Transrectal endoscopic ultrasound-guided drainage of pelvic abscess with placement of a fully covered self-expandable metal stent

Pelvic abscess developed in an 88-year-old woman (Case 1) following a Hartmann's procedure for a perforated diverticulum and in a 78-year-old woman (Case 2) after diverticulitis (► Fig. 1). Conservative management was unsuccessful in the first patient due to advanced age and in the second patient due to severe co-morbidities.

Both patients underwent transrectal endoscopic ultrasound (EUS)-guided drainage of the pelvic abscess using the same technique, with placement of a transmural fully covered self-expandable metal stent (SEMS) (► Video 1). Briefly, a 19-gauge needle was introduced into the collection using a linear echoendoscope. A 0.035-inch wire was then positioned in the cavity and a pre-cut needle-knife was used to create a fistula. A 10×40 mm fully covered SEMS (WallFlex; Microvasive Endoscopy, Boston Scientific Corp., Natick, Massachusetts, USA) was then placed over the guide wire.

After the procedure, the patients improved substantially and were discharged home after 5 and 6 days, respectively.

In both patients, computed tomography (CT) of the pelvis 2 weeks later showed resolution of the abscess (► Fig. 2). The fully covered SEMSs were then removed by rectoscopy a week later.

A follow-up CT 1 month later revealed complete resolution of the abscess in both patients without recurrence (► Fig. 3).

Recently, EUS-guided drainage has been proposed as a minimally invasive alternative for the drainage of pelvic abscesses [1–3]. Taking into account the available published data, a drainage catheter and

Fig. 1 Computed tomography showing a pelvic abscess. **a** Case 1. **b** Case 2.

one or two plastic stents for each lesion seem to be the best endoscopic approach [1–3]. Fully covered SEMSs have also recently been adopted for the drainage of infected pancreatic fluid collections with good results [4].

To the best of our knowledge, these are the first two cases of a fully covered SEMS used for transrectal EUS-guided drainage of pelvic abscesses. We think that the use of these stents can give good results for the drainage of pelvic abscesses.

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Competing interests: None

Video 1

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Fig. 2 Computed tomography 2 weeks after drainage, showing resolution of the abscess with transrectal stents visible within the abscess cavity and rectum.

a Case 1. **b** Case 2.

Fig. 3 Computed tomography 1 month after stent removal showing resolution without recurrence of the pelvic abscess.

a Case 1. **b** Case 2.

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