Supporting Information

Gingerols of *Zingiber officinale* Enhance Glucose Uptake by Increasing Cell Surface GLUT4 in Cultured L6 Myotubes

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**Fig. 1S** Representative images of L6 myotubes treated with Lipofectamine (reagent control) or transfected with HA-GLUT4 (50x).

**Fig. 2S** Total HA-GLUT4 expression was determined in permeabilized L6 myotubes (analyzed using the Student’s t-test, **p< 0.001 vs. Lipofectamine control**)

**Fig. 3S** Western blot of protein expression of total HA-GLUT4 and GLUT4 in Lipofectamin control (Lane 1) and HA-GLUT4 transfected L6 myotubes (Lane 2).