Impact of Faculty Development Program on Teachers' Development

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Faculty development programs (FDPs) are an important prerequisite for continuous, longitudinal professional growth of the faculty. Development refers to change in an individual over a period of time and faculty development has been referred to as “any endeavor designed to improve faculty performance in all aspects of their professional lives - as scholars, advisers, academic leaders, and contributors to institutional decisions.”¹

Need for faculty development may be driven by institutional policies, self-perceived need, demand by the students' need, or a change in educational policies. Faculty development brings about a change in the institute while bringing in the necessary innovations, paradigm shifts and change in the curriculum, teaching, assessment and evaluation programs in any institution.

“Impact” as a term is often used in professional development literature to denote goals and achievements of a number of activities. Most evaluations of FDPs are limited to immediate vicinity of the program, including participant satisfaction, short-term gain in knowledge, application of the newly acquired skills and effects on student learning. The long-term studies of the impact have been sparse. Current perspective has been planned with an objective to highlight reported long-term effects of FDPs.

Articles were extracted by using “impact of faculty development programs,” “long-term effects of faculty development programs,” and “effectiveness of faculty development programs” as search keywords in PubMed and Science Direct search engines. Limitations applied were articles after 2001, English language, and free full review and research articles. Duplicates were removed, and studies with same outcome were screened and excluded. Nine articles were used for designing this perspective (► Fig. 1).

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As change in the teaching practices is the most obvious and easiest to evaluate effect of FDPs, most of the research is directed toward the same. Changes in the knowledge, skills and attitudes of teachers have been reported following participation in FDPs. Some of these changes include self-reported knowledge and use of educational terms before and after participation, retrospective pre- and post-ratings of knowledge and skills, ratings of self-efficacy in teaching specific content areas, teacher behavior during group discussions, as well as behavioral changes documented using video recordings of teaching sessions.² Other reported effects on teaching practices included reflection on current teaching, use of new teaching strategies, increase in confidence about teaching, and a more student-centered approach to teaching.³

Fig. 1 Methodology for extraction and inclusion of studies.

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Fig. 2 Impact of faculty development programs.

Some studies have reported long-term effects (► **Fig. 2**) like increase in publications and educational scholarships, promotions and acquiring leadership positions, selection for higher studies, and development of new curriculum.⁴ Changes in institutional practice like establishing new programs, influencing policy at local- and state-levels have also been reported.⁵ Other reported subjective impact of FDPs include transformation from “individualism to community of practice,” paradigm shift to workplace-based teaching and assessment, and inculcating humanistic teaching and role modeling.⁶⁻⁸

Although the impact of any FDP will depend upon the intended outcomes, area of focus, methodology adopted, target audience, and availability of support system for transfer of training; all FDPs contribute significantly in enhancing faculty self-efficacy and professional competence. Effect size as significant as 0.56 to 0.73 has been reported.^{9,10} Its imperative to underscore that faculty development is crucial for improving the quality of education and, ultimately, the health status of the society.

Conflict of Interest

None declared.

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