

Complications of Nasoseptal Flap Reconstruction: A Systematic Review

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Abstract

Objective The nasoseptal flap (NSF) is considered the primary vascularized flap for reconstruction of dural defects with endoscopic endonasal surgery (EES) of the skull base. However, the complications and morbidities associated with this reconstructive flap are poorly understood. This article presents a systematic review of the complications and morbidities related to the use of the NSF in skull base surgery.

Method A systematic review of the literature based on published guidelines was performed to identify potential complications and morbidities related to the NSF. The MEDLINE and Embase databases were searched from January 1, 1950 to February 5, 2018.

Results Twenty-seven articles were identified. Reported complications were as follows: NSF necrosis (4 studies; [0–1.3%]), mucocele formation (5 studies; [0–3.6%]), septal perforation (6 studies, [0–14.4%]), nasal dorsum collapse (2 studies, [0.7–5.8%]), effects on quality of life (QoL) (8 studies), and olfactory loss (11 studies).

Conclusion Although complications associated with the NSF may be underreported in the literature, the NSF appears to be a safe and reliable reconstructive flap in EES of the skull base.

Keywords

- ▶ systematic review
- ▶ skull base surgery
- ▶ nasoseptal flap
- ▶ complications
- ▶ reconstruction

Introduction

The nasoseptal flap (NSF), also named Hadad flap, was described in 2006 and was rapidly adopted as the primary reconstructive method for reconstruction in endoscopic endonasal surgery (EES) of the skull base.¹ Initial reports of using a U-shaped flap of three-fourth of the septal mucoperichondrial layer was initially described by Hirsch in 1952; however, it is not clear from the description that this flap had axial vascular supply.² The NSF is widely considered a robust and reliable vascularized flap, with a wide variety of applications. Reconstruction of large dural defects with vascularized tissue, as part of a multilayer reconstruction, was found to significantly reduce the rate of cerebrospinal fluid (CSF) leak rates from 15.6 to 6.7% compared with nonvascularized reconstruction.³ In a single institution study that included 70 consecutive NSF for reconstruction

of high-flow CSF leaks, the NSF was found to have a 94% efficacy rate.⁴ Several studies have now described the postoperative complications and morbidity associated with this flap. While there are single institution reports of the complications associated with NSFs, no comprehensive reviews exist to describe the full scope and frequency of such complications across surgeons and institutions. Here, we present a systematic review of the published literature regarding complications and morbidities related to the NSF.

Methods

A systematic review of published literature was performed for the primary outcome of NSF complications and morbidities. The MEDLINE and Embase databases were searched from January 1, 1950 to February 5, 2018. ▶ **Table 1** presents

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Table 1 Systematic review search strategy

Themes	MeSH term used in search strategy
1	Endoscopy, endoscope, skull base surgery, sino-nasal, and cranial base surgery
2	Reconstruction, reconstructive surgical procedures, surgical flaps, tissue and organ harvesting, nasoseptal flap, and Hadad flap
3	Adverse effects, postoperative complications, and complication

the MeSH terms that were used in the search strategy. The bibliographies of identified articles were also reviewed for additional relevant articles. After the search was completed, study selection was performed by abstract review by the first author (Philippe Lavigne). Data extraction was reviewed for accuracy by the second author. Discrepancies between reviewers were resolved via discussion with a third reviewer. When available, individual patient data were extracted. Only published articles in English were included. Case reports and case series with less than five reported cases were excluded. Only studies with data specific to the use of the NSF were included for final analysis.

Results

Initial database search produced 2,403 studies. A title search found 406 articles on the NSF. After abstract review, 27 articles were included for the final analysis. The selection process is outlined in ► Fig. 1. The identified complications related to the use of the NSF were as follows: NSF necrosis, mucocele formation, septal perforation, nasal dorsum collapse, reduced quality of life (QoL), and olfactory loss. ► Tables 2–4 present the included articles for each identified complication.

Nasoseptal Flap Necrosis

Chabot et al presented a series of 601 consecutive NSF, of which 8 (1.3%) were found to have NSF necrosis on re-

exploration (► Fig. 2).⁵ All patients with NSF necrosis presented with signs or symptoms of meningitis at least 1 week after their initial surgery, and 50% were found to have empyema at the surgical bed. All patients with necrotic flaps had undergone contrast-enhanced magnetic resonance imaging (MRI) in the initial immediate postoperative period, and flap enhancement was absent in seven of eight cases. One case showed thin peripheral enhancement, but intraoperative exploration revealed a partly necrotic flap and required debridement. Prior intranasal surgery (with narrowed flap pedicle) was identified as a risk factor for NSF necrosis in this series. In their series of 144 NSF, Thorp et al identified no cases of perioperative complete flap loss.⁸ ► Table 2 presents additional studies that reported NSF necrosis rates.

Mucocele Formation

Mucocele formation is not a complication of the NSF itself, but the result of incomplete removal of sphenoid mucosa on the recipient bed. Bleier et al published an article on the rate of mucocele formation after NSF reconstruction with localized mucosal stripping (mucosa around the defect was left intact).¹¹ Twenty-eight patients were included, and after a mean follow-up of 8 months, only one (3.6%) patient developed a mucocele. Similarly, Soudry et al identified one (0.8%) case of mucocele 2 years after the initial surgery.⁷ The patient was asymptomatic, but due to radiological evidence of enlargement, the mucocele was surgically drained. The other identified studies found a 0% rate of mucocele formation (► Table 2).

Olfactory Change

Upadhyay et al compared University of Pennsylvania Smell Identification Test (UPSIT) scores between patients who had reconstruction of skull base defects with an NSF (10 patients) and patients who had free mucosal graft reconstruction (35 patients).¹⁸ The UPSIT scores were compared at baseline, 6 weeks, 3 months, and 6 months postoperatively. The authors found a significant reduction in UPSIT scores in the NSF group at 6 weeks (24.5 ± 5.4) when compared with

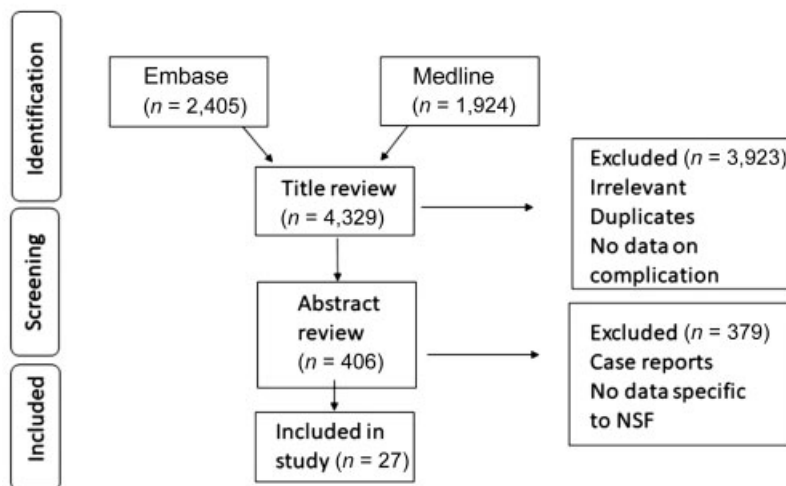


Fig. 1 Article selection process. NSF, nasoseptal flap.

Table 2 Complications of nasoseptal flap

Complication	Included studies	LOE	Number of patients	Complication rate
Flap necrosis	Chabot et al ⁵	4	601 NSF	1.3% flap necrosis
	Soyka et al ⁶	4	20 NSF	0% flap necrosis
Mucocele formation	Soudry et al ⁷	4	121 NSF	0% flap necrosis, 0.8% flap engorgement
	Thorp et al ⁸	4	144 NSF	0% flap necrosis
	Dolci et al ⁹	4	41 NSF	0%
	Soudry et al ⁷	4	121 NSF	0.8% (1/121)
	Husain et al ¹⁰	4	70 NSF	0%
	Bleier et al ¹¹	4	28 NSF	3.6% (1/28)
	Nyquist et al ¹²	4	5 NSF (bilateral NSF flaps)	0%
	Soyka et al ⁶	4	20 NSF	10% (2/20) septal perforation
	Dolci et al ⁹	4	42 NSF	0% septal perforation 14.6% (6/42) change in the internal nasal valve
	Rowan et al ¹³	4	328 NSF	5.8% nasal dorsum collapse 0.9% septal perforation
Crusting	Soudry et al ⁷	4	121 NSF	0.7% (1/121) dorsum collapse 14.4% (16/111) septal perforation
	Thorp et al ⁸	4	144 NSF	1.3% (2/144) septal perforation
	Shin et al ¹⁴	4	67 bilateral NSF	1.5% (1/67) septal perforation
	Jalessi et al ¹⁵	2b	68 NSF vs 38 No-NSF <i>Obstruction, PND, thick nasal discharge (from SNOT-22)</i>	Significant difference between groups at 1-month post op (<i>p</i> = 0.04). No difference at 3, 6 and 12 months
	de Almeida et al ¹⁶	2b	25 NSF vs 38 no-NSF, Time to absence of crusts	NSF 104.0 days vs no-NSF 98.0 days (<i>p</i> = 0.017)
	Pant et al ¹⁷	4	109 patients (number of NSF not reported)	Average 126 days ± 87. NSF did not affect duration of crusting

Abbreviations: LOE, level of evidence; NSF, nasoseptal flap; PND, post nasal drip; SNOT-22, Sino-Nasal Outcome test –22 items.

Table 3 Olfactory outcomes of the nasoseptal flap

Included studies	LOE	Number of patients	Outcome	Result
Upadhyay et al ¹⁸	4	10 NSF	UPSIT	Preop (30.7), 6 weeks (24.5, $p = 0.05$), 3 months (29, $p = 0.5$), 6 months (30, $p = 0.7$)
Soyka et al ⁶	4	20 NSF	Sniffin' Sticks	Preop (median score 10) postop (9.5) ($p = 0.02$)
Jallessi et al ¹⁵	2b	68 NSF vs 38 No-NSF	SNOT-22 (Questions sense of taste/smell)	Preop and at 1,3, 6 and 12 months: No significant difference between groups
Rioja et al. ¹⁹	2b	17 NSF vs 38 no-NSF	BAST-24	Preop vs 12 months post-op: no difference
Harvey et al ²⁰	4	40 NSF	SIT40	Pre-op (31.63 ± 3.49) 6 months (31.35 ± 4.61) ($p = 0.68$)
Soudry et al ⁷	4	29 NSF	SNOT-22 (sense of taste/smell)	Preop (score 1) 3 months (1.46) ($p = 0.29$)
Chaaban et al ²¹	4	6 NSF	UPSIT	Preop (29.4 ± 1.1) 3 months (28.6 ± 1.3) ($p = 0.87$)
Kim et al ²²	4	26 NSF	CCCRC and CCSIT	Preop (7.1 ± 2.1 and 9.3 ± 2.3) 6 months (4.9 ± 3.1 and 6.3 ± 3.4) ($p < 0.001$)
Tam et al ²³	2b	10 NSF vs 10 synthetic materials	UPSIT score reduction at 6 months post-op	NSF (19.6%) Synthetic materials (9.11%) ($p = 0.001$)
Kim et al ²⁴	2b	8 NSF cold knife vs 7 NSF electrocautery	CCSIT and BTT pre-op vs 6 months	No significant change ($p = 0.24$ and $p = 0.45$)
Rotenbert et al ²⁵	4	17 NSF	UPSIT	Preop (37.2) 6 months (30.8) ($p = 0.0001$)

Abbreviations: BAST, Barcelona Smell Test; BTT, Butanol threshold test; CCCRC, Connecticut Chemosensory Clinical Research Center Test; CCSIT, Cross-Cultural Smell Identification Test; LOE, level of evidence; NSF, nasoseptal flap; preop, preoperatively; postop, postoperatively; SIT40, Smell Identification Test 40; SNOT-22, Sino-Nasal Outcome test—22 items; UPSIT, University of Pennsylvania Smell Identification Test.

Table 4 Quality of life outcomes of the nasoseptal flap

Included studies	LOE	Number of patients	Outcome	Result
Jalessi et al ¹⁵	2b	68 NSF vs 38 No-NSF	SNOT-22 (preop vs 12 months)	No significant difference between groups
Harvey et al ²⁶	2b	42 NSF vs 76 no-NSF	SNOT-22 (pre- vs postop) NSS (pre- vs postop)	1.33 ± 0.98 vs 1.23 ± 0.85, (p = 0.65) 1.71 ± 1.15 vs 1.48 ± 1.11, (p = 0.36)
Rioja et al ¹⁹	2b	17 NSF (EEA) vs 38 no-NSF (TTEA)	SF-36 and RSOM-31	(preop vs 12 months) no difference for both
Hanson et al ²⁷	4	36 NSF	SNOT-20 preop vs 3 months	1.38; 95% (CI = 1.26–1.79) vs 1.65 (CI = 1.45–1.89) (p = 0.10)
Thompson et al ²⁸	2b	44 NSF vs 49 mucosal graft	SNOT-22 (nasal symptoms)	NSF was associated with worse nasal symptoms at 3 months (p = 0.01)
McCoul et al ²⁹	4	37 NSF, 29 no-NSF	ASBQ preop 3 weeks postop 6 weeks postop 12 weeks postop 6 months postop	3.1 vs 3.2 (p = 0.49) 3.0 vs 3.2 (p = 0.31) 3.3 vs 3.1 (p = 0.5) 3.4, vs 3.6 (p = 0.4) 3.4 vs 4.1 (p = 0.07)
Pant et al ¹⁷	4	51 patients (number of NSF not reported)	SNOT-22	SNOT-22 scores significantly better in no-NSF group
Balaker et al ³⁰	4	69 patients with NSF	SNOT-20	Scores back to baseline at middle (106 to 190 days) and late interval (202–300 days) except for PND and thick nasal discharge

Abbreviations: ASBQ, Anterior Skull Base Questionnaire; EEA, endoscopic endonasal approach; LOE, level of evidence; NSF, nasoseptal flap; NSS, Nasal Symptom Score; PND, post nasal drip; preop, preoperatively; postop, postoperatively; RSOM-31, Rhinosinusitis outcome measure-31; SF-36, Short Form-36; SNOT-22, Sino-Nasal Outcome test-22 items; TTEA, transnasal transphenoidal endoscopic approach.

baseline (30.71 ± 5.5) (p = 0.05). However, at 3 months and 6 months follow-up, the scores were back to the preoperative levels (29.0 ± 3.7 and 30.0 ± 3.9, respectively). In the free mucosal graft group, there was no significant reduction in UPSIT scores postoperatively. Other series that describe comparable olfactory strip preservation techniques found similar results with complete recovery of olfaction by 6 months.^{7,19,20} Kim et al compared the effect of electrocautery to cold knife dissection of the NSF and found increased epithelial damage in the former, but no significant difference in olfaction.²⁴ ▶ **Table 3** presents additional studies included in this review.

Prolonged Crusting

When an NSF is harvested, septal cartilage and bone remain exposed to the nasal cavity. It has been hypothesized that re-epithelialization of the exposed cartilage and bone results in a prolonged duration of healing. de Almeida et al investigated the time to resolution of nasal crusting, comparing an NSF cohort to patients who did not have an NSF.¹⁶ Patients who had an NSF did not have a significantly longer time to recovery (median 104 days; 95% confidence interval [CI], 81.3–126.7) than patients without an NSF (98.0; CI, 84.6–111.4). Their analysis did not identify any independent factors associated with prolonged crusting in EES (age, sex, radiation therapy, chemotherapy, surgical complexity, and use of fat graft). Similarly, Pant et al found no difference in duration of crusting between cohorts.¹⁷ Jalessi et al used the test items, *Obstruction, Post Nasal Discharge, and Thick Nasal Discharge* from the Sino-Nasal Outcome test-22 items (SNOT-22) as surrogate markers for nasal crusting.¹⁵ They found a significantly higher score in the NSF group at 1 month (p = 0.04) and no difference at 3, 6, and 12 months. These studies are presented in ▶ **Table 2**.

Nasal Deformity

Three published articles discussed the rates of septal perforation and dorsal nasal collapse (saddle nose) associated with the use of an NSF. Rowan et al found a 5.8% rate of dorsum collapse and a 0.9% rate of septal perforation.¹³ Soyka et al and Soudry et al found rates of septal perforation of 14.4 and 10%, respectively.^{6,7}

Quality of Life Outcomes (QoL)

Several studies have investigated the impact of the NSF on QoL outcomes (▶ **Table 4**). The two largest series were published by Jalessi et al and Harvey et al and included 106 and 108 patients, respectively.^{15,26} Both studies used the SNOT-22 questionnaire and found no difference in QoL outcomes while comparing the use of an NSF to other multilayer reconstructive methods. One study found a significant difference at 3 months in nasal symptoms (subset from SNOT-22) while comparing the NSF to free mucosal graft reconstruction.²⁸

Quality of Evidence

Risk of bias was assessed using the Cochrane Collaboration Effective Practice and Organization of Care (EPOC) tool for

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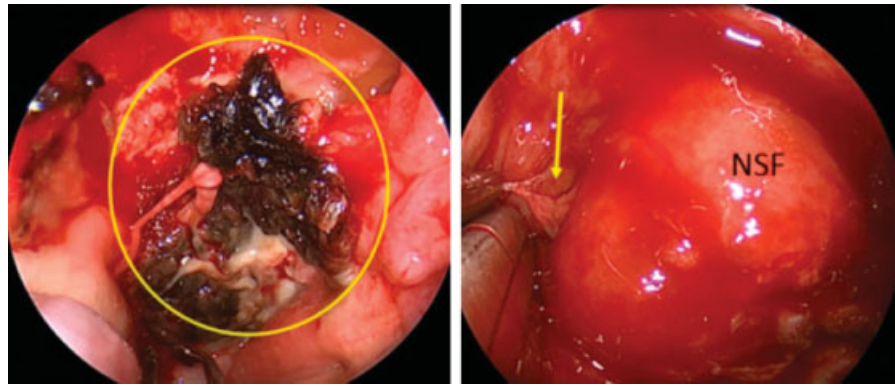


Fig. 2 Nasoseptal flap necrosis. Left: Intraoperative endoscopic view of a necrotic NSF (circle). Right: Normal NSF with CSF leak (arrow). (Adapted from Chabot et al, 2018⁵). CSF, cerebrospinal fluid; NSF, nasoseptal flap.

assessing risk of bias (►Table 5). Quality of evidence was assessed using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) system for transparency and simplicity.^{31,32} This only applied to studies that included a comparative group.^{15–17,19,23,24,26} There were no high quality randomized controlled trials providing high quality evidence. Studies were qualified as moderate quality^{16,20,23} or low quality^{15,19,24,29} based on their design, risk of bias, effect size, and inconsistency of results.

Discussion

The NSF receives vascularization from the posterior septal artery (PSA), a terminal branch of the sphenopalatine artery. The PSA itself divides into two branches as it courses across the anterior wall of the sphenoid sinus, before reaching the posterior nasal septum (►Fig. 3).³³ Placement of incisions and NSF harvesting technique are thus of great importance to protect this vascular supply. The superior incision must be placed at the superior aspect of the sphenoid ostium to protect the superior branch of the PSA. It is then drawn parallel to the skull base, at least 1 cm below the skull base. Once anterior to the olfactory epithelium, the incision can curve superiorly toward the superior limit of the septum, to increase flap size. Retrospectively, comparing NSF reconstruction with free mucosal graft reconstruction is inherently biased by patient selection and disease severity. Yet,

series that described olfactory strip preservation technique have shown low rates of olfactory loss, with return to baseline olfaction within 3 to 6 months.^{6,7,15,18–21,24} Intact vascular supply of the flap pedicle and perfusion can be confirmed prior to harvest with Doppler ultrasound or Indocyanine Green fluoroscopy (under investigation), and postoperatively on MRI examination^{5,34,35} (►Fig. 4). It is important not to confuse postoperative NSF enhancement on MRI with tumor residual/recurrence.³⁶ Prior septal surgery does not jeopardize NSF vascularization.³⁷ The axial pattern of vascularization is preserved postseptoplasty, and secondary NSF harvest with revision cases, as flap take-down and reuse, has been shown to be safe and reliable.^{5,38} A limited number of studies have reported postoperative rates of NSF necrosis (►Table 2). While the reported rate varies between 0 and 1.3%, it is likely that this complication often goes unnoticed when the patient has a normal postoperative course, resulting in underreporting. Similarly, septal perforation and nasal dorsum collapse are rare. Reported rates of septal perforation vary between 0 and 14.4%. Removal of the posterior septum during surgery (posterior septectomy) is rarely noticeable to patients, and anterior septal perforations, if symptomatic, can be closed surgically or with a septal button. Only two identified studies report rates of dorsum collapse (0.7 and 5.8%). Considering the lack of standardized measures for dorsal collapse and its rarity, it is likely that this complication is also underreported.^{7,13}

Table 5 Risk for bias assessment

Study	Selection of participants	Confounding variables	Intervention measurement	Blinding of outcome assessment	Incomplete outcome data	Selective outcome reporting
Jalessi et al ¹⁵	-	-	+	-	+	?
Harvey et al ²⁶	+	+	+	-	+	+
Rioja et al ¹⁹	-	-	+	-	+	+
Tam et al ²³	+	-	+	-	+	+
Kim et al ²⁴	-	-	+	-	+	?
Thompson et al ²⁸	-	-	+	-	?	-

+, low risk of bias; -, high risk of bias; ?, unclear.

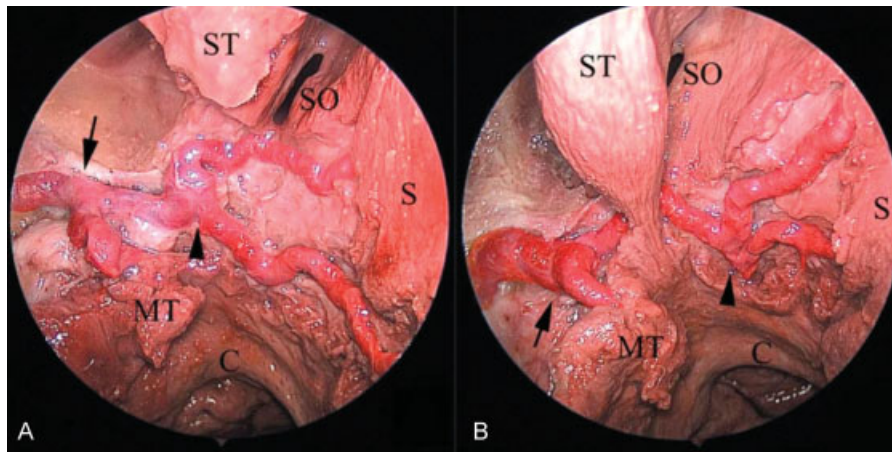


Fig. 3 Branching of the posterior nasal artery. Endoscopic view of the sphenoidal bifurcation of the sphenopalatine artery and posterior septal artery in an anatomical dissection (right side). The posterior septal artery bifurcation can be lateral (seen in A) or medial (seen in B) to the sphenoid ostium. Black arrow: Sphenopalatine artery bifurcation; black arrowhead: posterior septal artery bifurcation.. (Reprinted with permission from Zhang et al, 2015³⁴). C, choana; MT, middle turbinate; S, septum; SO, sphenoid ostium; ST, superior turbinate.

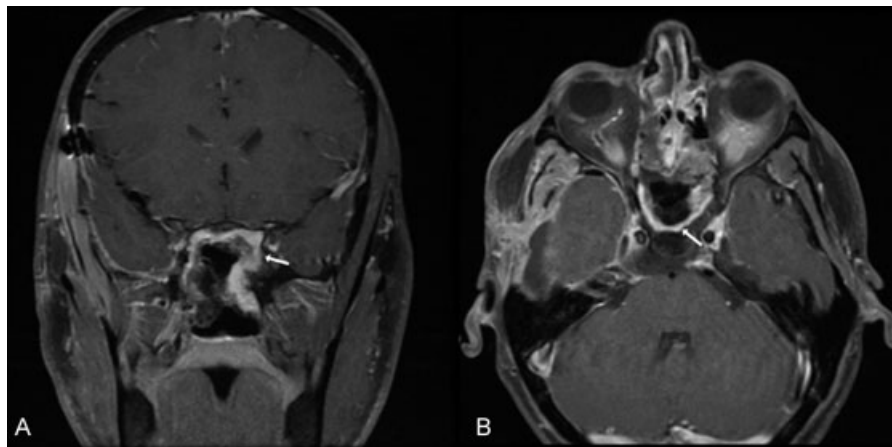


Fig. 4 Postoperative NSF enhancement. Coronal (A) and axial (B) views of a postoperative T1 gadolinium-enhanced MRI, both demonstrating flap enhancement (white arrows). MRI, magnetic resonance imaging; NSF, nasoseptal flap.

Factors contributing to nasal dorsum collapse have not been fully elucidated.

Several factors have been shown to affect postoperative QoL measurements in endoscopic skull base surgery. Harvey et al showed that preoperative radiation therapy, extent of surgery, and malignant tumor pathology were more important contributors to morbidity than the use of an NSF.²⁶ It is important to note that these factors were not accounted for in other studies that suggest increased morbidity with the use of an NSF.³⁹ The NSF donor site heals by secondary intention and can result in significant crusting for up to 12 weeks postoperatively.^{16,27,40} While septal crusting may not last any longer than the expected postoperative sinusal crusting,^{16,41} it can affect the internal nasal valve and contribute to symptomatic nasal obstruction. Several solutions to expedite septal healing have been described, such as silicone splinting, free grafting (mucosa or fascia lata), and the reverse rotation flap described by Caicedo et al^{41–43} Overall, the quality of evidence is low with most studies

designed as cohort studies with high potential for selection bias (–Table 5) or case series.^{15,17,19,26–30} However, the use of an NSF does not appear to alter QoL in the long term, but can increase nasal crusting and obstruction within the first 6 weeks to 3 months.

Conclusion

The NSF is a robust and reliable reconstructive flap in EES of the skull base. Multiple series have demonstrated its efficacy in reducing CSF leak rates. This systematic review of the literature further supports its safety in endoscopic skull base surgery, showing low rates of reported complications. We hypothesize that some of these complications, such as NSF necrosis and dorsal collapse are likely underreported. The NSF is only one option in the skull base reconstructive ladder, and its use in preventing CSF leaks and covering neurovascular structures must be balanced against its potential morbidities.

Conflicts of Interest

None.

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