Massive upper gastrointestinal bleeding post-Whipple’s surgery from anastomotic varices due to mesenteric hypertension

A 45-year-old man was admitted with hematemesis. He had undergone Whipple’s surgery 7 years previously for a 5-cm serous cystadenoma of the pancreatic head. Upon presentation, he was hypertensive (blood pressure 82/59 mmHg) and tachycardic (110 beats/min), with a hemoglobin of 6.8 g/dL. Gastroscopy revealed bleeding anastomotic varices alongside the gastrojejunal anastomosis (▶ Fig. 1). Hemostasis was secured with a Boston Resolution clip (▶ Video 1). Computed tomography (CT) scanning, followed by mesenteric angiography in the portal venous phase and CT arteriography showed proximal superior mesenteric vein (SMV) occlusion, with a large collateral vein draining the small bowel into the anastomotic varices, which decompressed via the enlarged left coronary vein (LCV) into a patent portal vein (▶ Fig. 2). The occluded SMV was recanalized, dilated to 8 mm, and stented with a 7 × 29-mm Omnilink stent via a transhepatic approach, thereby re-establishing antegrade flow with subsequent collapse of the collateral vein and anastomotic varices (▶ Fig. 3).

Gastrointestinal bleeding is a complication reported in 2%–8% of patients following a Whipple procedure [1]. Sources of upper gastrointestinal bleeding include pseudoaneurysms, pancreatic fistulas, anastomotic ulcers, and ectopic varices [2–5]. We report a case of bleeding anastomotic varices that developed from mesenteric hypertension as a result of SMV occlusion following surgery. As the small bowel was solely draining back to the portal vein via a collateral vein and anastomotic varices, endoscopic glue injection into the anastomotic varices could have led to bowel ischemia. Successful stenting of the occluded SMV resulted in the re-establishment of normal hemodynamics, decompressing the anastomotic varices, and therefore preventing future bleeding episodes.

E-Videos

Video 1 A bleeding anastomotic varix is seen alongside the gastrojejunal anastomosis and is secured with a Boston resolution clip.

Competing interests

None
Fig. 1 Endoscopic images showing bleeding anastomotic varices alongside the anastomosis of the gastroduodenostomy. Endoscopic hemostasis of the bleeding varices was achieved using a Boston Resolution clip.
Fig. 2  Computed tomography scan images of the abdomen showing: a the anastomotic varices; b a collateral vein with occluded superior mesenteric vein (SMV); c occluded SMV; d occluded portal vein and left coronary vein.
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