<table>
<thead>
<tr>
<th>Demographic of respondent</th>
<th>Model 3: Reluctant vs. Neutral or Willing (n = 1024), Odds ratio (95% CI)</th>
<th>Model 4: Reluctant or Neutral vs. Willing (n = 1024), Odds ratio (95% CI)</th>
<th>Ordinal Logistic Regression (n = 1024), Odds ratio (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>1.59 (1.17 – 2.17)$^2$</td>
<td>1.36 (1.05 – 1.77)$^1$</td>
<td>1.43 (1.12 – 1.84)$^2$</td>
</tr>
<tr>
<td>Age, years (reference = 16 – 39)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• 40 – 59</td>
<td>0.98 (0.60 – 1.60)</td>
<td>0.75 (0.49 – 1.15)</td>
<td>0.82 (0.56 – 1.22)</td>
</tr>
<tr>
<td>• 60 – 91</td>
<td>1.09 (0.65 – 1.83)</td>
<td>0.89 (0.57 – 1.39)</td>
<td>0.96 (0.63 – 1.44)</td>
</tr>
<tr>
<td>Married</td>
<td>0.96 (0.68 – 1.36)</td>
<td>0.98 (0.72 – 1.31)</td>
<td>0.94 (0.72 – 1.25)</td>
</tr>
<tr>
<td>Post-secondary education</td>
<td>1.13 (0.82 – 1.56)</td>
<td>0.82 (0.62 – 1.08)</td>
<td>0.92 (0.71 – 1.18)</td>
</tr>
<tr>
<td>Prep information received and anxiety of respondent</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of previous colonoscopies$^1$</td>
<td>1.18 (1.06 – 1.32)$^2$</td>
<td>1.13 (1.03 – 1.24)$^1$</td>
<td>1.14 (1.05 – 1.25)$^2$</td>
</tr>
<tr>
<td>Received “Right” amount of prep info</td>
<td>0.93 (0.67 – 1.28)</td>
<td>0.97 (0.74 – 1.29)</td>
<td>0.95 (0.73 – 1.23)</td>
</tr>
<tr>
<td>Bowel prep information was unclear$^4$</td>
<td>1.77 (1.20 – 2.61)$^2$</td>
<td>1.52 (1.06 – 2.19)$^1$</td>
<td>1.62 (1.17 – 2.26)$^2$</td>
</tr>
<tr>
<td>Bowel preparation anxiety score &gt; 70</td>
<td>2.09 (1.45 – 3.02)$^2$</td>
<td>1.48 (1.04 – 2.12)$^1$</td>
<td>1.78 (1.28 – 2.48)$^2$</td>
</tr>
<tr>
<td>Scope procedure anxiety score &gt; 70</td>
<td>1.14 (0.81 – 1.62)</td>
<td>1.17 (0.86 – 1.59)</td>
<td>1.13 (0.85 – 1.51)</td>
</tr>
<tr>
<td>Scope results anxiety score &gt; 70</td>
<td>0.98 (0.69 – 1.39)</td>
<td>0.92 (0.68 – 1.25)</td>
<td>0.94 (0.71 – 1.25)</td>
</tr>
<tr>
<td>Details of respondent’s current colonoscopy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose is symptoms</td>
<td>1.47 (1.07 – 2.01)$^1$</td>
<td>1.07 (0.82 – 1.40)</td>
<td>1.18 (0.92 – 1.51)</td>
</tr>
<tr>
<td>Appointment is after 1200h</td>
<td>0.83 (0.59 – 1.17)</td>
<td>1.10 (0.82 – 1.47)</td>
<td>1.01 (0.77 – 1.33)</td>
</tr>
<tr>
<td>Type of laxative is 4L of PEG</td>
<td>1.51 (1.08 – 2.10)$^1$</td>
<td>1.20 (0.90 – 1.59)</td>
<td>1.30 (0.99 – 1.71)</td>
</tr>
<tr>
<td>Adjunctive agent in laxative</td>
<td>0.95 (0.70 – 1.28)</td>
<td>0.99 (0.76 – 1.29)</td>
<td>0.98 (0.77 – 1.25)</td>
</tr>
<tr>
<td>Direct to scope</td>
<td>0.91 (0.67 – 1.23)</td>
<td>1.02 (0.78 – 1.33)</td>
<td>0.97 (0.76 – 1.24)</td>
</tr>
<tr>
<td>No split bowel preparation</td>
<td>1.75 (1.20 – 2.56)$^2$</td>
<td>1.73 (1.26 – 2.38)$^2$</td>
<td>1.75 (1.29 – 2.36)$^2$</td>
</tr>
<tr>
<td>Did not finished laxative</td>
<td>1.26 (0.81 – 1.98)</td>
<td>1.80 (1.17 – 2.76)$^2$</td>
<td>1.55 (1.06 – 2.27)$^1$</td>
</tr>
</tbody>
</table>

$^1$ P value < 0.05.

$^2$ P value < 0.01.

$^3$ Odds ratio (OR) is per previous colonoscopy.

$^4$ This refers to people who stated that the information they received was either “somewhat clear” or “confusing”, as opposed to “clear”.

**Supplementary Table 1** Assessment of ordinal logistic regression in predicting degree of reluctance to undergo early morning bowel preparation.
Supplementary Figure 1: Estimated probability of being reluctant, neutral, or willing to undergo an early morning BP for next colonoscopy among: (A) women, and (B) men

Data for the following figure was extracted from the ordinal logistic regression model (Supplementary Table 1) with one change: we have included the anxiety about bowel preparation in its original continuous form, rather than as a categorical variable. Log odds from the model were transformed into probabilities. The estimates are among the reference group for all independent variables except those specified in the figure. That is: youngest age group, not married, no post-secondary education, indication for current colonoscopies is not symptoms, respondent did not feel that he/she received the right amount of bowel prep information, scope procedure anxiety score < 70, scope results anxiety score < 70, time of colonoscopy appointment earlier than 12:00, no 4 litre PEG, no adjunctive agent, not direct to scope.
A. Women

1. Clear prep info, split bowel prep, finished laxative
2. Clear prep info, split bowel prep, unfinished laxative
3. Clear prep info, no split bowel prep, finished laxative
4. Clear prep info, no split bowel prep, unfinished laxative
5. Unclear prep info, split bowel prep, finished laxative
6. Unclear prep info, split bowel prep, unfinished laxative
7. Unclear prep info, no split bowel prep, finished laxative
8. Unclear prep info, no split bowel prep, unfinished laxative

Bowel Prep Anxiety Score

- Reluctant
- Neutral
- Willing
B. Men

1. Clear prep info, split bowel prep, finished laxative
2. Clear prep info, split bowel prep, unfinished laxative
3. Clear prep info, no split bowel prep, finished laxative
4. Clear prep info, no split bowel prep, unfinished laxative
5. Unclear prep info, split bowel prep, finished laxative
6. Unclear prep info, split bowel prep, unfinished laxative
7. Unclear prep info, no split bowel prep, finished laxative
8. Unclear prep info, no split bowel prep, unfinished laxative

Bowel Prep Anxiety Score

- [ ] Reluctant
- [ ] Neutral
- [ ] Willing
INSTRUCTIONS FOR COMPLETING THE SURVEY

Please answer all questions to the best of your ability. Please mark your answers completely as shown below.

1. Are you having a colonoscopy **today**?  O Yes  O No

   **IF NO COLONOSCOPY TODAY, PLEASE RETURN THE QUESTIONNAIRE**

2. What is/are the reason(s) for the colonoscopy test **today**? (select **all** answers that apply)
   
   O No symptoms. Test done as a preventative test to screen for colon cancer and/or polyps
   O Family member(s) with colon cancer
   O Family member(s) with colon polyps
   O I had colon cancer in the past
   O I had one or more colon polyps in the past
   O Positive fecal occult blood test (abnormal stool card test)
   O Diarrhea
   O Constipation
   O Abdominal pain
   O Rectal bleeding
   O Regular check-up because of inflammatory bowel disease, ulcerative colitis, or Crohn's disease
   O Abnormal X-ray / CAT scan/MRI
   O Losing weight
   O Anemia (low blood count)
   O My doctor wants to determine if I might have Crohn’s disease or ulcerative colitis.
   O Losing control of my bowels involuntarily (incontinence)
   O Unsure of reason
   O Other (specify below):


3. Where are you having your colonoscopy today?

- Health Sciences Centre
- St Boniface Hospital
- Victoria Hospital
- Seven Oaks Hospital
- Concordia Hospital
- Grace Hospital
- NOT AT A HOSPITAL—private doctor’s office

4. How many colonoscopies have you had before this one today?

- None (No Previous Colonoscopy) (PLEASE SKIP TO QUESTION 8)
- One
- Two
- Three
- Four
- Five or more

5. When did you have the last colonoscopy before this one today?

- Within the past year
- One to two years ago
- More than 2 years but less or equal to 5 years ago
- More than 5 years but less or equal to 10 years ago
- More than 10 years ago

6. When you had the last colonoscopy, how much information did you receive afterward (at any time) about the results of the colonoscopy?

- None (PLEASE SKIP TO QUESTION 8)
- A little
- A moderate amount
- Just the right amount
- Too much
- Don’t recall

7. Who did you receive the results of your last colonoscopy from? (Select all that apply)

- The doctor doing the endoscopy
- Your family doctor
- A nurse
- Nurse practitioner
- Another person – please specify: ___________________________________________
8. Which bowel preparation did you use for the colonoscopy today? (Please mark all that apply)

- Pico-Salax® liquid
- Peg-lyte® liquid
- Go-LYTELY® liquid
- CoLyte® liquid
- Dulcolax tablets
- Dulcolax suppository
- Other (Please specify): ________________________________
- Not sure

9. When did you take the LIQUID bowel preparation medicine (NOT THE TABLET FORM) to clean your bowel for the colonoscopy today?

- All of it the day before colonoscopy
- Half of it the day before colonoscopy and half on the day of the colonoscopy
- All of it on the day of colonoscopy
- Other (Please specify): ________________________________

10. Many people find it difficult to drink all of the laxative (the preparation medicine) recommended as there is so much liquid to take in and/or because of the taste. How much of the laxative were you able to finish?

- None of it
- About a quarter of it
- About half of it
- About three-quarters of it
- All of it

11. How were you able to follow the instructions for bowel preparation (cleaning your bowels)?

- Very well
- Well
- Poorly
- Very poorly

12. What time was your colonoscopy booked for today?

- Before 10 in the morning
- 10-12 in the morning
- After noon (after 12)

13. Did you have an appointment with the doctor performing the colonoscopy any time before today?

- No, not before today (PLEASE SKIP TO QUESTION 15)
- Yes
IF YES, when was the appointment?

O Within the last month
O More than one month, but less than six months before today’s test
O Six months to one year before today’s test
O More than one year before today’s test

14. People receive information about their colonoscopy and bowel preparation in various ways. How much information did you have about today’s colonoscopy from each of the following sources?

<table>
<thead>
<tr>
<th>Source of information</th>
<th>None</th>
<th>A little</th>
<th>A moderate amount</th>
<th>Just the right amount</th>
<th>Too much</th>
<th>Don’t recall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brochure from my family doctor</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Speaking with my family doctor</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Brochure from the doctor doing the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Speaking to the doctor doing the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A phone call from a staff member at the facility where I’m having my colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Information I found on the internet</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Video I found on the internet</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Speaking to friends and family</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Reading material I found in books or magazines</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>

15. How much information did you receive about the following topics before your colonoscopy today?

<table>
<thead>
<tr>
<th>Information topic</th>
<th>None</th>
<th>A little</th>
<th>A moderate amount</th>
<th>Just the right amount</th>
<th>Too much</th>
<th>Don’t recall</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
The reason it was recommended that you have a colonoscopy

Bowel preparation for the colonoscopy

Benefits of colonoscopy

Risks of colonoscopy

What kind of information you might receive after the colonoscopy

16. People are very busy and it might have been difficult to find time to review the written material you received about today’s colonoscopy and bowel preparation. How did you read the material that you received?

O I did not receive written material
O I did not have time to review it
O I skimmed it quickly
O I reviewed most of it
O I reviewed all of it
O I reviewed it more than once

17. How clear or confusing was the information on preparing for colonoscopy that you received before coming in for today’s colonoscopy?

O Very clear
O Clear
O Somewhat clear
O Somewhat confusing
O Confusing
O Very confusing
O Not sure

18. How satisfied or dissatisfied are you with the information you received about today’s colonoscopy?

O Very satisfied
O Satisfied
O Neutral
O Dissatisfied
O Very dissatisfied
19. Thinking about the information patients ought to receive **before their first colonoscopy**, how helpful or unhelpful do you think it would be to receive information in the following ways?

<table>
<thead>
<tr>
<th>Method of receiving information</th>
<th>Very helpful</th>
<th>Helpful</th>
<th>Neither helpful nor unhelpful</th>
<th>Unhelpful</th>
<th>Very unhelpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talking to your family doctor</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A brochure from your family doctor's office</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A brochure from the colonoscopy service</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Meeting ahead of time with the doctor doing the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A phone call and explanation from staff at the colonoscopy service (such as a nurse)</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A video on the web showing a patient going through the colonoscopy procedure that you could watch from your computer or tablet (e.g. YouTube)</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A website where you could find more detailed information about bowel preparation and colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>An app (or application) you could put on your smartphone or tablet that would take you through the procedures required for the bowel preparation</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
20. Which single source of information about colonoscopy and preparation for colonoscopy, do you think would be most helpful before a person’s FIRST colonoscopy? (Please mark ONE only)

- Talking to your family doctor
- A brochure from your family doctor’s office
- A brochure from the colonoscopy service
- Meeting ahead of time with the doctor doing the colonoscopy
- A phone call and explanation from staff at the colonoscopy service (such as a nurse)
- A video on the web showing a patient going through the colonoscopy procedure that you could watch from your computer or tablet (e.g. YouTube)
- A website where you could find more detailed information about bowel preparation and colonoscopy
- An app (or application) you could put on your smartphone or tablet that would take you through the procedures required for the bowel preparation

21. Which single source of information about colonoscopy and preparation for colonoscopy, do you think would be adequate before ANY OTHER colonoscopy you may need – after the first one? (Please mark ONE only)

- Talking to your family doctor
- A brochure from your family doctor’s office
- A brochure from the colonoscopy service
- Meeting ahead of time with the doctor doing the colonoscopy
- A phone call and explanation from staff at the colonoscopy service (such as a nurse)
- A video on the web showing a patient going through the colonoscopy procedure that you could watch from your computer or tablet (e.g. YouTube)
- A website where you could find more detailed information about bowel preparation and colonoscopy
- An app (or application) you could put on your smartphone or tablet that would take you through the procedures required for the bowel preparation

22. How would you feel about getting only a brochure with written instructions for colonoscopy, for any additional colonoscopy in the future? Would you feel:

- Very comfortable
- Comfortable
- Neither comfortable nor uncomfortable
- Uncomfortable
- Very uncomfortable
23. Some results of the colonoscopy can be provided to you immediately after the procedure. More detailed information can take several weeks. How helpful or unhelpful would it be to receive information in the following ways?

<table>
<thead>
<tr>
<th>Method of receiving information about the results of the colonoscopy</th>
<th>Very helpful</th>
<th>Helpful</th>
<th>Neither helpful nor unhelpful</th>
<th>Unhelpful</th>
<th>Very unhelpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visiting and talking to your family doctor about the results</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A phone call from your family doctor's office about the results</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Visiting and talking with the doctor who did the colonoscopy on another day after the test</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A letter from the doctor who did the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A phone call from the colonoscopy service about the results</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>

24. If only one method could be used, which source of more detailed information about colonoscopy results would be MOST acceptable to you? (Please mark ONE only)

- O Visiting and talking to your family doctor about the results
- O A phone call from your family doctor's office about the results
- O Visiting and talking with the doctor who did the colonoscopy on another day after the test
- O A letter from the doctor who did the colonoscopy
- O A phone call from the colonoscopy service about the results
25. REMINDER CONTACTS: Depending on your history and the results of the colonoscopy, it may be recommended that you have a follow up test in one, three, five or ten years. There are different ways of reminding people about follow up tests. How helpful or unhelpful do you think it would be to receive reminders in the following ways?

<table>
<thead>
<tr>
<th>Method of receiving reminders</th>
<th>Very helpful</th>
<th>Helpful</th>
<th>Neither helpful nor unhelpful</th>
<th>Unhelpful</th>
<th>Very unhelpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>A reminder phone call from your family doctor’s office</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A reminder when you visit your family doctor for a regular visit</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A reminder letter from your family doctor’s office</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A reminder letter from the doctor who did the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A reminder letter from a central colonoscopy office that keeps a record of when people need follow up colonoscopies</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A reminder about when the follow up is recommended when you receive the results of the colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A website you could go to and find the recommended time for a follow up colonoscopy</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>An email with appointment information</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>A text message with appointment information</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>

26. The recommended time for any additional colonoscopy could be provided to you when you receive the results of the colonoscopy. Would you be comfortable if you were asked to take responsibility for arranging the follow-up colonoscopy through your family doctor?

O Yes  O No  O Not sure
27. Which would be your most preferred way of being reminded of a follow-up test? (Please mark ONE only)

O I do not need a reminder. I can take responsibility to arrange for future colonoscopy through my family doctor
O A reminder phone call from your family doctor’s office
O A reminder when you visit your family doctor for a regular visit
O A reminder letter from your family doctor’s office
O A reminder letter from the doctor who did the colonoscopy
O A reminder letter from a central colonoscopy office that keeps a record of when people need follow up colonoscopies
O A reminder about when the follow up is recommended when you receive the results of the colonoscopy
O A website you could go to and find the recommended time for a follow up colonoscopy
O A reminder email
O A reminder text message

28. People may be seen more quickly for a colonoscopy (a shorter wait) if they are not required to see the doctor doing the colonoscopy for an appointment before the day of the colonoscopy. How willing or reluctant would you be to go for a colonoscopy if you received information about the test in advance but did not see the doctor doing the test before the day of the test?

O Very willing
O Willing
O Neutral
O Reluctant
O Very reluctant
O Not sure

29. People may be seen more quickly for colonoscopy, if they are willing to see any doctor who performs colonoscopy. What is your preference? (Please mark ONE only)

O I would be happy to see any doctor doing the colonoscopy
O I would be happy to see any doctor doing the colonoscopy, who was selected by my family doctor or nurse practitioner
O I would only want the colonoscopy done by a specific doctor I had heard about
O I would only want the colonoscopy done by a doctor who had done my previous colonoscopy
30. The way patients take the bowel preparation medicine affects how well it works. When the bowel preparation is done well, the test goes more quickly and the results are more accurate. Fewer people have to come back for a repeat test. For those who have colonoscopy in the morning, bowel preparation works well when people start the medicine very early in the morning (around 4 AM) and have the test later that morning (for example after 8 AM.) We realize it is challenging for people to get up to start the test so early. How difficult would it be for you to do the test this way (getting up and starting the medicine at 4 AM)?

- Very difficult
- Difficult
- Neutral
- Not too difficult
- Not difficult at all

31. How willing or reluctant would you be to take the bowel preparation medicine the way it is described in the above question?

- Very willing
- Willing
- Neutral
- Reluctant
- Very reluctant

32. What would make you more comfortable to go directly for a colonoscopy -- without having a separate visit with the doctor performing the colonoscopy before the day of the procedure? (Please mark ONLY one option—your most preferred option)

- Discussion on the telephone with the nurse from the office of the doctor performing the colonoscopy
- Discussion in person with your family doctor
- Discussion on the telephone with a nurse at a central colonoscopy office
- Discussion on the telephone with a nurse from your family doctor’s office
33. Many people who have a colonoscopy have some nervousness, worry or anxiety about:

- the bowel preparation (using the laxative)
- the colonoscopy procedure itself
- the results of the colonoscopy

Please place a vertical mark on the line below each question to indicate how much nervousness, worry or anxiety you had about each item. Here is an example of how to make the mark:

|------------------------------------------------------/----------------------|
Not at all                        Extremely
anxious                anxious

How nervous, worried or anxious were you about the bowel preparation (using the laxative)?

|------------------------------------------------------|
Not at all                        Extremely
anxious                anxious

How nervous, worried or anxious are you about the colonoscopy procedure?

|------------------------------------------------------|
Not at all                        Extremely
anxious                anxious

How nervous, worried or anxious are you about the results of the colonoscopy?

|------------------------------------------------------|
Not at all                        Extremely
anxious                anxious
TELL US ABOUT YOURSELF

34. I am:

O Male
O Female

35. I am: _____ years old.

36. Marital status:

O Married or common law
O Separated or divorced
O Widowed
O Single, never married

37. Education: How many years of education have you completed in the following areas?

<table>
<thead>
<tr>
<th>Years of education</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
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<tbody>
<tr>
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<tr>
<td>University</td>
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<td>O</td>
</tr>
</tbody>
</table>

38. Do you regularly use any of the following electronic equipment?

A desktop computer       O Yes    O No
A tablet computer (e.g. an iPad) O Yes    O No
A smart phone            O Yes    O No

Have you installed an app (or application) on a tablet or a smartphone?

O Yes    O No    O Not sure

Thank you for taking part in this survey.
The information you have provided will help in improving colonoscopy services