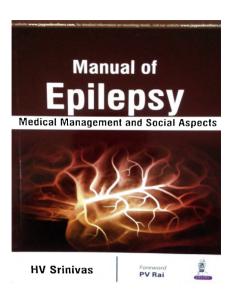
## **BOOK REVIEW**

The book "Manual of Epilepsy-Medical management and Social aspects" written in most simple and lucid language, keeping in mind most practical approach for holistic management of Epilepsy is reflection of 40 years of clinical experience, postgraduate teaching and active involvement with Indian Epilepsy association of Dr. H.V. Srinivas.

The primary goal to make non-neurologists to be capable to manage epilepsy is well served as text has many self-explanatory diagrams, tables and salient features in boxes. It has given many frequently asked questions and their appropriate answers.

The section on Management starts with very clear idea about Diagnosis, Differential diagnosis of convulsive episode. The first episode often is full of panic and anxiety. History taking from Patient and Eyewitness is important first step. Is it seizure or not?, When to start Antiepileptic drugs (AEDs), Which one? How to start? How long? And How to stop? Compliance for AEDs is sheet anchor of medical management and helps to reduce secondary treatment gap. It also gives very clear concept when to seek surgical treatment. Prevention of Epilepsy is also dealt very nicely.

The most important aspect is that author has given equal importance to Medical Management and Social Aspects. As we all know Epilepsy is multifaceted problem and there are many myths and misconceptions around it. Holistic management of not only the patient but whole family is most important to give best possible Quality of life to patient and all concerned caretakers.



I strongly recommend this book to those medical professionals who want to learn most practical approach to learn Epilepsy and be efficient communicative doctor to manage epilepsy in dignified manner.

Dr. Pravina Shah
Consultant Neurologist
Fortis Hospital Mulund Mumbai
Ex HOD Dept. of Neurology
K.E.M. Hospital and Seth G.S. Medical College
Past President IES and IEA