Thoracic Pathologies on Scout Views and Bolus Tracking Slices for Computed Tomographic Cerebral Angiography

Detektionsrate und -genauigkeit thorakaler Pathologien auf Topogrammen und Planungsschichten für die zerebrale CT-Angiografie

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Key words

- thorax
- cerebral angiography
- CT
- CT angiography

Zusammenfassung

Ziel: Evaluation der Inzidenz thorakaler Pathologien auf Topogrammen und Planungsschichten (TuP) der zerebralen CT-Angiografie (CTCA) sowie Prüfung der Detektionsgenauigkeit im Vergleich mit der thorakalen CT (TCT) als Goldstandard.

Material und Methoden: Es fand eine retrospektive Auswertung von 505 konsekutiven Patienten statt, bei denen eine CTCA durchgeführt wurde. Die zur Planung der jeweiligen CTCAs angefertigten TuP wurden auf das Vorhandensein thorakaler Pathologien untersucht. Darüber hinaus wurde durch eine Auswertung der Patientenakten geprüft, ob aufgrund der thorakalen Pathologien therapeutische Maßnahmen initiiert wurden. Bei 18 Patienten war unmittelbar in Anschluss an die CTCA eine TCT durchgeführt worden. Diese 18 Patienten wurden zusätzlich von zwei geblindeten erfahrenen Radiologen bzgl. des Vorhandenseins thorakaler Pathologien auf TuP untersucht, um sowohl die Intra- und Interobserver-Reliabilität als auch die Genauigkeit in der Detektion dieser Pathologien zu evaluieren.

Ergebnisse: Auf 165/505 (33 %) TuP konnte jeweils mindestens eine thorakale Pathologie detektiert werden. Am häufigsten wurden folgende fünf Pathologien detektiert: Pleuraerguss (12 %), Infiltrat (8 %), Atelektase/Dystelektase (6 %), Perikarderguss (2 %) und Zwerchfellhochstand (1 %). 48 % dieser thorakalen Pathologien erforderten therapeutische Konsequenzen. Im Vergleich mit dem Goldstandard TCT erreichten TuP eine Sensitivität von 53 %, eine Spezifität von 99 %, einen positiven prädiktiven Vorhersagewert von 89 %, einen negativen prädiktiven Vorhersagewert von 94 % sowie eine Genauigkeit von 94 %. Die Intraobserver-Reliabilität war sehr gut, die Interobserver-Reliabilität moderat.

Schlussfolgerung: TuP, welche zur Planung von CTCA angefertigt werden, sollten mit großer Sorgfalt interpretiert werden, da diese Pathologien das

Abstract

Purpose: To evaluate the incidence of additional thoracic pathologic findings (TPF) detected on scout views and corresponding bolus tracking slices (SVBT) for computed tomographic cerebral angiography (CTCA) and to test the reliability and accuracy of these findings.

Materials and Methods: The study collective included 505 consecutive patients who underwent multidetector CTCA. Appendant SVBT of all patients were reviewed for any pathologic findings and patient medical reports were analyzed, if any medical treatment was initiated for the detected pathologic findings. In 18 patients thoracic CT scans were performed in the same session. These were additionally reviewed by two blinded observers to test for intra- and interobserver reliability as well as for accuracy of detecting thoracic pathologies on SVBT.

Results: TPF were detected in 165 (33 %) SVBT. The five most common pathologic findings were: pleural effusion, 12 %; pneumonia, 8 %; atelectasis/dystelecatasis, 6 %; pericardial effusion, 2 % and elevated diaphragm, 1 %. For 48 % of these findings medical treatment was initiated. SVBT showed a sensitivity of 53 %, a specificity of 99 %, a positive predictive value of 89 %, a negative predictive value of 94 % and accuracy of 94 % for the detection of TPF. The intraobserver reliability was very good and the interobserver reliability showed moderate agreement.

Conclusion: SVBT for CTCA should be reviewed with care by radiologists, since additional TPF can affect patient management. Nevertheless, despite a high specificity of SVBT for detecting TPF, an only moderate sensitivity has to be taken into account.

Key points:

- Thoracic pathologies are frequently found on scout views for cerebral CTA

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Patientenmanagement beeinflussen können. Dennoch sollte eine lediglich moderate Sensitivität im Vergleich zu einer hohen Spezifität bei der Detektionsrate berücksichtigt werden.

Kernaussagen:

- ▶ Thorakale Pathologien auf Planungstopogrammen für die zerebrale CTA sind sehr häufig
- ▶ Eine zusätzliche Auswertung von Planungsschichten erhöht die diagnostische Sensitivität
- ▶ Trotz hoher Spezifität bieten Topogramme und Planungsschichten nur eine moderate Sensitivität
- ▶ Die Begutachtung von Topogrammen und Planungsschichten kann therapeutische Konsequenzen haben

Introduction

Multidetector computed tomographic cerebral angiography (CTCA) is used in many institutions for the initial evaluation of the cerebral circulation for acute ischemic stroke and subarachnoid hemorrhage as well as various pre- and post-operative settings [1–4]. For planning CTCA, scout views including the thorax, neck, and skull for defining the scan area as well as a bolus trigger slice are widely used [5].

Several studies showed the feasibility of CT scout views to reveal pathologies in different organ systems [6–8]. In some cases, clinically relevant pathologies may only be identified on scout views [9–11]. Nevertheless, to the best of our knowledge, no study has evaluated thoracic pathologies detected on scout views and corresponding bolus trigger slices (SVBT) for CTCA.

Therefore, the aim of this study was to evaluate the incidence of additional pathologic findings detected on SVBT for CTCA and – if possible – to test for the reliability and accuracy of these findings.

Materials and Methods

Study collective

Institutional review board approval was obtained for this retrospective study. Moreover, the study was conducted according to the Declaration of Helsinki. We used our radiology information system (RIS) to identify 505 consecutive patients (274 female and 231 male; mean age, 65 ± 15 years) who underwent CTCA of the cerebral arteries between January 2010 and March 2012 at a 1400-bed university medical center.

CTCA

All CTCA studies were performed using a 256-slice multisection computed tomography system (Brilliance iCT, Philips, Best, the Netherlands). The patients assumed a supine position with their arms at their sides. Anterior and lateral scout views (tube voltage 120 kV, tube current 30 mAs) including the upper part of the thorax as well as the neck, and skull were acquired separately first. The CTCA scan range reached from the aortic arch to the vertex. Scan parameters were the following: rotation time 0.4 s, collimation 64 × 0.625, tube voltage 120 kV, tube current 300 mA/slice. The scanning range was planned in a caudocranial direction. 60 ml of nonionic contrast material with an iodine concentration of 400 mg/ml (Imeron 400, Bracco Altana Pharma, Milan, Italy) were injected at a rate of 4 ml/s through an 18-gauge peripheral intravenous catheter, which was placed in an antecubital vein, followed by a saline flush of 40 ml at the same injection rate. Synchronization between the passage of contrast material

- ▶ Reviewing additional bolus trigger slices will improve diagnostic sensitivity
- ▶ Despite high specificity, scout views and trigger slices offer a moderate sensitivity
- ▶ Evaluation of scout views and trigger slices can result in medical treatment

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and data acquisition was achieved with a bolus tracking technique, which is based on real-time monitoring of the main bolus during injection with the acquisition of a series of dynamic low-dose monitoring scans (slice thickness 10 mm, tube voltage 120 kV, tube current 25 mAs) at the level of the vessel of interest [12]. In the present study CTCA scan was triggered automatically by means of a threshold, measured in a region of interest (ROI) set in the descending aorta. The threshold was set at 150 HU.

Image analysis and evaluation of additional medical data

All SVBT were reviewed by one observer (MG, 6 years of experience in thoracic imaging). The observer was told to record pathologic findings for each CTCA patient. If the observer was uncertain regarding diagnosis, consensus readout was performed in collaboration with a second observer (FOH, 6 years of experience in thoracic imaging). For further confirmation of the recorded pathologic findings, correlation with other imaging studies and/or medical reports from the same hospital stay was performed. Moreover, medical reports were analyzed if any medical treatment was initiated for the detected pathologic findings.

To evaluate the intra- and interobserver reliability as well as the accuracy of detecting thoracic pathologies on SVBT, 18 consecutive imaging studies including CTCA and thoracic CT, both performed during the same imaging session, were reviewed by two observers (MG and FOH). Readout was repeated by one observer (MG) with a time interval of 12 weeks to test for intraobserver reliability. Furthermore, to investigate the accuracy for reviewing the anterior and lateral scout views alone, another readout including either anterior or lateral scout views was done by one observer (MG) more than 12 months after the initial readouts. The observers were told to report the presence or absence of 15 pathologic conditions for every examination resulting in 270 dichotomous answer possibilities.

At our institution, in the daily clinical routine all thoracic CT examinations are interpreted by residents in a consensus readout with a faculty radiologist (experience level range from 7 to 29 years). These reports served as the gold standard for thoracic findings.

Statistical analysis

Statistical analysis was performed with a commercially available software tool (MedCalc for Windows, Mariakerke, Belgium and Excel, Microsoft Corporation, Redmond WA USA).

To evaluate the intra- and interobserver reliability, the Cohen's kappa coefficient was calculated to measure the degree of observer agreement regarding the presence or absence of different thoracic pathologies on SVBT for the above-mentioned 18 consecutive patients. A kappa value of up to 0.20 indicated positive but poor agreement, 0.21–0.40 fair agreement, 0.41–0.6 moderate

agreement, 0.61–0.8 good agreement, and greater than 0.8 very good agreement [13].

The sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV) with their 95% confidence intervals (CI), and accuracy for the detection of pathologic findings on SVBT as well as anterior and lateral scout views alone compared with thoracic CT were calculated on the basis of true-positive, true-negative, false-positive, and false-negative rates [14].

Results

Incidence of thoracic pathologies on SVBT

A total of 180 pathologic conditions were recognized on SVBT. At least one pathologic finding was detected on 165 (33%) SVBT. 113/180 (63%) pathologic conditions could be verified with other imaging studies and/or medical reports from the same hospital stay. Moreover, medical treatment was initiated for 87/180 (48%) of the pathologic findings. All thoracic pathologies detected on SVBT are listed in **Table 1**. The five most common pathologic findings were: pleural effusion (12.1%), pneumonia, (8.3%), atelectasis/dystelecatasis (5.9%), pericardial effusion (1.6%), and elevated diaphragm (1.4%). **Fig. 1–3** show examples of detected thoracic pathologies.

Intra- and interobserver reliability

The intraobserver reliability showed very good agreement (Cohen's kappa coefficient: 0.86 $\pm$ 0.06) and moderate agreement was found for the interobserver reliability (Cohen's kappa coefficient: 0.49 $\pm$ 0.06).

Sensitivity, specificity, PPV, NPV, and accuracy

The incidences of the 15 thoracic pathologies detected on 18 thoracic CT studies are listed in **Table 2**. The sensitivity, specificity, PPV, and NPV for evaluation with SVBT as well as anterior or lateral scout views alone are listed in Tables 3–5. SVBT revealed an accuracy of 94% in detecting pathology. Accuracy was 89% for anterior or lateral scout views alone.

Discussion

Thoracic pathologic findings (TPF) on SVBT could be detected in one third of CTCA. The five most often detected TPF included pleural effusion (12.1%), pneumonia, (8.3%), atelectasis/dystelecatasis (5.9%), pericardial effusion (1.6%), and elevated diaphragm

Table 1 Pathologic findings detected on 505 scout views and corresponding bolus tracking slices (SVBT) and number of findings that could be confirmed (PP) by evaluating additional medical reports and/or imaging studies.

Tab. 1 Auf 505 Topogrammen und Planungsschichten (SVBT) detektierte Pathologien sowie Anzahl der Pathologien, welche durch eine Auswertung der Patientenakte und/oder anderer bildgebender Verfahren bestätigt werden konnten (PP).

	n (%)			
pathologic finding	SVBT	PP	MCP	IT
pleural effusion	61 (12.1)	48 (9.5)	13 (2.6)	42 (8.3)
pneumonia	42 (8.3)	28 (5.5)	14 (2.8)	28 (5.5)
dys-/atelectasis	30 (5.9)	9 (1.8)	21 (4.2)	1 (0.2)
pericardial effusion	8 (1.6)	3 (0.6)	5 (1.0)	2 (0.4)
elevated diaphragm	7 (1.4)	4 (0.8)	3 (0.6)	0 (0.0)
incorrect intubation	6 (1.2)	5 (1.0)	1 (0.2)	5 (1.0)
pneumothorax	4 (0.8)	3 (0.6)	1 (0.2)	1 (0.2)
cardiomegaly	4 (0.8)	3 (0.6)	1 (0.2)	2 (0.4)
thoracic adenopathy	3 (0.6)	2 (0.4)	1 (0.2)	1 (0.2)
pulmonary nodule/mass	3 (0.6)	0 (0.0)	3 (0.6)	1 (0.2)
pulmonary emphysema	3 (0.6)	2 (0.4)	1 (0.2)	0 (0.0)
fibrosis	2 (0.4)	0 (0.0)	2 (0.4)	0 (0.0)
aortic aneurysm	2 (0.4)	1 (0.2)	0 (0.0)	0 (0.0)
incorrect central venous access	1 (0.2)	1 (0.2)	0 (0.0)	1 (0.2)
hiatal hernia	1 (0.2)	0 (0.0)	1 (0.2)	0 (0.0)
subcutaneous emphysema	1 (0.2)	1 (0.2)	0 (0.0)	0 (0.0)
bone metastasis	1 (0.2)	1 (0.2)	1 (0.2)	1 (0.2)
total	180	113	97	87

MCP = missing correlative proof; IT = number of pathologic findings for which medical treatment was initiated.

MCP = fehlende Bestätigung durch Patientenakte und / oder bildgebende Verfahren; IT = Anzahl der Pathologien, für welche eine therapeutische Konsequenz eingeleitet wurde.

Fig. 1 62-year-old man who underwent CTCA for suspected ischemic stroke and thoracic CT for suspected pulmonary embolism. Scout view **a** and corresponding bolus trigger slice **b** as well as thoracic CT **c** revealed dystelecatasis (cross in **b, c**) and pleural effusions (asterisk in **a–c**). Additionally, the locations of jugular and subclavian central venous devices (arrow in **a–c**), a tracheal tube (arrowhead in **a**) and a gastric tube (triangle in **a–c**) can be identified.

Abb. 1 62-jähriger Patient, welcher eine kraniale CT-Angiografie bei V. a. einen ischämischen Schlaganfall sowie ein anschließendes Thorax-CT bei V. a. eine Lungenembolie erhielt. Das Topogramm **a**, die Planungsschicht **b** und das Thorax-CT **c** zeigen dystelektatische Lungenareale (Kreuz in **b, c**) und Pleuraergüsse (Stern in **a–c**). Darüber hinaus lassen sich die Lokalisationen eines zentralvenösen Zuganges (Pfeil in **a–c**), eines Trachealtubus (Pfeilspitze in **a**) sowie einer Magensonde (Dreieck in **a–c**) abgrenzen.

Fig. 2 Scout view **a** and corresponding bolus trigger slice **b** in a 60-year-old man who underwent CTCA for suspected basilar thrombosis. Unexpected thoracic findings include both-sided pneumonia that can be detected on the bolus trigger slice (asterisk in **b**). Moreover, the location of a tracheal tube above the tracheal carina can be identified on the scout view (arrowhead in **a**). Additionally, the patient presents with cardiomegaly (CM in **b**) caused by known insufficiency of the tricuspid and mitral valve and underwent sternotomy for coronary bypasses in the past (arrow in **a**, **b** demonstrates sternal cerclages).

Abb. 2 Topogramm **a** und Planungsschicht **b** eines 60-jährigen Patienten, bei welchem eine kraniale CT-Angiografie bei V. a. einer Basilaristhrombose durchgeführt wurde. Als unerwarteter thorakaler Befund zeigt sich eine beidseitige Pneumonie, welche auf der Planungsschicht abgegrenzt werden kann (Stern in **b**). Darüber hinaus kann die Lage eines Trachealtubus auf dem Topogramm lokalisiert werden (Pfeilspitze in **a**). Zusätzlich zeigen sich eine Kardiomegalie (CM in **b**) bei bekannter Mitralklappeninsuffizienz sowie Sternalzerklagen bei Z. n. einer koronaren Bypass-Operation (Pfeil in **a**, **b**).

Fig. 3 Scout view **a** and corresponding bolus trigger slice **b** in a 62-year-old woman suffering from acute subarachnoid hemorrhage who underwent CTCA for suspected intracranial aneurysm. Iatrogenic pneumothorax (double arrow in **b**) caused by puncture of the subclavian vein for a central venous catheter (arrow in **a**, **b**) can be detected on bolus trigger slice. Additionally, a ventricular drain (arrowhead in **a**) was inserted before CTCA because of intraventricular hemorrhage.

Abb. 3 Topogramm **a** und Planungsschicht **b** einer 62-jährigen Patientin, bei welcher eine CTCA zur Aneurysmasuche bei Subarachnoidalblutung durchgeführt wurde. Es zeigt sich ein iatrogenes Pneumothorax (Doppelpfeil in **b**) nach Punktion der Vena subclavia zur Anlage eines zentralvenösen Katheters (Pfeil in **a**, **b**). Darüber hinaus ist eine Ventrikeldrainage abzugrenzen (Pfeilspitze in **a**), welche vor der Durchführung der CTCA aufgrund einer Ventrikeleinblutung angelegt wurde.

(1.4%). These findings are very similar compared with the top five TPF detected in another study that investigated additional TPF in patients undergoing thoracic CT for suspected pulmonary embolism [15].

Indication for CTCA includes various acute cerebrovascular diseases like suspected basilar thrombosis, occlusion of the middle cerebral artery or carotid pathology. Since patients with suspected acute cerebrovascular disease have sometimes already been put under general anesthesia when arriving in the emergency room [16], clinical examination might be hampered. Therefore, additional knowledge of TPF like pleural effusion, pneumonia or atelectasis on SVBT is very helpful for patient management.

A recent study showed that scout views for CT examinations of various anatomic regions like the head, neck, chest, pelvis, etc. revealed

pathologic findings, which result in additional medical management in up to 23% of cases [17] (compared with 87/180 (48%) in our study). Only 2% of these pathologic findings were not included in the FOV of the CT examination. In contrast to this study, our study evaluated thoracic SVBT for CTCA. Therefore, all detected thoracic pathologic findings were not imaged in the CTCA FOV. Furthermore, a thoracic bolus trigger slice added additional information.

The sensitivity and specificity of detecting TPF on SVBT were 53% and 99%, respectively. Furthermore, high accuracy of 94% was calculated. For detecting pathologies like pleural effusion and pneumonia on chest radiographs in the supine position, sensitivities/specificities/accuracies of 67%/70%/69% [18] and 65%/93%/67% [19], respectively, were reported. Due to the small number of patients that underwent CTCA and thoracic CT during the same

Table 2 Pathologic findings detected on 18 thoracic CT studies.**Tab. 2** Auf 18 Thorax-CTs detektierte Pathologien.

pathologic finding	n
pneumonia	7
pleural effusion	5
dys-/atelectasis	4
thoracic adenopathy	3
incorrect intubation	2
rip fracture	2
pericardial effusion	1
edema	1
pneumothorax	1
pulmonary nodule/mass	1
aortic dissection	1
pulmonary embolism	1
subcutaneous emphysema	1
bone metastasis	1
spinal fracture	1

Table 3 Sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) with their 95 % confidence intervals (CI) for the detection of pathologic findings on scout views and corresponding bolus trigger slices.**Tab. 3** Sensitivität, Spezifität, positiver prädiktiver Vorhersagewert (PPV) und negativer prädiktiver Vorhersagewert (NPV) mit den jeweiligen 95 %-Konfidenz-Intervallen (CI) für die Detektion thorakaler Pathologien auf Topogrammen und Planungsschichten.

	estimated value	95 % CI	
		lower limit	upper limit
sensitivity	53 %	35 %	70 %
specificity	99 %	97 %	100 %
PPV	89 %	65 %	98 %
NPV	94 %	90 %	96 %

imaging session, decided subdivision of sensitivities, specificities, and accuracies for the different pathologies could not be analyzed in our study. However, one could consider at least similar accuracy of conventional chest radiography and SVBT in detecting overall pathologies. Especially pathologies like small pleural effusions are known to be frequently overlooked on chest radiographs [20]. An axial CT slice like a bolus trigger slice would be expected to be more accurate. However, evaluation of this assumption was not part of our study, but would be an interesting topic for future studies.

Since in some institutions scout views for CTCA are performed in one view only, sensitivity, specificity, PPV, NPV, and accuracy were evaluated for anterior and lateral views alone, as well. Especially for sensitivity, an obvious decrease could be observed for the anterior (19%) and lateral (6%) scout views compared to 53% for SVBT.

Summing up, careful reading of SVBT might detect relevant thoracic pathologies that require urgent management like pneumothorax, incorrect intubation, pericardial effusion and many more, which is especially useful in intubated and clinically hard to examine patients. In our study collective medical treatment was initiated for as much as 48% of TPF detected on SVBT.

Moreover, due to very good intraobserver and moderate interobserver reliability, SVBT offers high precision in detecting TPF. A Cohen's kappa coefficient of 0.49 for interobserver reliability is

Table 4 Sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) with their 95 % confidence intervals (CI) for the detection of pathologic findings on the anterior scout views alone.**Tab. 4** Sensitivität, Spezifität, positiver prädiktiver Vorhersagewert (PPV) und negativer prädiktiver Vorhersagewert (NPV) mit den jeweiligen 95 %-Konfidenz-Intervallen (CI) für die Detektion thorakaler Pathologien auf anterioren Topogrammen.

	estimated value	95 % CI	
		lower limit	upper limit
sensitivity	19 %	7 %	36 %
specificity	99 %	96 %	100 %
PPV	67 %	30 %	92 %
NPV	90 %	86 %	93 %

Table 5 Sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) with their 95 % confidence intervals (CI) for the detection of pathologic findings on the lateral scout views alone.**Tab. 5** Sensitivität, Spezifität, positiver prädiktiver Vorhersagewert (PPV) und negativer prädiktiver Vorhersagewert (NPV) mit den jeweiligen 95 %-Konfidenz-Intervallen (CI) für die Detektion thorakaler Pathologien auf lateralen Topogrammen.

	estimated value	95 % CI	
		lower limit	upper limit
sensitivity	6 %	1 %	21 %
specificity	100 %	98 %	100 %
PPV	67 %	1 %	94 %
NPV	98 %	84 %	92 %

in line with another study, which found similar coefficients of 0.37 for the detection of pulmonary infiltration and 0.46 for the presence or absence of pleural effusion on chest radiographs [21]. Incidences of thoracic pathologies have been recorded on the basis of SVBT only. Validation by thoracic CT in each case would have been desirable but was not possible due to the retrospective character of the study. Therefore, the number of patients reviewed for testing reliability and accuracy of pathologic findings on scout views and corresponding bolus trigger slices is small and these results can only represent a vague estimation.

Conclusion

Based on the results of this study, we recommend that SVBT for CTCA should always be carefully inspected, since additional TPF can affect clinical patient management. Nevertheless, despite a high specificity of SVBT for detecting TPF, an only moderate sensitivity has to be taken into account.

Clinical relevance

- ▶ Thoracic pathologies are frequently found on scout views for cerebral CTA
- ▶ Reviewing additional bolus trigger slices will improve diagnostic sensitivity
- ▶ Despite high specificity, scout views and trigger slices offer a moderate sensitivity
- ▶ Evaluation of scout views and trigger slices can result in medical treatment

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