Large-Bowel Obstruction Secondary to Localized Rectal Giant Pseudopolyposis Complicating Ulcerative Colitis: First Reported Case

UCTN

Localized giant pseudopolyposis is a rare complication of ulcerative colitis and Crohn's disease [1]. However, the formation of pseudopolyps in ulcerative colitis, is more common. Incidence rates reported vary from 12.5% to 74% [2,3].

A 68-year-old man with a 25-year history of pancolonic quiescent ulcerative colitis presented with acute large bowel obstruction. Preceding this, he had a 4-month history of tenesmus, progressive "constipation" and mucoid discharge per rectum. Endoscopic views revealed almost complete luminal obstruction, with a large polypoid lesion high in the rectum (Figure 1). The colonoscopy could be completed only by using a paediatric colonoscope. Multiple pseudopolypoid lesions of the left and transverse hemicolon were observed (Figure 2), along with the macroscopic mucosal changes to the caecum associated with chronic ulcerative colitis. Figure 3 shows the high-resolution magnification chromoscopy appearance of the rectal lesion following chromoscopic enhancement with 2% indigo carmine solution (CF240ZI magnification endoscope; Olympus, Hamburg, Germany). Type II and III crypt foci [4] or pit patterns are clearly demonstrable with a clear mucosal interface margin. The histological

findings (reported by two independent histopathologists), following combined endoscopic piecemeal and mucosal resection, were compatible with giant pseudopolyposis.

To our knowledge, this case represents the first report of a rectal giant pseudopolyp complicating ulcerative colitis. Additionally, the macroscopic appearances challenge the classical description of such lesions, which have previously been reported as predominantly frond-like, or villous aggregates [1,5].

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Figure 1 Obstructing giant pseudopolyp of the rectum complicating long-standing pancolonic ulcerative colitis.

Figure 2 A further pseudopolypoid lesion in the transverse colon. Multiple pseudopolypoid lesions were present throughout the left and transverse hemicolon. Complete loss of the normal vascular architecture is noted additionally, in keeping with quiescent ulcerative colitis.

Figure 3 High-magnification (×80) image of rectal giant pseudopolyp following chromoscopic enhancement with 2% indigo carmine wash. Type II and III crypt foci are evident.