The efficacy and feasibility of the beforehand-endoloop technique for colorectal endoscopic submucosal dissection

Intraoperative perforation of colorectal endoscopic submucosal dissection (ESD) often occurs. Therefore, techniques to close intraoperative perforations safely are important. Various methods for suturing mucosal defects to prevent postoperative bleeding and perforation have been reported [1, 2]. To solve these problems, we report a technique we have developed, named the “beforehand-endoloop technique.”

The patient had a 15-mm adenoma in a diverticulum in the ascending colon (▶Fig. 1a; ▶Video1) Endoscopic mucosal resection (EMR) was performed, but split adenomas remained in the diverticulum and a clip closure was performed on the mucosal defect. A recurrent adenoma was found on the EMR scar at endoscopy 6 months later (▶Fig. 1b). The patient agreed to undergo ESD to remove the recurrent adenoma. Markings were placed on the normal mucous membrane around the lesion. An endoloop (MAJ254; Olympus) was placed over the lesion through the endoscope accessory channel and was fixed with a clip to the normal mucous membrane outside the marking (▶Fig. 1c). Local injections were performed around the lesion. The submucosal bulging due to the local injection was maintained using the same principle as in the preclipping method [3]; however, because of significant scarring, the submucosa under the lesion did not bulge (▶Fig. 1d).

The lesion was considered to carry a high risk of intraoperative perforation, but the submucosal bulge under the lesion, other than at the site of the fibrosis, persisted and complete resection using ESD was possible without intraoperative perforation. The mucosal defect after ESD (▶Fig. 1e) was estimated to be approximately 30 mm. Additional clips were added to fix the existing endoloop around the margins of the mucosal defect. The endoloop tail was then grasped using a hook device (HX-20Q-1; Olympus) and tightened to close the defect (▶Fig. 1f; ▶Fig. 1f).
The patient recovered without any complications. Colorectal colonic ESD using the beforehand-endoloop technique is thus a useful and safe method of suturing mucosal defects.

Competing interests
None

Endoscopy_UCTN_Code_TTT_1AQ_2AD

References


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DOI https://doi.org/10.1055/a-0596-6985
Published online: 13.4.2018
Endoscopy 2018; 50: 728-729
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

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The authors

Tatsuma Nomura1, Shinya Sugimoto2, Takaaki Morikawa1, Noriyuki Horiki3
1 Department of Gastroenterology, Kinan Hospital, Minamimuro, Mie, Japan
2 Department of Gastroenterology, Ise Red Cross Hospital, Ise, Japan
3 Department of Endoscopy, Mie University School of Medicine Tsu, Mie, Japan

Corresponding author

Tatsuma Nomura, MD
Department of Gastroenterology, Kinan Hospital, 4750 Atawa, Mihama-cho, Minamimuro-gun, Mie 519-5293, Japan
Fax: +815-9792-3357
m06076tn@icloud.com

Video 1 Colorectal endoscopic submucosal dissection (ESD) performed using the beforehand-endoloop technique.