Common Bile Duct Stone Formation Induced by Tomato Skin Following Endoscopic Sphincterotomy

An 83-year-old female patient with a previous history of cholecystectomy was referred to our Department of Surgery complaining of epigastric pain and obstructive jaundice. Endoscopic retrograde cholangiography (ERC) revealed common bile duct (CBD) stones, which were completely removed after endoscopic sphincterotomy. One year later, the patient was readmitted due to severe abdominal pain in the right subcostal region. ERC showed a normal cholangiogram, a narrowed orifice (5 mm) of the papilla of Vater, as well as two stones and three foreign bodies (40×2–3 mm) in the CBD (Figure 1). Extension of the sphincterotomy to 8 mm was performed, and the foreign bodies were extracted together with the stones (Figure 2). The macroscopic and microscopic examination of the foreign bodies proved that they were tomato skins. The patient reported that she had been regularly consuming tomatoes.

Since the first application of endoscopic sphincterotomy in 1973 (1, 2) it has become an established treatment modality for biliary tract diseases such as CBD stones. Following cholecystectomy, formation of common bile duct stones can occur due to various factors, such as the presence of bile duct anastomoses, ampullary stenosis, and lithogenesis of the bile (3), but they can also be induced by surgical material, especially in conjunction with cholestasis and consequent bile infection. Similarly, stone formation can follow other interventions, such as EST or iatrogenic choledochoduodenal fistulas. Foreign bodies can enter the CBD via a wide sphincterotomy, as probably happened in our case, or through the fistulas of the extrahepatic bile ducts, to induce stone formation (4). We speculate that the symptoms in our case coincided with restenosis of the papilla leading to impaired bile flow.

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Figure 1: ERC showing foreign bodies of different lengths in the CBD. The stones, which were also extracted after EST, are behind the endoscope.

Figure 2: The extracted foreign bodies.

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