Ergänzendes Material
Pulmonary Rehabilitation in Patients with Chronic Obstructive Airway Diseases

Abstract
Pneumological rehabilitation is advised for patients with chronic diseases of respiratory organs, who show symptoms in spite of adequate medical treatment and who are limited in their work and everyday activities. The effectiveness is proven with the highest level of evidence especially for COPD. Conforming to guidelines, pneumological rehabilitation is part of the long-term management of COPD and asthma. Despite medical evidence, few of those patients who are eligible according to guidelines are currently receiving pneumological rehabilitation.

Schlüsselwörter
Pneumologische Rehabilitation, COPD, Asthma, Evidenz, Leitlinien

Key words
pulmonary rehabilitation, COPD, asthma, evidence, guidelines