

Push-out bond strength of different mineral trioxide aggregates

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ABSTRACT

Objective: This study was aimed to evaluate and to compare the push-out bond strength of different brands of mineral trioxide aggregate (MTA) with a calcium enriched mixture cement (CEM). **Materials and Methods:** Fifteen extracted, single-rooted human teeth were used. The middle-third of the roots were sliced perpendicular to the long axis into 1.00 ± 0.05 mm thick serial slices ($15 \text{ root} \times 4 \text{ slice} = 60 \text{ specimen}$). The specimens were then divided into three groups ($n = 20$). The standardized root discs were filled with white CEM, ProRoot MTA, MTA-Angelus and wrapped in a serum-soaked gauze. After 3 days at relative humidity, the push-out bond strengths were measured with a universal testing machine. Data were analyzed using one-way analysis of variance and *post hoc* Tukey tests. **Results:** The mean push-out bond strength value of the ProRoot MTA group (12.7 ± 2.5 MPa) was the highest and statistically significant difference was recorded between ProRoot MTA and other groups ($P < 0.001$). There was no significant difference between the mean bond strength of CEM cement (4.6 ± 1.1 MPa) and MTA-Angelus (4.5 ± 1.5 MPa) ($P = 0.982$). **Conclusion:** The push-out bond strength of MTA was changed with the brands and ProRoot MTA had the highest push-out bond strength.

Key words: Calcium enriched mixture cement, mineral trioxide aggregate-angelus, ProRoot mineral trioxide aggregate, push-out bond strength

INTRODUCTION

Marginal adaptation and bond strength of root-end filling materials are among crucial factors for endodontic success, because most endodontic failures arise from leakage of irritants into the periapical tissues.^[1-4] Calcium silicate cement, e.g. mineral trioxide aggregate (MTA) is an endodontic cement that is extremely biocompatible, capable of stimulating healing and osteogenesis and has been widely used for pulp capping,^[5] treatment of root perforations,^[6,7] root-end filling material during apical surgery,^[8] orthograde root canal filling before apical surgery,^[9] apical barrier formations on nonvital teeth with open apices,^[10] treatment of large periapical lesion,^[11] and root canal filling material.^[12] Despite the favorable results that support its clinical

use, there are some disadvantages when using calcium silicate cements so new and more useful material need is continuing. MTA-Angelus and calcium enriched mixture (CEM)^[13,14] cement are two of these materials. MTA-Angelus is composed of calcium carbonate, calcium silicate, calcium aluminate, and barium zinc phosphate than conventional MTA, which contribute to improve setting time and workability.^[15,16] Recently, a new calcium silicate cements (CSS) material, CEM cement has been introduced. CEM cement is a new product and contains different chemical components. The major components of the powder are 51.75% wt. calcium oxide (CaO), 9.53% wt. SO_3 , 8.49% wt. P_2O_5 , 6.32% wt. SiO_2 , and minor components are $\text{Al}_2\text{O}_3 > \text{Na}_2\text{O} > \text{MgO} > \text{Cl}$,^[14] CEM has similar clinical uses to MTA as well as similar pH, working time and

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dimensional changes. According to manufacturer description CEM is composed of different chemicals and has the advantage of shorter setting time, increased flow, and decreased film thickness.^[17]

Researches on the physicochemical interaction between MTA-based products and root canal walls indicated that MTA was a bioactive material^[18,19] and appeared to chemically bond to dentin through a diffusion-controlled reaction between its apatitic surface and dentin.^[19,20]

There are various several methods for evaluating the adhesion of dental material to dentin. These are tensile, shear, and push-out strength tests.^[21-24] The push-out test is based on shear stresses, which occur in clinical conditions and can be imitated by this test method.^[25] As the push-out test generates parallel fractures in the interfacial area of the dentin-bonding, it presents a better method to evaluate bond strength than conventional tests.^[26]

Few studies in the literature have evaluated the bond strength of MTA-based materials. ProRoot MTA and MTA-Angelus are the preferred products on the market, whereas CEM cement^[13] is a new product and contains different chemical components. In the light of these information's the aim of this study was to evaluate and compare the push-out bond strengths of ProRoot MTA, MTA-Angelus, and CEM cement.

MATERIALS AND METHODS

Preparation of specimens

Fifteen single-rooted, freshly extracted human teeth with mature apices were selected for this study. The middle-third of the roots were sectioned perpendicular to the long axis into 1.00 ± 0.05 mm thick serial slices (15 root \times 4 slice = 60 specimen) using a water-cooled diamond blade on a cutting machine (Isomet, Buhler, Lake Bluff, NY, USA). The root slices were drilled with post drills (Exacto, Angelus, Londrina, PR, Brazil) perpendicular to the root slice to obtain 1.3-mm diameter standardized cavities. The specimens were then randomly divided into three groups ($n = 20$). The standardized root slices were filled with white ProRoot MTA (Dentsply/Tulsa Dental, Tulsa, OK, USA-04.2015, lot12001879), MTA-Angelus (Angelus, Londrina, PR, Brazil-04.2014, lot 17975), and CEM (BioniqueDent, Tehran, Iran-01.2014, lot C100501) cement. The specimens wrapped in pieces

of gauze soaked in serum and were kept for 3 days at 37°C to set.

Each group was placed in a separate closed plastic container. Saline-soaked pieces of jaconet were replaced daily to maintain a sufficient moist environment within the closed plastic container.

Push-out test

The push-out bond strengths were measured using a universal testing machine (Instron, Norwood, USA). The fillings were loaded with a 1-mm diameter cylindrical stainless steel plunger at a speed of 1 mm/min [Figure 1]. When dislodgement occurred, the maximum load applied to the fillings was recorded in Newtons. The recorded value was converted to Mpa using the following formula: $\text{Newtons} / (2 \pi r h)$, where P is the constant π , r is the root canal radius, and h is the thickness of the root slice in millimeters.

The slices were then examined under a light microscope at $\times 25$ magnification to determine the mode of the bond failure. Each sample was recorded in one of three failure modes: Adhesive failure that occurred at the cement and dentin interface, cohesive failure that occurred within the cement, and mixed failure. Data were analyzed using one-way analysis of variance (ANOVA) and *post hoc* Tukey tests. The differences between modes of failure were analyzed using Fisher's exact test.

RESULTS

One-way ANOVA test showed significant differences between the groups ($P < 0.001$). Mean bond strengths and standard deviations of groups were: 12.7 ± 2.5 for ProRoot MTA, 4.6 ± 1.1 for CEM cement, and 4.5 ± 1.5 for MTA-Angelus [Table 1]. The mean push-out bond strength value of the ProRoot MTA group was a higher than the other groups ($P < 0.001$). There was no significant difference between the mean bond strength of the CEM cement and MTA-Angelus ($P = 0.982$) [Figure 2]. Fisher's exact test revealed that the bond failure modes were not significantly different for all experimental groups ($P > 0.001$).

Table 1: Means and SD of groups

Groups	<i>n</i>	Mean (MPa)	SD
ProRoot MTA	20	12.7 ^a	2.5
Angelus MTA	20	4.5 ^b	1.5
CEM cement	20	4.6 ^b	1.1

Different superscript letters means significant difference between two groups, SD: Standard deviation, MTA: Mineral trioxide aggregate, CEM: Calcium enriched mixture, ^{a,b}: statistically significant difference between the means of two groups.

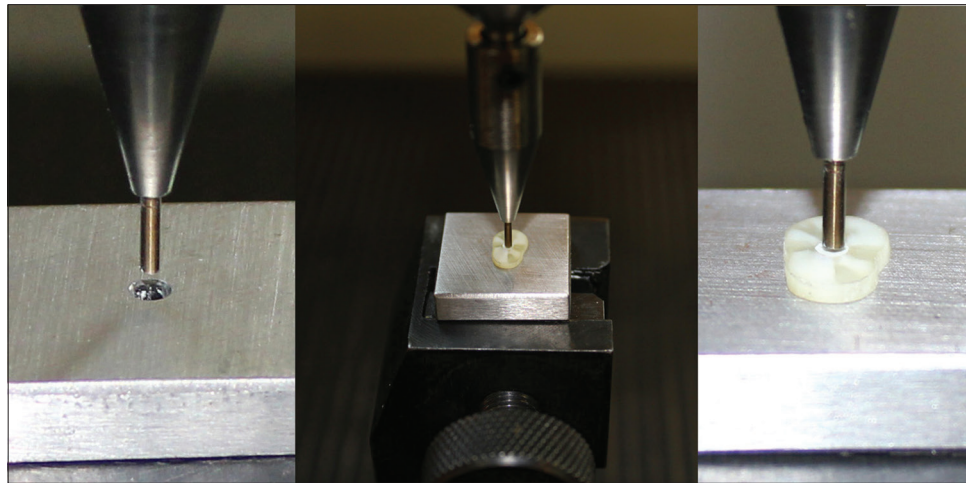


Figure 1: Push-out test design

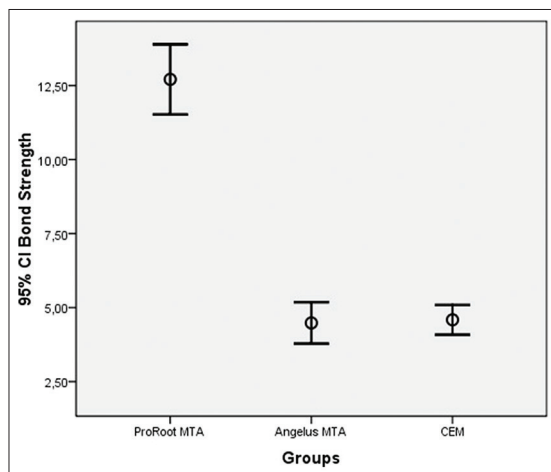


Figure 2: Error bar chart of the group means with the 95% confidence interval

DISCUSSION

An ideal orthograde or retrograde filling material should seal to the root-end cavity wall and surrounding tissue, be able to prevent bacterial leakage from the periradicular tissues, and resist dislodging forces. MTA possesses most of these properties, and is the “golden” standard for root-end filling^[27] and perforation repair material due to its sealing ability.^[28] In addition, bond strength of MTA is important, as normal tooth functioning can dislodge the material. Although, there are various methods to evaluate the adhesion of MTA, the push-out test gives efficient and reliable results.^[29] In our study, the push-out test method was used to test the bond strength of the materials.

Moistening MTA during setting is particularly important.^[30] MTA has greater comprehensive strength

when kept in a moist environment for 2-7 days, rather than only 4 h.^[15] In addition, the retention characteristic and push-out strength of MTA increases by the time if kept under moist conditions.^[30] And also moistening of MTA at least the first 3 days is more important for dislodging forces.^[30] We incubated all samples in a moist environment for 72 h.

In the present study, the push-out strength of three brands of white MTA was evaluated for the first time. The analysis of the mean push-out strength values of each brand revealed that there were significant differences between the groups ($P < 0.001$). In this study, the ProRoot MTA group showed the highest bond strength among groups.

The setting reaction of MTA requires wet environment.^[31] The sealing ability of MTA may be raised by its bioactivity and apatite-formation capacity.^[31] Gandolfi *et al.*^[32] demonstrated that the kinetics of the apatite-formation on MTA cements when in contact with P-containing fluids and that such property is improved if the cement contains phosphorous.^[32] Alpha-tricalcium phosphate (TCP) improves the apatite-formation ability of calcium silicate hydraulic cement soaked in phosphate solutions.^[33]

It has been demonstrated that the presence of phosphorous in MTA cements improve the ability to form apatite.^[32] However, the phosphorus is 0.22% in MTA, 8.52% in CEM.^[14] We might say the phosphorus is lower in MTA than CEM. And also fluoride delays the setting time, increases the expansion and adhesion of MTA.^[31,34] These components may be related to the increase of the push-out bond strength of the ProRoot MTA.

Mineral trioxide aggregate cements, which are used as root-end filling materials, are directly in contact with alveolar bone.^[31] The osteoconductive activity is important for new bone tissue formation.^[35] Sodium fluoride was introduced into the formulation of MTA cements to improve their biological behavior due to its good biological activity on osteoblast cells.^[31] It has been demonstrated that the presence of fluoride in MTA cements improves the expansion of MTA cements^[31,34] and that the presence of phosphorous improves the ability to form apatite.^[32] Alpha-TCP improves the apatite-formation ability of calcium silicate hydraulic cement soaked in phosphate solutions.^[33]

It is important to understand that the physical and chemical components in MTA can adversely affect setting time and the compressive strength of the material.^[36,37] ProRoot MTA contains tricalcium silicate, bismuth oxide (Bi_2O_3), dicalcium silicate, tricalcium aluminate, tetracalcium aluminoferrite, and calcium sulfate dihydrate. MTA-Angelus contains 80% Portland cement and 20% Bi_2O_3 . MTA-Angelus does not contain calcium sulfate, TiO_2 , P_2O_5 , FeO. The results of the MTA-Angelus were found lower than ProRoot MTA in the present study. It might be explained by some distribution differences between the heavy metals content of two materials [Table 2].^[38] It should be studied with other studies with environmental scanning electron microscopy with energy dispersive X-ray and micro-Raman spectroscopy before clinical application.

Calcium enriched mixture cement contains CaO, calcium phosphate, calcium carbonate, calcium silicate, calcium sulfate, calcium hydroxide, and

calcium chloride. Asgary *et al.*^[14] compared the main components of ProRoot MTA with CEM cement and found the proportion of the ingredients was different and TiO_2 and Bi_2O_3 was not detected in CEM. And also the predominant elements of ProRoot MTA were calcium, silicon, and bismuth but the predominant elements of CEM cement were calcium, sulfur, phosphorus, and silicon.^[14] They indicated that CEM has similar clinical applications as MTAs, but different chemical compositions and distribution.^[14] These chemical compositions and distribution difference between CEM and MTA might explain the result of the difference between CEM cement and ProRoot MTA in this study.

CONCLUSION

ProRoot MTA had higher push-out bond strength than MTA-Angelus and CEM cement.

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Table 2: Composition of ProRoot MTA, MTA-Angelus and CEM cement

Materials	ProRoot MTA (%)	MTA-Angelus (%)	CEM cement (%)
CaO	44.16	49.20	51.75
SiO ₂	21.25	18.58	6.32
Bi ₂ O ₃	16.13	8.26	ND
Al ₂ O ₃	1.87	4.48	0.93
MgO	1.36	0.64	0.24
FeO	0.39	ND	ND
SO ₃	0.55	0.19	9.53
P ₂ O ₅	0.27	ND	8.49
TiO ₂	0.09	ND	ND
Na ₂ O	0.03	1.32	0.34
Cl	0.39	0.51	0.21
H ₂ O and CO ₂	13.51	16.82	22.19

MTA: Mineral trioxide aggregate, CEM: Calcium enriched mixture, ND: Not detected

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