatment [5].

Endoscopy_UCTN_Code_CCL_1AB_2AD_3AB

Competing interests: None

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DOI 10.1055/s-0030-1256041

Endoscopy 2011; 43: E71–E72

© Georg Thieme Verlag KG Stuttgart · New York · ISSN 0013-726X

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