Colorectal endoscopic submucosal dissection using a clip-on-clip traction method

To safely and efficiently perform colorectal endoscopic submucosal dissection (ESD), clear visualization of the submucosal layer is important. Therefore, various traction methods have been developed to date [1–3]. However, there are few reports of using special devices other than clips, and traction methods that are generally used have not been reported. Recently, we developed a new clip-on-clip closure method to close the mucosal defect after ESD using clips only [4]. Here, we describe a new traction method: clip-on-clip traction method (CCTM).

The colorectal ESD method using CCTM is shown in Video 1. The patient had a nongranular laterally spreading tumor, 20 mm in size, in the rectosigmoid. Marking was done around the lesion and a full-circumference incision was made. First, a clip was placed on the mucous membrane on the lesion side (Fig. 1a). Then, a second clip was placed on the handle of the first clip (Fig. 1b). Next, the teeth of a third clip were passed through the gap between the teeth of the second clip, which served as an anchor, and then fixed to the contralateral normal colorectal mucosa (Fig. 1c). In the current case, the third clip did not fix to the contralateral colorectal mucosa. However, there was adequate space between the teeth of the second clip for a fourth clip to be added. This ensured a strong traction. Because the submucosa could be viewed properly using CCTM, colorectal ESD could be performed safely without any intraoperative adverse event. As the resected lesion was fixed with a clip to the contralateral side, the lesion could be removed from the mucosa with a grasping forceps.

CCTM is simple, and is a novel method that can be applied safely to achieve effective traction even in a narrow intestinal tract, such as the rectosigmoid or sigmoid colon.

Endoscopy_UCTN_Code_TTT_1AQ_2AD

Competing interests

None
The authors

Tatsuma Nomura1,2, Akira Kamei2, Shinya Sugimoto2, Jun Oyamada2
1 Department of Gastroenterology, Kinan Hospital, Minamimuro, Japan
2 Department of Gastroenterology, Ise Red Cross Hospital, Ise, Japan

Corresponding author

Tatsuma Nomura, MD
Department of Gastroenterology, Kinan Hospital, 4750 Atawa, Mihama-cho, Minamimuro-gun, Mie 519-5293, Japan
Fax: +81-5-9792-3357
m06076tn@icloud.com

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DOI https://doi.org/10.1055/a-0605-2868
Published online: 2018
Endoscopy
© Georg Thieme Verlag KG
Stuttgart - New York
ISSN 0013-726X

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