Case Report

RETRO-AORTIC LEFT RENAL VEIN WITH DOUBLE LEFT RENAL ARTERY: A CASE REPORT

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Abstract:

The kidneys are the excretory organs. The kidneys are supplied by right and left renal arteries at the level of second lumbar vertebrae. They are drained by right and left renal vein which runs anterior to renal arteries.

During routine dissection of an adult male cadaver in the department of Anatomy, we observed an unusual variation in the blood vessels supplying left kidney.

These variations are due to persistence of embryonic vessels.

Though variations in the renal vessels are common, proper knowledge of variations is essential not only to the anatomists but also for the clinicians and to perform surgical and radiological procedures more safely and efficiently.

Keywords: Kidney, Renal artery, Renal vein.

Introduction:

The renal arteries are large, paired arteries which takes origin from the lateral aspect of aorta at the level of upper part of L2 second lumbar vertebra little below the origin of superior mesenteric artery. The left renal artery (LRA) is usually little higher than right one, it passes posterior to left renal vein (LRV) and then enters left kidney (LK)^{1,2}.

Both the renal veins are normally located anterior to renal arteries and the LRV which is longer compared to right renal vein opens into the inferior vena cava (IVC) which passes anterior to abdominal aorta^{1,2}. About 30% of the population has accessory renal arteries^{3,4}.

The Retro-aortic left renal vein (RALRV) is a rare and important variation related to the developmental process.

The knowledge about these variations is not only of academic interest but may also be of practical importance for radiologists & surgeons. In the present day, where hi-tech medical facilities are available there

is an increase in interventional radiological procedures, urological and vascular operations. In all these cases identification of variations in renal vascular pedicle is very useful for successful outcome.

Case report:

During the routine dissection of an adult male cadaver for undergraduate students at our college, we observed an unusual variation of double left renal arteries one below the other. The upper left renal artery (LRAU) was higher, wider than the lower left renal artery (LRAL). The calibre of the left renal arteries were smaller compared to the right renal artery (Figure 1). The LRV (Figure 1) crosses the midline by passing posterior to the abdominal aorta (RALRV) to enter IVC. On the right side, the renal artery & vein were normal.

Discussion:

The venous variations are more common in our body compared to variations in the arteries. But it is not true in case of blood vessels of kidney, where arterial variations are quite common⁵. One or two accessory renal arteries are frequently found, more commonly on the left side. They usually arise from the aorta and may come off above or

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Fig 1 : Retroaortic left renal vein with double left renal artery. LK - Left Kidney, LRAU - Left renal artery upper, LRAL - Left renal artery lower, SMA - Superior mesenteric artery, RRA - Right renal artery, LRV - Left renal vein, IVC - Inferior vena cava.

Fig 2 : Showing changing position Kidney and artery along with it. AA - Abdominal aorta. CIA - Common iliac artery. 1 - Kidney at 5th week 2 - Kidney at 6th week 3 - Kidney at 7th week

Fig 3 : Showing renal collar in the embryonic period. 1 - Aorta 2 - Inferior cardinal vein 3 - Subcardinal vein. 4 - Supracardinal vein. 5 - Subcentral vein. 7 - Mesonephros

below the main artery, the former being the more common position. Instead of entering the kidney at the hilus, they usually pierce the upper or lower part of the organ³. Studies show that there is more than one renal artery in 15% & 20% of cases on the right and left sides respectively⁶. Abnormalities of renal artery are due to changing position of kidney as a part of its development (Figure 2). The development of kidney begins in pelvic cavity and it then ascends to lumbar region. When they are in pelvic cavity they are supplied by internal iliac artery or common iliac artery. When they reach the lumbar region their arterial supply also shifts from common iliac to abdominal aorta. Thus, the knowledge of development of renal vasculature is essential in order to understand the possibilities of multiple anomalies and variations in renal arteries^{4,7,8}.

The different origins of renal arteries and frequent variations are explained by the development of mesonephric arteries⁵. The renal artery may arise from the bifurcation of the aorta or from the common iliac, internal iliac, or inferior mesenteric artery. The branches of the renal artery may perforate the substance of the kidneys instead of entering from the hilus (so called accessory branches). The accessory renal arteries vary in size and are generally derived from the aorta⁹.

The presence of accessory renal arteries can be explained embryologically as persistent lateral splanchnic branches of abdominal aorta during ascent of kidney from groin to loin¹⁰. Supernumerary renal arteries vary in number from two to four, rarely, five or six, arranged either unilaterally or bilaterally. A single renal artery on one side and multiple (two, three, or four) renal arteries on the other is not unusual⁵. Jigna K Parmar found 16.66% accessory renal arteries on left side¹¹ and Neelesh Kanaskar found that there were two additional renal arteries supplying the right kidney in addition to normal renal artery⁷. The reported incidence of additional renal arteries has a wide range between 8.7% and 75.7%¹².

Erol Sener reported a case where both the arterial trunks arise from aorta, which then bifurcated to form upper two

renal arteries. The third renal artery directly arises from aorta in lower position on both sides⁹. Satheesha Nayak reports an extra inferior polar artery on left side¹³. The radiological study conducted on 855 patients reports that about 12% of the patients having double renal arteries on the left side^{5,14}.

The RALRV anomaly is a relatively uncommon condition⁵. The cardinal veins form the main channel of venous drainage in initial stage of developing embryo. During the 5th to 7th week, paired longitudinal channels, the subcardinal, the supracardinal veins appear by the sides of the posterior cardinal veins^{15,16,17}. Later, the sub-central and azygos venous lines will be formed¹⁷. These veins will form anastomotic channel around dorsal aorta called renal collar^{3,15,16,17}. Due to the persistence of dorsal limb of circum-aortic collar (Figure 3) and disappearance of pre-aortic segment of renal collar will lead to RALRV^{4,5,10}.

The precaval renal artery is a rare variation, the reported prevalence being 0.8%¹⁸. Satyapal et al, reported 0.5% of RALRV in 1008 cases¹⁹. Praveen kumar M also found a case

on RALRV out of 30 specimens studied⁴. The CT study in 433 cases reveals 1.8% RALRV by Reed et al., and Trigaux et al., conducted CT study of 1014 cases and found 3.7% of RALRV cases⁵.

Recent reports have associated renal vascular anomaly with galactosemia^{7,20}. But here we do not have any medical records to comment. It is important to be aware that accessory renal arteries are end arteries; therefore if an accessory artery is damaged, the part of kidney supplied by it is likely to become ischaemic^{4,8}.

Conclusion:

These kind of multiple variations may remain silent clinically and unnoticed until discovered during operation, radiological investigation or during an autopsy. To the transplant surgeon and any surgery involving retroperitoneal region morphology of the renal vessels acquires a special significance, since variations and anomalies may greatly influence the technical feasibility of the operation. So the knowledge about these kinds of variations is very useful.

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