

Neroli, das ätherische Blütenöl der Bitterorange (Pomeranze)

Ein Pflanzenportrait

Sabine Israel



Literatur

- [1] Ammar AH, Bouajila J, Lebrhi A et al. Chemical Composition and in vitro Antimicrobial and Antioxidant Activities of Citrus aurantium L. Flowers Essential Oil (Neroli Oil). Pak J Biol Sci 2012; 15: 1034–40
- [2] Azanchi T, Shafaroodi H, Asgarpanah J. Anti-convulsant activity of Citrus aurantium blossom essential oil (neroli): involvement of the GABAergic system. Nat Prod Commun 2014; 9: 1615–8
- [3] Bonaccorsi I, Sciarone D, Schipilliti L et al. Composition of Egyptian neroli oil. Nat Prod Commun 2011; 6: 1009–14
- [4] Cho MY, Min ES, Hur MH et al. Effects of aromatherapy on the Anxiety, vital signs, and sleeping quality of percutaneous coronary intervention patients in intensive care units. Evid Based Complement Alternat Med 2013; DOI: 10.1155/2013/381381
- [5] Choi SY, Kang P, Lee HS et al. Effects of Inhalation of Essential Oil of Citrus aurantium L. var. amara on Menopausal Symptoms, Stress, and Estrogen in Postmenopausal Women: A Randomized Controlled Trial. Evid Based Complement Alternat Med 2014; DOI: 10.1155/2014/796518
- [6] Costa CA, Cury TC, Cassettari BO et al. Citrus aurantium L. Essential oil exhibits anxiolytic-like activity mediated by 5-HT1A- receptors and reduces cholesterol after repeated oral treatment. BMC Complement Altern Med 2013; DOI: 10.1186/1472-6882-13-42
- [7] Hu PH, Peng YC, Lin YT et al. Aromatherapy for reducing colonoscopy related procedural anxiety and physiological parameters: a randomized controlled study. Hepatogastroenterology 2010; 57: 1082–6
- [8] Khodabakhsh P, Shafaroodi H, Asgarpanah J. Analgesic and anti-inflammatory activities of Citrus aurantium L. blossoms essential oil (neroli): involvement of the nitric oxide/cyclic-guanosine monophosphate pathway. J Nat Med 2015; 69: 324–31
- [9] Kim IH, Kim C, Seong K et al. Essential oil inhalation on blood pressure and salivary cortisol levels in prehypertensive and hypertensive subjects. Evid Based Complement Alternat Med 2012; DOI: 10.1155/2012/984203
- [10] Namazi M, Amir Ali Akbari S, Mojab F et al. Aromatherapy With Citrus Aurantium Oil and Anxiety During the First Stage of Labor. Iran Red Crescent Med J 2014; DOI: 10.5812/ircmj.18371
- [11] Nardoni S, Mugnaini L, Pistelli L et al. Clinical and mycological evaluation of an herbal antifungal formulation in canine Malassezia dermatitis. J Mycol Med 2014; 24: 234–40
- [12] Wabner D, Beier Ch. Aromatherapie. 2. Aufl. München: Elsevier Urban & Fischer Verlag; 2011
- [13] Werner M, von Braunschweig R. Praxis Aromatherapie: Grundlagen, Steckbriefe, Indikationen. 2. Aufl. Stuttgart: Haug; 2009
- [14] Zimmermann E. Aromatherapie für Pflege- und Heilberufe. Ein Kursbuch zur Aromapraxis. Stuttgart: Sonntag Verlag; 1998