

Water pressure method for duodenal endoscopic submucosal dissection

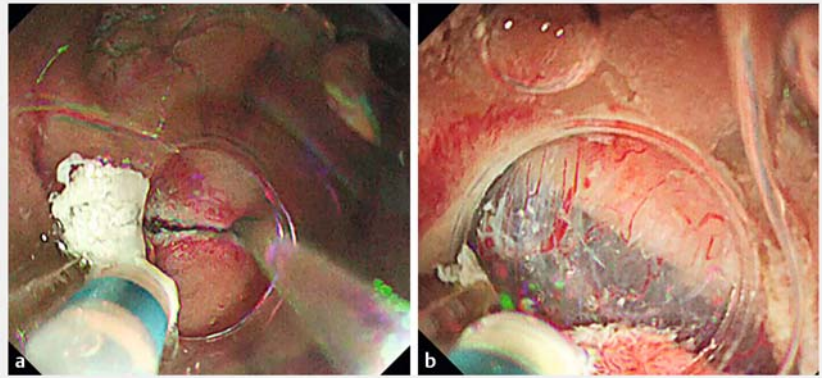
Duodenal endoscopic submucosal dissection (ESD) is difficult due to insufficient mucosal elevation, because of the coarse submucosal layer [1]. We report on the “water pressure method” for duodenal ESD.

We perform duodenal ESD with a small-caliber-tip transparent (ST) hood and DualKnife[®] (Olympus, Tokyo, Japan). Insertion of the ST hood under the mucosal flap is a crucial step, as it provides good countertraction to the submucosal layer and good visualization of the operative field. Water pressure by waterjet function of the endoscope helps insertion of the ST hood under the mucosal flap (► **Fig. 1**; ► **Video 1**). Normal saline with a minimum amount of dimethicone is used for the waterjet, rather than water, because normal saline includes electrolytes. With carbon dioxide insufflation, the visual field at the tip of ST hood is small and far. However, water immersion increases the visual field and acts as a magnifier (► **Fig. 2**). This improved visualization allows the tissue to be cut more precisely. In conclusion, the “water pressure method” is simple and useful for duodenal ESD.

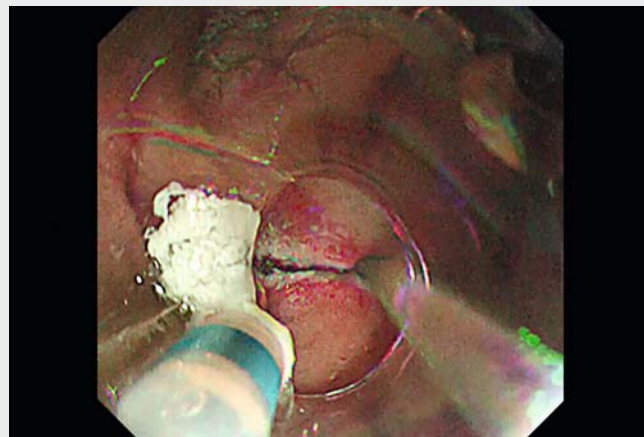
Endoscopy_UCTN_Code_TTT_1AO_2AG

Competing interests

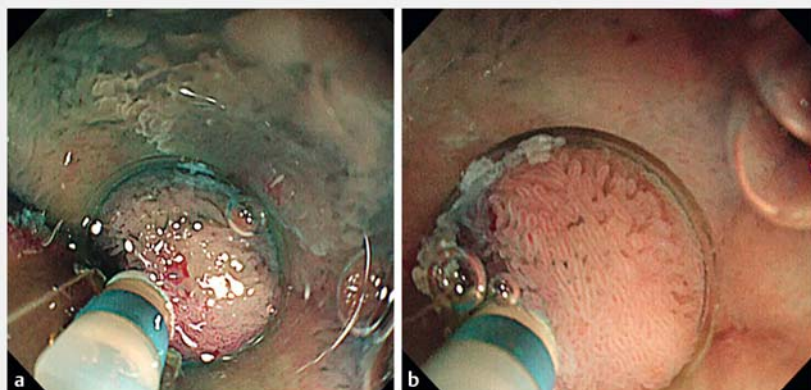
None



► **Fig. 1** The water pressure method for duodenal endoscopic submucosal dissection (ESD). **a** ESD was performed with a small-caliber-tip transparent (ST) hood and DualKnife[®] (Olympus, Tokyo, Japan). The waterjet function of the endoscope was used. **b** The water pressure helps insertion of the ST hood under the mucosal flap.



► **Video 1** The water pressure method for duodenal endoscopic submucosal dissection (ESD). ESD was performed with a small-caliber-tip transparent (ST) hood and DualKnife[®] (Olympus, Tokyo, Japan). The water pressure helps insertion of the hood under the mucosal flap. Water immersion increases the visual field and acts as a magnifier.



► **Fig. 2** Water immersion during duodenal endoscopic submucosal dissection. **a** With carbon dioxide insufflation, the visual field at the tip of the small-caliber-tip transparent hood is small and far. **b** Water immersion increases the visual field and acts as a magnifier.

The Authors

**Naohisa Yahagi¹, Toshihiro Nishizawa^{1,2,3},
Motoki Sasaki¹, Yasutoshi Ochiai¹, Toshio
Uraoka^{1,3}**

- 1 Division of Research and Development for Minimally Invasive Treatment, Cancer Center, Keio University School of Medicine, Tokyo, Japan
- 2 Department of Gastroenterology and Hepatology, Keio University School of Medicine, Tokyo, Japan
- 3 Department of Gastroenterology, National Hospital Organization, Tokyo Medical Center, Tokyo, Japan

Corresponding author

Naohisa Yahagi, MD, PhD

Division of Research and Development for Minimally Invasive Treatment, Cancer Center, Keio University School of Medicine, 35 Shinanomachi, Shinjuku-ku, Tokyo 160-8582, Japan
Fax: 81-3-53633967
yahagi-ky@umin.ac.jp

Reference

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Bibliography

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