Hemorrhagic pseudoaneurysm in a pancreatic pseudocyst after extracorporeal shock wave lithotripsy for pancreatolithiasis

A 49-year-old man with a history of alcohol abuse and chronic pancreatitis was referred to our hospital for extracorporeal shock wave lithotripsy (ESWL) for pancreatolithiasis. Computed tomography (CT) revealed chronic pancreatitis with a pseudocyst (diameter, 30 mm) in the pancreatic tail and multiple pancreatic calculi (● Fig. 1 a, b).

We initially performed an endoscopic pancreatic sphincterotomy then administered four courses of ESWL without noting any remarkable improvement in the pancreatolithiasis.

The patient experienced sudden, severe upper abdominal pain 6 days after the fourth course of ESWL. A contrast-enhanced CT scan showed enlargement of the pseudocyst (diameter, 50 mm) and a hemorrhagic pseudoaneurysm in the cyst (● Fig. 1 c, d). Selective celiac angiography revealed a pseudoaneurysm in the pancreatic branch of the splenic artery (● Fig. 2). Transcatheter arterial embolization with a mixture of n-butyl-2-cyanoacrylate and iodized oil resulted in hemostasis of the pseudoaneurysm. During a 3-year follow-up, he experienced no further bleeding. Hemorrhagic pseudoaneurysm in a pancreatic pseudocyst is a serious complication of pancreatitis, with a reported mortality rate of 18%–29% in treated patients and >90% in untreated patients [1]. Pseudoaneurysms are formed by the enzyme-rich peripancreatic fluid of the pseudocyst, which causes autodigestion and weakening of the walls of the adjacent arteries [2]. Although ESWL is a highly effective and safe treatment for calculi of the main pancreatic duct [3] and other organs, renal hematoma is one of the most significant adverse effects of ESWL [4]. This renal hemorrhage suggests that ESWL causes renal cellular injury and ultrastructural damage in kidney tissues [4]. In our case, the appearance of the pseudoaneurysm may have been triggered by ESWL.

To the best of our knowledge, this is the first case report in English of hemorrhagic pseudoaneurysm in a pancreatic pseudocyst after ESWL. We conclude that the risk of hemorrhagic pseudoaneurysm in a pancreatic pseudocyst must be considered during ESWL for pancreatolithiasis.

Fig. 1 Abdominal computed tomography (CT) scan showing: **a** a pseudocyst (30 mm in diameter) in the pancreatic tail, without a pseudoaneurysm, in a contrast-enhanced scan prior to extracorporeal shock wave lithotripsy (ESWL); **b** chronic pancreatitis with multiple calculi in an unenhanced scan prior to ESWL; **c** enlargement of the pseudocyst (50 mm in diameter) in a contrast-enhanced scan after ESWL; **d** a hemorrhagic pseudoaneurysm in the enlarged pseudocyst.

Fig. 2 Selective celiac angiography showing a pseudoaneurysm in the pancreatic branch of the splenic artery.

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**Y. Nakagawa, T. Abe, M. Uchida,
K. Inoue, R. Ogawa, K. Mizukami,
T. Okimoto, M. Kodama, K. Murakami,
T. Fujioka**
Department of General Medicine and
Gastroenterology, Oita University, Yufu,
Japan

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Corresponding author

Y. Nakagawa, MD

Department of General Medicine
and Gastroenterology

Faculty of Medicine, Oita University
1-1 Idaigaoka Hasama-machi Yufu 879-5593
Japan

Fax: +81-97-5866194

nakagawa4423@ybb.ne.jp