xPIPE – Reception of DICOM Data from any Sender via the Internet

xPIPE – Empfang von DICOM-Daten beliebiger Absender via Internet

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Abstract

Purpose: Various technologies have been established for DICOM data exchange in radiology. In addition to the patient CD, online transfers via VPN (virtual private network) or DICOM email are common practice. However, dedicated network solutions are generally not appropriate for data exchange with occasional and spontaneous partners due to missing infrastructure at the partner institutions and/or complex setup procedures. The purpose was to develop a practical solution to complement the established technologies to allow users worldwide to transfer images without registration.

Materials and Methods: The development of the xPIPE system is based on Java and various software libraries. A client hosted on a website enables sending DICOM data to a receiving system of the hospital.

Results: The new xPIPE system creates a gateway to a receiving hospital which is accessible from any point worldwide, giving other hospitals, clinics and patients a simple and secure method to transmit DICOM data without intermediate storage on external servers.

Conclusion: The system was deployed at the University Hospital Münster and subsequently widely used even without information events and training. Data protection during transfer is ensured by the use of signatures and encryption. From the user's perspective the system has only minor technical requirements and can be used with minimal setup effort.

Key Points:

- ▶ There is a need for DICOM receiving systems for connecting occasional and spontaneous partners.
- ▶ A successful solution has to minimize the complexity for the partners.

- ▶ The developed xPIPE system provides an option for simple and secure DICOM data transmission.
- ▶ Availability of such receiver systems may reduce the risk of using insecure transmission paths.

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Zusammenfassung

Ziel: Für den Austausch von DICOM-Daten in der Radiologie haben sich verschiedene Technologien etabliert. Neben der Patienten-CD sind Online Übertragungen, z. B. über VPN (Virtual Private Network) oder DICOM-Email, gängige Praxis. Diese Online-Lösungen eignen sich jedoch weniger für den Datenaustausch mit temporären und spontanen Partnern. Häufig scheitert die Nutzung mangels erforderlicher Infrastruktur oder aufgrund des hohen Einrichtungsaufwands. Ziel war die Entwicklung einer praktikablen Lösung zur Ergänzung der etablierten Technologien, die ohne Voranmeldung jedem weltweiten Nutzer den Bildversand ermöglicht.

Material und Methoden: Auf Basis von Java und verschiedenen Software-Bibliotheken wurde das xPIPE-System entwickelt. Ein über eine Webseite bereitgestellter Client ermöglicht den Versand von DICOM-Daten an ein Empfangssystem des jeweiligen Krankenhauses.

Ergebnisse: Das entwickelte xPIPE-System schafft ein weltweit erreichbares Gateway in das Krankenhaus und bietet damit beliebigen Partnern (Kliniken, Arztpraxen oder Patienten) eine Möglichkeit der einfachen und gleichzeitig sicheren Übermittlung von DICOM-Daten ohne Zwischenspeicherung auf externen Servern.

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Schlussfolgerung: Nach Ersteinführung des Systems am Universitätsklinikum Münster, hat sich selbst ohne Informationsveranstaltungen und Schulungen innerhalb kürzester Zeit eine intensive Nutzung ergeben. Durch den Einsatz von Signaturen und Verschlüsselung wird der Schutz der Patientendaten sichergestellt. Aus Sicht des Anwenders ist das System mit geringen technischen Voraussetzungen und minimalem Einrichtungsaufwand nutzbar.

Introduction

Various technologies have been established for DICOM data exchange in radiology. The patient CD with the option of being sent in the mail or being delivered by the patient remains a flexible and often used option. The DICOM certification project of the German Radiological Society [1] has contributed among other things to the fact that there are only minimal compatibility problems in practice. However, the disadvantages of such an "offline" medium are the transfer time and the relatively high effort for the creation by the sender and the import by the recipient.

In the age of the Internet physicians and patients have become accustomed to "on demand" access to any information. Direct transfer via the Internet is also useful and necessary in some cases for medical reasons. The usual technology for transferring medical image data via a network is DICOM transmission, e.g., using DICOM C-Store. However, for reasons of data protection, secure transfer of image data must be ensured. Encrypted DICOM connections can also be established via the Internet using so-called site-to-site VPNs (virtual private networks). In addition to dedicated DICOM systems, this solution requires both partners to have a corresponding VPN infrastructure. Each side has to configure the VPN and DICOM technology for every new connection.

DICOM e-mail represents another option [2]. In this case DICOM data are encrypted and sent via e-mail network protocols. All users must have corresponding DICOM e-mail software to use this option. In contrast to a bidirectional site-to-site VPN connection, this technology allows the establishing of partner networks with bidirectional data exchange between all participants. It is typical for such partner networks that only members of the network can participate in data exchange.

However, the online solutions named as examples are less suitable for data exchange with temporary partners. In the event that a partner (hospital, private practice, or patient) would like to provide DICOM data to a hospital, use of the indicated online solutions is often unsuccessful due to a

lack of infrastructure, the high setup effort, or a lack of willingness to cooperate. If fast data transmission is needed, the patient CD is also not an optimal solution. In these situations there is even a risk of users using potentially insecure transmission paths and non-DICOM data due to a lack of alternatives. The newly developed xPIPE system provides a globally available gateway to the hospital and thus offers a solution for the described use case.

Materials, methods, and results

The following demands were made of the xPIPE system prior to its development:

- ▶ Transmission of DICOM data from any sender to the University Hospital Münster
- ▶ Optional notification of the recipient per e-mail
- ▶ Secure transmission
- ▶ Minimum setup effort
- ▶ Simple operation

A client that receives data from the sender and can securely transfer the data via the Internet to a server at the University Hospital Münster was developed for this purpose. **Fig. 1** shows the basic data flow.

The xPIPE client was developed in Java and uses the Pixelmed DICOM Toolkit (<http://www.pixelmed.com>) for processing DICOM data and the HTTPS protocol for encrypted transmission. The client is distributed per Java Web Start technology. The client can thus be launched directly via a link on a provider website (see **Fig. 2**). The only requirement for the sender is a Windows or Mac OS X operating system with installed Java Runtime Environment. Detailed instructions, technical data, and contact information are available for the user on the provider website parallel to the client.

Once the client has been launched, a data privacy statement is displayed. If the user accepts the statement, the graphical user interface launches (see **Fig. 3**). The sender's contact information (name and e-mail address) is queried in steps 1 and 2. The recipient can be optionally notified per e-mail in steps 3 and 4. The DICOM data is then selected via a selection dialog. Data can be imported from any medium (CD, DVD, USB stick or hard disk). The so-called DICOMDIR, a directory defined in the DICOM standard, e.g. for patient CDs, is used to identify the DICOM files. If this is not available, the DICOM files are identified on the basis of a recursive search of the directory tree. Transfer to the recipient is performed via the "Start transfer" button. The current status and a final report can be viewed under point 7.

Fig. 1 Data flow between the xPIPE client and the University Hospital Münster.

Fig. 2 xPIPE website of the University Hospital Münster.

Fig. 3 The graphical user interface of the xPIPE client.

The RSNA Clinical Trial Processor (<http://mircwiki.rsna.org>) is used as the recipient. This open source project of the Radiological Society of North America provides the option of processing DICOM data via so-called pipelines. Pipelines can be comprised of different import services, processor services, and export services. A pipeline consisting of an HTTPS import service and a DICOM export service was cre-

ated for the xPIPE system. Since only DICOM data received per HTTPS needs to be transmitted, a processor service is not necessary. However, an expanded HTTPS import service was implemented for the desired functionality of e-mail notifications. In addition to DICOM data, the HTTPS import service also receives notification data per HTTPS and sends

Fig. 4 The data flow in the University Hospital Münster.

Fig. 5 Amount of data transmitted via xPIPE (number of patients).

corresponding e-mails via the internal hospital e-mail server.

For security reasons the Clinical Trial Processor is operated in the so-called DMZ (demilitarized zone) of the network. Systems in the DMZ accessible via the Internet are separated from the internal network by a firewall. To be able to dispense with opening of the firewall for DICOM image transmission, the Clinical Trial Processor offers a polling option. An additional Clinical Trial Processor in the internal network actively queries the Clinical Trial Processor in the DMZ for new DICOM data for transfer and then transmission. Since the establishing of a connection is initiated from the internal network, i.e., the connection is established in the direction of the DMZ, the firewall can remain closed for all connections from the DMZ in the direction of the internal network.

A temporary storage including a web viewing system is used for providing the DICOM data. Via a link in the notification e-mails, the received data can thus be called up and displayed directly at all workstations. Images can be optionally transferred from the temporary memory to the PACS for archiving at any time. **Fig. 4** shows the complete internal data flow.

Different aspects are taken into consideration with respect to the protection of transmitted patient data. Data confidentiality during transfer via the Internet can be ensured by using encryption via HTTPS protocol. This is an encryp-

ted direct connection between the xPIPE client and the RSNA Clinical Trial Processor which spans all intermediate transfer systems and networks including the Internet.

In addition, it is important to also check the authenticity of the receiving system. By using official X.509 certificates for operation of the HTTPS import service of the Clinical Trial Processor, it can be ensured that the provided xPIPE client data can only be sent to the designated server at the University Hospital Münster. Moreover, it must be ensured that the xPIPE client used by the user was provided by the University Hospital Münster and has not been manipulated by a third party. The xPIPE client was protected in this regard via code signing also using an official X.509 certificate.

The xPIPE system has been in operation at the University Hospital Münster since the middle of November 2013. After initial test operation only in radiology, use was expanded to additional departments by June 2014. University-wide use at the University Hospital Münster began in August 2014.

Fig. 5 shows the increase in the frequency of use during the introduction phase.

Moreover, it would be conceivable to establish additional xPIPE systems outside the University Hospital Münster. After setting up an xPIPE receiving system, additional hospitals and clinics could offer an adapted xPIPE client under their own logo via an independent website. The product and necessary services can be acquired from the University Hospital Münster via a cooperative agreement.

Risk evaluation

▼ The use of official certificates and state-of-the-art encryption makes it possible to protect patient data. However, as in the case of all encryption techniques, absolute protection cannot be achieved. The HTTPS protocol also has a history of security vulnerabilities that are counteracted with constant further development. However, the xPIPE system has a security advantage compared to web servers that can be accessed with any browser. It uses its own client so that for example older protocols or ones known to be insecure do not need to be offered for reasons of compatibility. Therefore, use of the SSL 3 protocol and the RC4 encryption method was already actively prohibited. Moreover, the risk can be minimized by regular Java updates on the xPIPE servers.

To keep the obstacles for users minimal, access restriction, e.g. via login with user name and password, was intentionally not used in contrast to many established solutions. Personal authentication of the sender is not conceivable anyway since the available options for verifiable identification are extremely limited. Identification solutions, e.g. the electronic personal ID for online identification introduced in Germany, are not widely used. A standardized global system is not available. Moreover, in relation to authentication of the sender, not using manual assignment of login data does not result in a disadvantage but rather ensures the desired ease of use of the system. However, as in the case of all services offered via the Internet, possible hacking scenarios should be taken into consideration and the risk should be evaluated.

It is conceivable that hackers could overload the xPIPE system by sending large quantities of data or could overload the downstream temporary storage. The risk can be initially decreased by offering a large network, server, and storage infrastructure. Moreover, attacking systems can be blocked as needed on an acute basis by corresponding firewall configurations or whitelist/blacklist IP lists in the Clinical Trial Processor. The import service of the CTP was expanded to include a data monitor as an additional protection measure. This monitors the incoming data quantities and can inform administrators per e-mail and automatically block the acceptance of additional data on the basis of defined data limits.

There is a further potential risk of hackers sending manipulated data. For example, a manipulated examination that the patient never actually received could be created and imported. It must be ensured that images in the temporary storage cannot be overwritten. The temporary storage also

should not merge data based on the same patient ID, for example. In other words, the manipulation of images already in the temporary storage must be ruled out by corresponding configuration of the particular system. Thus the problem can be limited to additionally stored data. Manipulated data can also be introduced via other means, e.g. patient CDs. This could be prevented via signing of the DICOM files [3]. The DICOM standard offers corresponding solution options that are however currently not or only minimally used in practice due to a lack of implementation by the manufacturer and a lack of a public key infrastructure. As a general rule, careful review of received data and direct contact with the sender, e.g. per telephone, are necessary.

Summary

▼ On the whole, the xPIPE system offers a simple and secure option for transmitting DICOM files. Patient data is protected against attack by third parties at all times. From the user's perspective the system has only minor technical requirements and can be used with minimal setup effort. Technologies such as VPN or DICOM e-mail are to be given preference for data exchange with fixed partners, due to the possible integration in the hospital workflow and the bidirectional communication. However, xPIPE meets the need for simple data exchange with an unlimited number of temporary partners and thus allows global communication. In addition, it reduces the risk of the often observed use of insecure paths of transmission such as e-mail and messenger services. It is therefore a useful addition to established technologies for DICOM transmission.

The simple use without special know-how and dedicated access paths has quickly made xPIPE a product that has accelerated and simplified workflows at the University Hospital Münster and is equally valued by referring physicians and patients.

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