Endoscopic Endonasal Transplanum Transtuberculum Approach for the Resection of a Large Suprasellar Craniopharyngioma

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J Neurol Surg B 2018;79(suppl S3):S249–S250.

Abstract

Objectives To demonstrate an endoscopic endonasal transplanum transtuberculum approach for the resection of a large suprasellar craniopharyngioma.

Design Single-case-based operative video.

Setting Tertiary center with dedicated skull base team.

Participants A 72-year-old male patient diagnosed with a suprasellar craniopharyngioma.

Main Outcomes Measured Surgical resection of the tumor and preservation of the normal surrounding neurovascular structures.

Results A 72-year-old male patient presented with a 1-year history of progressive bitemporal visual loss. He also referred symptoms suggestive of hypogonadism. Neurological examination was unremarkable and endocrine workup demonstrated mildly elevated prolactin levels. Magnetic resonance images demonstrated a large solid-cystic suprasellar lesion, consistent with the diagnosis of craniopharyngioma. The lesion was retrochiasmatic, compressed the optic chiasm, and extended into the interpeduncular cistern (►**Fig. 1**). Because of that, the patient underwent an endoscopic endonasal transplanum transtuberculum approach.^{1–3} The nasal stage consisted of a transnasal transeptal approach, with complete preservation of the patient's left nasal cavity.⁴ The cystic component of the tumor was decompressed and its solid part was resected. It was possible to preserve the surrounding normal neurovascular structures (►**Fig. 2**). Skull base reconstruction was performed with a dural substitute, a fascia lata graft, and a right nasoseptal flap (►**Video 1**). The patient did well after surgery and referred complete visual improvement. However, he also presented pan-hypopituitarism on long-term follow-up.

Keywords

- transnasal endoscopic surgery
- transnasal endoscopic microsurgery
- suprasellar cyst
- craniopharyngioma

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received
October 15, 2017
accepted
December 14, 2017
published online
February 28, 2018

DOI <https://doi.org/10.1055/s-0038-1625940>.
ISSN 2193-6331.

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Stuttgart · New York

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Conclusions The endoscopic endonasal route is a good alternative for the resection of suprasellar lesions. It permits tumor resection and preservation of the surrounding neurovascular structures while avoiding external incisions and brain retraction. The link to the video can be found at: <https://youtu.be/zmgxQe8w-JQ>.

Fig. 1 Preoperative magnetic resonance images of a 72-year-old male patient with a large suprasellar craniopharyngioma. The lesion compressed the optic chiasm from posterior to anterior. It also extended posteriorly into the interpeduncular cistern. (A) Coronal and (B) sagittal image.

Fig. 2 An endoscopic endonasal transtuberulum transplanum approach was performed for the resection of the large suprasellar craniopharyngioma. Intraoperative picture demonstrating the relevant anatomy. Abbreviations: SHA, left superior hypophyseal artery; br., branch; ICA, left internal carotid artery; PCA, left posterior communicating artery.

Conflict of Interest

None.

Acknowledgments

The authors acknowledge all other physicians that helped to take care of the patient featured in this video, especially Dr. Leonardo Balsalobre, Dr. Matheus Fernandes de Oliveira, and Dr. José Francisco Pereira Júnior.

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