

# The 3PAs: An Update on the Association of Pheochromocytomas, Paragangliomas, and Pituitary Tumors

## Authors

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## Key words

pituitary adenoma, pheochromocytoma, paraganglioma, succinate dehydrogenase

received 13.03.2018

accepted 09.07.2018

## Bibliography

DOI <https://doi.org/10.1055/a-0661-0341>

Published online: 1.10.2018

Horm Metab Res 2019; 51: 419–436

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ISSN 0018-5043

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 **Supplementary material** for this article is available online at <http://www.thieme-connect.de/products>.

## ABSTRACT

Pituitary adenomas (PA) and pheochromocytomas/paragangliomas (PHEO/PGL) are rare tumors. Although they may co-exist by coincidence, there is mounting evidence that genes predisposing in PHEO/PGL development, may play a role in pituitary tumorigenesis. In 2012, we described a GH-secreting PA caused by an *SDHD* mutation in a patient with familial PGLs and found loss of heterozygosity at the *SDHD* locus in the pituitary tumor, along with increased hypoxia-inducible factor 1 $\alpha$  (HIF-1 $\alpha$ ) levels. Additional patients with PAs and *SDHx* defects have since been reported. Overall, prevalence of *SDHx* mutations in PA is very rare (0.3–1.8% in unselected cases) but we and others have identified several cases of PAs with PHEOs/PGLs, like our original report, a condition which we termed the 3P association (3PAs). Interestingly, when 3PAs is found in the sporadic setting, no *SDHx* defects were identified, whereas in familial PGLs, *SDHx* mutations were identified in 62.5–75% of the reported cases. Hence, pituitary surveillance is recommended among patients with *SDHx* defects. It is possible that the *SDHx* germline mutation-negative 3PAs cases may be due to another gene, epigenetic changes, mutations in modifier genes, mosaicism, somatic mutations, pituitary hyperplasia due to ectopic hypothalamic hormone secretion or a coincidence. PA in 3PAs are mainly macroadenomas, more aggressive, more resistant to somatostatin analogues, and often require surgery. Using the *Sdhb*<sup>+/-</sup> mouse model, we showed that hyperplasia may be the first abnormality in tumorigenesis as initial response to pseudohypoxia. We also propose surveillance and follow-up approach of patients presenting with this association.

## Introduction

Pheochromocytomas and paragangliomas (PHEOs/PGLs) are rare neuroendocrine tumors that produce catecholamines and arise from three structures derived from the neural crest: the adrenal medulla (PHEOs) and the sympathetic and parasympathetic paraganglia (PGLs) [1]. Most PHEOs are sporadic, unicentric and unilateral, but up to half (or even more, depending on the age of pres-

entation) may be familial, multicentric and bilateral [2]. In recent years, substantial progress has been accomplished in the field of genetics and pathogenesis of PHEO/PGL and we know now that there are more than 20 susceptibility genes [3] including the genes encoding the four succinate dehydrogenase complex (SDH) subunits (SDHA, -B, -C, -D or *SDHx* collectively) [4–7]. Mutations/functional variants of *SDHx* have also been implicated in Carney–Stra-

takis dyad or syndrome and, rarely, in Carney triad [8], renal cancer [9–12], pancreatic neuroendocrine tumors [13] and Cowden-like syndrome [14].

## Frequency of *SDHx* mutations in pituitary adenomas and the new syndromic association (3PAs)

In 2012, we described a family with multiple PGLs and PHEOs caused by a germline *SDHD* mutation; the index case also had an aggressive GH-secreting pituitary adenoma (PA) [15]. We found loss of heterozygosity (LOH) at the *SDHD* locus in the pituitary tumor, along with increased hypoxia-inducible factor 1 $\alpha$  (HIF-1 $\alpha$ ) levels. These findings indicated that the SDH defect was most likely causatively linked to the development of the pituitary tumor and that pseudohypoxia pathways were activated, as shown in PHEOs/PGLs that bear *SDHx* mutations [15, 16].

However, what was also significant, was that the case of this patient was similar to several other cases previously reported since 1952; in most of these reports, the co-existence of PHEOs/PGLs and PAs was thought to represent a mere coincidence [17]. Following our 2012 publication, additional cases of PAs among patients with *SDHx* defects were described; today, it is widely accepted that the association of PAs with PHEOs and/or PGLs, or the 3 P association (3PAS) represents a new inherited form of a predisposition to multiple endocrine tumors caused by *SDHx* defects [18–25].

Indeed, to investigate the frequency of germline *SDHx* mutations in PAs we sequenced 168 patients with sporadic and familial PAs. Overall, *SDHx* mutations were rare: 1.8% of the studied cases [26], in accordance with other reports [18, 25, 27]. However, among the patients included in the cohort, there were 7 that had presented with medical or family history of PHEOs/PGLs [26]; these patients had *SDHx* sequence pathogenic defects. Whenever family samples were available, we were able to show that *SDHx* defects were associated with either PHEOs/PGLs or PAs or both. On the other hand, in the few patients where PHEOs/PGLs and PAs were found in the sporadic setting (there was no family history or prior medical history of other *SDHx*-related defects), no *SDHx* mutations were identified. The difference was highly significant with more than 75% of patients with 3PAs and positive family history bearing *SDHx* mutations [26]. The overall prevalence of 3PAs with *SDHx* mutations irrespective of family history was 42.8% (3 out of 7 detected cases). Similar results were obtained in a different cohort of patients with PAs. Denes et al. studied 39 patients with sporadic or familial PHEO/PGL and/or PAs. Eight patients with *SDHx* mutations or variants within an international cohort of 19 patients with both tumors, were identified, which accounted for 42.1% of the affected subjects. Five out of the 8 cases (62.5%) were found within families with familial PHEOs/PGLs [22]. There was also a single patient with an *SDHAF2* variant located in the 5'-UTR.

Interestingly, in the cohort studied by Denes et al., there were also 4 cases who presented with PHEO/PGLs and PAs but were found to harbor *VHL* or *MEN1* gene mutations [22]. These 2 cases of PA and PHEO/PGL co-existence in patients with *VHL* mutations are the only ones reported in the literature, so far. Considering the frequency with which patients with *VHL* undergo regular surveil-

lance imaging of the brain, the low frequency may indicate that the association of *VHL* and PA probably does not represent a true (genetically linked) predisposition. On the other hand in the 2 cases with *MEN1* mutations, LOH was identified in the available PHEO tissue, indicating that PHEOs and/or PGLs can be part of the MEN 1 syndrome (as the *Men1* knock-out animal model also suggests); thus, genetic testing for menin mutations should be considered in patients with PHEO/PGL if there are other suggestive signs of MEN 1. MEN 4 (the *CDKN1B* gene, coding for p27) may also be screened for in patients with an MEN 1-like phenotype, PAs, and PHEOs/PGLs that do not have menin or *SDHx* defects [22, 28–32].

We reviewed all the reported cases so far of the combination of PAs and PHEOs/PGLs since 1952 (eighty-two in total), including a recent report published while our manuscript was under review [33]. Literature search was done using PubMed, Scopus, and Google Scholar as search engines and “pituitary adenoma”, “3PAs”, “pheochromocytoma”, “paraganglioma” and combinations as search terms. Thirty-one (37.80%) of these cases harbored mutations in predisposing PHEOs/PGLs or PA genes. Twenty-two patients (26.82%) of all 3PAs cases had a personal or family history suggestive of a hereditary endocrine syndrome, whereas thirty-seven of all cases (45.1%) were isolated; for the rest 28% no information regarding family history was available (► **Table 1, 2**). Among the 82 3PAs cases described so far, 17% had both identified genetic mutations and family history. This co-existence was much higher (48.38%) if we consider only the cases with a genetic defect. Regarding the frequency of the identified genetic defects it is obvious that the majority of cases carry *SDHx* defects (19 out of 31 cases, 61.3%), with *MEN1* and *MAX* being the second and third most frequently related genes. Of course, due to the retrospective nature of this review and the lack of genetic screening in the majority of 3PAs cases, generalizations regarding the overall frequency of the implicated genes should be avoided.

In a most recent publication Daly et al., reported 3 patients who presented with 3PAs and were found to have *MAX* exon/intragenic deletions using multiplex ligation-dependent probe amplification (MLPA), confirming a previous report of Roszko et al. [34]. The authors recommend that *MAX* MLPA should be considered in 3PAs and in PHEO cases in individuals screened negative with Sanger sequencing for the reported genetic causes including *MAX* mutations.

Despite the new identified genetic mutations/variants associated with 3PAs, for the majority of cases we do not know what other PHEOs/PGLs-causing genetic defects may be associated with a predisposition to PAs. At this point, what one screens for (beyond *SDHx*, menin, and possibly p27) remains unknown but it should be guided by detailed medical and family history, the latter extending to previous generations and even distant relatives, as these mutations often have weak penetrance. One should also avoid the effort to “fit” unusual cases into the known conditions: it is evident that the known classification of MEN syndromes does not always cover rare individual cases that present with significant overlap in their phenotype or, even, seemingly unrelated clinical signs that may represent new associations. Regarding the 51 cases of 3PAs with no known genetic defect (► **Table 2**) most of them are older and genetic testing was not available. Therefore, we cannot exclude the possibility that they harbor a genetic defect in any of the implicated genes; for some of them and based on the clinical presentation

► <b>Table 1</b> Patients with pituitary adenoma and pheochromocytoma/paraganglioma syndrome (3PAs) with identified germline genetic defects.													
Patient Nr	Sex	Pituitary				Pheo/PGL				Family history	Mutation	LOH/JCH in PA	Reference
		Type	Size	Treatment	Age	Type	Treatment	Age					
1	F	PRL	NK	NK	27	Pheo	NK	NK	NK	No	<i>SDHA</i> c.91C>T p.Arg31Ter, <i>VHL</i> c.589G>A p.Asp197Asn	Not performed	Dénes et al. (2015) [22]
2	F	PRL	Macro	NK	49	PGLs	NK	NK	49	NK	<i>SDHA</i> p.Arg31* c.91C>T	<i>SDHA</i> / <i>SDHB</i> negative staining	Niemeijer et al. (2015) [13]
3	M	GH	Macro	SSA	84	PGL	No	No	84	No	<i>SDHAF2</i> c.-52T>C	Not performed	Dénes et al. (2015) [22]
4	M	PRL	Macro	DA, surgery	33	PGL	DA, surgery	Surgery	33	Mother: PRL, brother: PGL	<i>SDHB</i> c.298T>C p.Ser100Pro	LOH at <i>SDHB</i> locus, intracytoplasmic vacuoles	Dénes et al. (2015) [22]
5	F	NFPA	Macro	Surgery x3, RT	53	PGL	Surgery x3, RT	RT	28	Sister: glioma	<i>SDHB</i> c.587G>A p.Cys196Tyr	LOH at <i>SDHB</i> locus/ <i>SDHB</i> staining: diffuse/intracytoplasmic vacuoles	Dénes et al. (2015) [22]
6	F	PRL	Macro	DA	38	PGLs carotid and mediastinal	Carotid: surgery, mediastinal: inoperable	Carotid: surgery, mediastinal: inoperable	35	Brother PGLs	<i>SDHB</i> mutation, (actual genetic defect not available)	Not performed	Gorospe et al. (2017) [76]
7	F	PRL	Macro	DA, RT	60	PGL	DA, RT	RT	60	NK	<i>SDHB</i> c.423 + 1G>A	Not performed	Dénes et al. (2015) [22]
8	F	NFPA	Micro	No	50	Pheo	No	Surgery	50	NK	<i>SDHB</i> c.770dupT p.Asn-258GluTer17	Not performed	Dénes et al. (2015) [22]
9	M	GH	NK	SSA	72	PGL	SSA	No	70	Brother & niece: PA, sister: bilateral HNPGL	<i>SDHB</i> c.689G>A p.Arg230His	Not performed	Xekouki et al. (2015) [26]
10	F	PRL	Micro	NK	50	PGL	NK	NK	47	Brother: HNPGL, grandmother: GIST	<i>SDHB</i> c.642 + 1G>A, splice site alteration	Not performed	Xekouki et al. (2015) [26]
11	F	PRL	Micro	DA	33	PGL	DA	Surgery	43	Brain tumor	<i>SDHB</i> c.18C>A p.Ala6Ala <sup>3</sup> PTEN polymorphisms	Not performed	Efstathiadou et al. (2014) [77]
12	F	PRL	Macro	DA	38	PGL	DA	SSA	NK	Brother index case: PGL. Mother and sister positive for region of ex. 1 of <i>SDHB</i>	deletion affecting ex. 1 of <i>SDHB</i>	Not performed	Guerrero Pérez et al. (2016) [21]
13	M	PRL	Macro	DA	53	PGL	DA	Surgery	38	Cousin: PA, brother: PGL	<i>SDHC</i> c.380A>G p.His127Arg	Not performed	Dénes et al. (2015) [22]
14	F	PRL	Macro	NK	60	PGL	NK	NK	60	No	<i>SDHC</i> c256-257insTTTp-Phe85dup	Not performed	López-Jiménez et al. (2008) [78]

▶ Table 1 Continued.

Patient Nr	Pituitary				Pheo/PGL			Mutation	LOH/ICH in PA	Reference		
	Sex	Type	Size	Treatment	Age	Type	Treatment				Age	Family history
15	F	PRL	Macro	Surgery, DA	23	PGL	Surgery	32	Sister, aunt and grandmother: PA; sister: bilateral HNPGL	<i>SDHD</i> c.242 C>T, p.Pro81Leu	Not performed	Xekouki et al. (2015) [26]
16	M	PRL	Macro	DA, surgery	60	PGL, Pheo	Surgery (Pheo)	62	NK	<i>SDHD</i> c.274 G>T p.Asp92Tyr	LOH at <i>SDHD</i> locus/ SDHB positive ICH, SDHA IHC positive	Papathomas et al. (2014) [25]
17	F	GH	Macro	Surgery, SSA	56	PGL	NK	56	Father and 2 sisters: HNPGL; sister: GIST	<i>SDHD</i> c.274 G>T p.Asp92Tyr	LOH at <i>SDHD</i> locus/ SDHB positive ICH, SDHA IHC positive	Papathomas et al. (2014) [25]
18	F	PRL	Macro	DA, surgery	33	PGL	Surgery x2	39	Aunt, uncle, brother: HNPGL	<i>SDHD</i> c.242 C>T p.Pro81Leu	Not performed	Varsavsky et al. (2013) [79]
19	M	GH	Macro	SSA, surgery	37	PGL, Pheo	Surgery	37	Sister and paternal uncle neck PGLs HNPGL	<i>SDHD</i> c.298_301del, premature stop at codon 133 AIP & CDKN1B polymorphism	PA: LOH at <i>SDHD</i> locus, reduced SDHD protein/ patchy SDHB staining	Xekouki et al. (2012) [15, 17]
20	M	GH/PRL	Macro	Surgery, RT, DA	27	Pheo	Surgery	31	No	<i>MEN1</i> c.1452delG p. Thr557Ter	Menin staining of the Pheo: no menin positive cells	Dénes et al. (2015) [22]
21	F	NFPA	Macro	Surveil-lance	45	PGL	NK	45	No	<i>MEN1</i> c.196_200dupAG-CCC frameshift (pathogenic), polymorphism C423T no amino acid change	Not performed in Pheo	Jeong et al. (2014) [80]
22	M	PRL	NK	NK	41	Pheo	Surgery	48	NK	<i>MEN1</i> K119X, RET WT	Not performed in Pheo	Langer et al. (2002) [81]
23	NK	NK	NK	NK	NK	Pheo	NK	NK	Hyperparathyroidism and pancreatic islet cell tumor	<i>MEN1</i> c.320del2	Not performed in Pheo	Dackiw et al. (1999) [32]
24	NK	NK	NK	NK	NK	Pheo	NK	NK	Pancreatic islet cell tumor and rectal leiomyoma	<i>MEN1</i> 1325insA	Not performed in Pheo	Dackiw et al. (1999) [32]
25	M	PRL	NK	NK	29	Pheo	NK	32	<i>MEN1</i>	Not performed, other family members <i>MEN1</i> mutation	HPTH at age 21 years	Carty et al. (1998) [82]
26	M	GH	Macro	Surgery	62	Pheo	Surgery	62	No	<i>RET</i> p.Cys618Ser	Not performed in PA	Heinlen et al. (2011) [83]

► **Table 1** Continued.

Patient Nr	Pituitary			Pheo/PGL			Family history	Mutation	LOH/JCH in PA	Reference		
	Sex	Type	Size	Treatment	Age	Type					Treatment	Age
27	M	ACTH	Micro	Surgery x2	48	Pheo	Surgery	66	Son: HPTH	RET c.1900T>C, p. Cys634Arg. Negative for MEN1 mutations	Not performed in Pheo	Naziat et al. (2013) [84]
28	F	PRL	Macro	DA	49	Pheo	Bilateral adrenalectomy	49	No	MAX c.296G>T. Neg for MEN1, VHL, SDHB, SDHC, SDHD, SDHAF2, or TMEM127 genes	Not performed	Rozsko et al. (2017) [34]
29	M	PRL	Micro	DA	49	Pheo	Surgery	32	No	Germline heterozygous deletion of exon 3 of MAX (detected by MLPA). Neg for RET, VHL, SDHx, CDKN1B, AIP, MEN1	Not performed	Daly et al., (2018) [33]
30	F	GH	Macro	SSA, DA, Pegvisomant, RT	26	Bilateral Pheos	Bilateral adrenalectomy	35	No	Germline heterozygous deletion of exons 1–3 and intron 3 of MAX. Neg for RET, VHL, SDHx, CDKN1B, AIP, MEN1	Not performed	Daly et al. (2018) [33]
31	M	GH	Macro	Surgery, RT	16	Bilateral Pheos	Bilateral adrenalectomy	22	No	Germline heterozygous deletion of exon 3 of MAX (detected by MLPA). Neg for RET, VHL, SDHx, CDKN1B, AIP, MEN1	Not performed	Daly et al. (2018) [33]

M: Male; F: Female; NFPA: Non-functional pituitary adenoma; PRL: Prolactinoma; GH: Acromegaly; Macro: Macroadenoma; Micro: Microadenoma; DA: Dopamine agonist; RT: Radiotherapy; SSA: Somatostatin analogue; Pheo: Pheochromocytoma; PGL: Paraganglioma; HNPGL: Head and neck paraganglioma; PTC: Papillary thyroid cancer; GIST: Gastrointestinal stromal tumor; pNET: Pancreatic neuroendocrine tumor; MTC: Medullary thyroid carcinoma; HPTH: Hyperparathyroidism; NK: Not known; MEN1: Multiple endocrine neoplasia type 1; NF1: Neurofibromatosis type 1; A: Single nucleotide polymorphism with a minor allele frequency of 0.2% and a genotype frequency of 0.5% (1000 Genomes Project Consortium, 2012) [85].

▶ **Table 2** Patients with pituitary adenoma and pheochromocytoma/paraganglioma without identified germline genetic defects.

Patient Nr	Pituitary			Pheo/PGL			Family history	Mutation	Other Info (when reported)	Reference
	Sex	Type	Size	Treatment	Age	Type				
1	M	PRL	Micro	Surgery	54	Pheo	Bilateral adrenalectomy	NK	Neg for RET, VHL, SDHB, SDHD mutations	Guerrero Pérez et al. (2016) [21]
2	F	GH	Micro	Surgery	56	Pheo	Bilateral adrenalectomy	NK	Neg for RET, VHL, MEN-1 mutations	Guerrero Pérez et al. (2016) [21]
3	M	PRL	Macro	Cabergoline	38	Pheo/PGL	α-Adrenergic blockade	NK	Neg for MEN1	Koshy et al. (2016) [86]
4	F	ACTH	Micro	Surgery	61	PGL	Surveillance	61	Negative for SDHA-D, MEN1, RET, AIP	Xekouki et al. (2015) [26]
5	F	PRL	Macro	DA, surgery	35	Pheo	Surgery	55	Negative for SDHA-D, MEN1, RET, AIP	Xekouki et al. (2015) [26]
6	F	GH	Macro	Surgery	35	PGL	Surgery	58	Negative for SDHA-D, MEN1, RET, AIP	Xekouki et al. (2015) [26]
7	F	NFPA	Macro	Surgery	39	Pheo	Surgery	34	Negative for SDHA-D, MEN1, RET, AIP	Xekouki et al. (2015) [26]
8	F	GH	Macro	Surgery, RT, DA, SSA	56	Pheo	Surgery	66	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B	Boguszewski et al. (2012) [87], Dénes et al. (2015) [22]
9	M	NFPA	Macro	Surgery	53	PGL	Surgery	50	SDHA c.969 C>T p.Gly323Gly <sup>6</sup> SDHB-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B all normal	Dénes et al. (2015) [22]
10	F	GH	Macro	Surgery, RT, SSA	39	Pheo	Surgery	20	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B	Dénes et al. (2015) [22]
11	F	NFPA	Macro	Surgery, RT	73	PGL	RT	73	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B	Dénes et al. (2015) [22]

► **Table 2** Continued.

Patient Nr	Pituitary				Pheo/PGL			Family history	Mutation	Other Info (when reported)	Reference
	Sex	Type	Size	Treatment	Age	Type	Treatment				
12	M	GH	Macro	Infarcted	16	Pheo	NK	16	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
13	M	PRL	Macro	Surgery	40s	PGL	NK	52	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B	HNPGL	Dénes et al. (2015) [22]
14	F	PRL	NK	NK	27	Pheo	NK	41	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
15	M	NK	NK	NK	NK	Pheo/PGL	NK	NK	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
16	F	PRL	Micro	DA	40	Pheo	Surgery	38	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
17	M	PRL	Micro	DA	56	Pheo	Surgery	56	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
18	F	PRL	Macro	DA	61	Pheo	Surgery	61	Negative for SDHA-D, AF2, MEN1, RET, AIP, VHL, TMEM127, MAX, FH, CDKN1B		Dénes et al. (2015) [22]
19	F	PRL	Macro	NK	60	PGL	RT	60	Negative for SDHB		Parghane et al. (2014) [88]
20	F	NFPA	Macro	No	52	Pheo	Surgery	52	Negative for SDHA-D, AF2, RET, MAX, TMEM127, VHL	GHRH secreting Pheo	Mumby et al. (2014) [89]
21	M	GH	Macro	Surgery	29	Pheo	Surgery	29	Not performed	Bilateral Pheo lipoma, metastatic PTC	Sisson et al. (2012) [90]
22	NK	GH	NK	NK	NK	Pheo	NK	NK	Not performed	Bilateral Pheo HPTH, pNET Clinical features NF1	Catta-Cherifi et al. (2012) [91]

▶ Table 2 Continued.

Patient Nr	Pituitary		Pheo/PGL				Mutation	Other Info (when reported)	Reference			
	Sex	Type	Size	Treatment	Age	Type				Treatment	Age	Family history
23	M	GH	Macro	Surgery	45	PGL, Pheo	Surgery × 3	54	Father: HNPGL, Sister: adrenal abnormality	Not performed	Abdominal, HN, cardiac PGLs	Zhang et al. (2011) [92]
24	M	NFPA	Micro	No	64	Pheo	Surgery	64	No	Not performed	High cortisol (cured post-adrenalectomy)	Yaylali et al. (2008) [93]
25	M	NFPA	Macro	Surgery	59	Pheo	Surgery	59	No	Not performed		Breckenridge et al. (2003) [94]
26	M	NFPA	Macro	Surgery	56	Pheo	No	56	No	Not performed		Dünser et al. (2002) [95]
27	F	GH	Macro	Surgery	57	Pheo	Surgery	57	No	Not performed		Sleilati et al. (2002) [96]
28	M	NK	Micro	No	43	Pheo	Surgery	43	No	Negative for RET	Lipoma, pectus excavatum, pleomorphic parotid adenoma. GH levels responded to OGTT post adrenalectomy	Baughan et al. (2001) [97]
29	F	NK	Micro	No	44	Pheo	Surgery	44	No	Not performed	Cushing's (cured post-adrenalectomy)	Khalil et al. (1999) [98]
30	M	GH	Macro	Surgery	41	Pheo, PGLs	Surgery	20	NK	Negative for RET		Teh et al. (1996) [99]
31	M	PRL	Macro	Surgery	20	PGL	Surgery	20	NK	Not performed	HNPGL	Azzarelli et al. (1988) [100]
32	M	PRL	Macro	DA	26	Pheo	Surgery	26	Father: metastatic MTC and probably Pheo	Not performed		Bertrand et al. (1987) [101]
33	F	NFPA	NK	NK	70	PGL	NK	70	Daughter and granddaughter: PA, bilateral HNPGL	Not performed	HPTH, PTC, gastric leiomyoma, amyloidosis	Larraz-Hernandez et al. (1982) [102]
34	F	PRL	Micro	NK	35	Pheo	NK	35	NK	Not performed		Meyers (1982) [103]
35	M	NFPA	Macro	Surgery	66	PGL	Surgery	63	NK	Not performed		Blumenkopf & Boekelheide (1982) [104]
36	F	GH	NK	Surgery, RT	53	Pheo	Surgery	58	Brother: hypertension	Not performed		Anderson et al. (1981) [105]
37	F	GH	NK	RT	33	Pheo	None	45	No	Not performed	Multinodular goiter	Anderson et al. (1981) [105]
38	F	GH	Macro	NK	53	Pheo	NK	53	NK	Not performed	HPTH	Myers & Eversman (1981) [106]



▶ **Table 2** Continued.

Patient Nr	Pituitary			Pheo/PGL			Age	Family history	Mutation	Other Info (when reported)	Reference
	Sex	Type	Size	Treatment	Age	Type					
39	F	PRL	NK	NK	23	Pheo	NK	NK	Not performed	HPTH, gastrinoma, adrenal adenoma	Alberts et al. (1980) [107]
40	F	NK	Macro	NK	22	Pheo	NK	Granddaughter: unilateral Pheo	Not performed	Islet cell tumor/ renal adenoma	Janson et al. (1978) [108]
41	F	GH	Macro	NK	15	Pheo	NK	NK	Not performed	HPTH	Manger & Glifford (1977) [109]
42	F	NFPA	NK	NK	49	Pheo	None	NK	Not performed	Papillary carcinoma of thyroid	Melicow (1977) [110]
43	M	GH	NK	NK	21	Pheo	NK	NK	Not performed		Kadowaki et al. (1976) [111]
44	F	GH	NK	NK	19	PGL	NK	NK	Not performed	PGL (HN, pelvis), HPTH	Farhi et al. (1976) [112]
45	F	GH	NK	NK	36	PGL	NK	NK	Not performed	HNPGL, HPTH, hyperplasia of antral and duodenal gastrin cells	Berg et al. (1976) [113]
46	F	NK	Micro	NK	43	Pheo	NK	NK	Not performed	MTC	Wolf et al. (1972) [114]
47	F	GH	NK	RT	36	Pheo	Surgery	NK	Not performed	toxic nodular, goiter, endometriosis, and diabetes, DM	Miller & Wynn (1971) [115]
48	M	ACTH	NK	NK	NK	Pheo	Surgery	VI generations with MEN	Not performed	MTC	Steiner et al. (1968) [116]
49	M	GH	Macro	RT	23	Pheo	None	NK	Not performed		Kahn & Mullon (1964) [117]
50	M	GH	NK	NK	NK	Pheo	NK	NK	Not performed		German & Flanigan (1964) [118]
51	M	GH	NK	NK	44	Pheo	NK	NK	Not performed		Iversen (1952) [119]

M: Male; F: Female; NFPA: Non-functional pituitary adenoma; PRL: Prolactinoma; GH: Acromegaly; Macro: Macroadenoma; Micro: Microadenoma; DA: Dopamine agonist; RT: Radiotherapy; SSA: Somatostatin analogue; Pheo: Pheochromocytoma; PGL: Paraganglioma; HNPGL: Head and neck paraganglioma; PTC: Papillary thyroid cancer; GIST: Gastrointestinal stromal tumor; pNET: Pancreatic neuroendocrine tumor; MTC: Medullary thyroid carcinoma; HPTH: Hyperparathyroidism; NK: Not known; MEN1: Multiple endocrine neoplasia type 1; NF1: Neurofibromatosis type 1; GOTT: Glucose oral tolerance test; a Single nucleotide polymorphism with a frequency of 3.5% (Bayley et al. 2005) [120].

and family history the genetic defect is obvious. However, in the rest of the cases and particularly where genetic screening was negative, the co-existence of a PA and a PHEO or PGL may indeed represent an extremely rare coincidence due to mutations in co-segregating genetic defects or epigenetic changes; few cases may be explained by ectopic hormone secretion by a PHEO/PGL mimicking a functioning PA. Regarding the reported variations in sporadic PAs in ► **Table 3**, most of them are variants of unknown significance and some of them are predicted to be damaging using the available prediction tools. However, one should perform functional studies to prove their deleterious effect.

## Phenotypic and pathological characteristics of PAs with *SDHx* mutations

We attempted to see whether PAs with *SDHx* mutations appear to have a different progression as previously described [21, 22, 25, 26]. Unfortunately, not all clinical data were available to make a safe distinction between the PAs as part of 3PAs with and without germline mutations. However, based on the available data from the reported cases we looked for any difference in phenotypic characteristics between PAs in the context of 3PAs with (► **Table 1**) and without genetic mutations (► **Table 2**) and the isolated PAs with *SDHx* mutations/variants (► **Table 3**). The *SDHx*-related PAs in 3PAs were more common among familial cases, more frequently macroadenomas, they often led to multiple phenotypes within the same family (somatotropinomas, prolactinomas, and nonfunctioning adenomas) and required more than one modes of treatment (► **Table 1** & Supl. **Table 1S**). Patients with isolated PAs and *SDHx* mutations/variants (► **Table 3**) were significantly younger compared to the ones in cases with 3PAs regardless of the presence of a genetic mutation (► **Table 1, 2**), and they all required surgery (regardless of the size of their tumors) but did not require multiple treatments (Supl. ► **Table 4**). A sub-analysis between the isolated PAs with *SDHx* mutations/variants and their counterparts in 3PAs, revealed that the latter were more frequently macroadenomas and required more than one treatment modality, which may suggest that the presence of PHEOs/PGLs may have contributed to the increased size and treatment resistance (Supl. **Table 2S**).

At this point, there does not appear to exist an apparent phenotype-genotype correlation, although very few families with 3PAs have other tumors associated with *SDHx* mutations such as gastrointestinal stromal tumors (GISTs) or renal cancer. The limited number of cases and the lack of prospective studies also do not allow for an accurate estimate of the expected age of presentation: based on the available cases (► **Table 1, 3**) age at diagnosis ranged from as early as 15 years to as late as 72 years old. PHEOs or PGLs in these patients were bilateral and/or multiple, with a tendency to recur. The latter observation is one of the characteristics of *SDHx*-related PHEOs/PGLs [35].

Interestingly, in our first report, the growth hormone (GH) receptor (GHR) gene was found to be expressed in PHEO samples from our patient with the *SDHD* mutation, as well as in tumor samples from other patients harboring *SDHB* or *SDHD* mutations [15].

Based on this finding together with the clinical observation that there was a noticeable decrease (almost three-fold) of plasma and urinary metanephrines after pituitary transsphenoidal surgery (that was greater than the one noted following bilateral adrenalectomy for the patient's PHEOs), we assumed that normalization of GH levels after TSS contributed significantly to such biochemical changes. This was the first and only study so far reporting the expression of GHR in PHEOs whereas there are reports of the differential expression of ghrelin and GH-releasing hormone (GHRH) receptors in various adrenal tumors, including PHEOs [36–38]. The role of GHR in *SDHx*-mutant tumors needs to be investigated further.

One interesting histological phenotype reported by Dénes et al. [22], in pituitary gland tissues from patients with *SDHx* mutations was the presence of intracytoplasmic vacuoles in their PAs. Although electron microscopy was not used to identify the exact nature of the vacuoles [39], there is a possibility that they represented autophagic bodies. The relationship between hypoxia-related pathways and autophagy activation is well established [40, 41] and autophagy has been shown to contribute to chemo- and radio-therapy resistance [42, 43]. We have described a similar morphological finding in the PA tissue of the original case with the *SDHD* mutation (► **Fig. 1a**) [15].

Loss of *SDHB* immunohistochemistry has been shown to be an excellent indicator of germline or somatic mutations in the *SDHx* genes [1, 44, 45]. In most of the *SDHx*-related PAs reported so far, completely absent or weak diffuse staining of *SDHB* was found (in those cases that this was performed) (► **Table 1, 3**). Therefore, as in PHEOs/PGLs, *SDHB* staining may be used as an additional diagnostic tool to screen for *SDHx* mutations. Furthermore, as shown by Richter et al. [46], profiling of Krebs cycle metabolites, such as ratios of succinate:fumarate with the use of mass spectrometry, is another useful method to identify patients for testing of *SDHx* mutations and to assess functionality associated with *SDHx* variants of uncertain significance in PGLs. Although this method has not been used in any of the 3PAs cases it would be interesting to see whether it could predict the presence of *SDHx* mutations or distinguish damaging mutations from nonfunctional polymorphisms in pituitary adenomas in the context of 3PAs as in PGLs.

Traditionally LOH has been used in oncology to confirm the causative association between a tumor and the loss of a tumor suppressor gene [47]. As shown in ► **Table 1**, in some cases no LOH studies were performed; in few cases no LOH of the *SDHx* mutated locus was identified. Does this mean that the absence of consistent LOH in PAs indicates lack of association with the identified *SDHx* mutations? Although this is difficult to answer with certainty at this time, bilateral adrenal medullary hyperplasia associated with a germline *SDHB* mutation showed retention of heterozygosity [48], and PHEOs without loss of the normal *SDHD* allele have been shown in patients with pathogenic *SDHD* mutations [49]. Additionally, cases of “paradoxical” loss of the mutant *SDHx* allele have been shown [24, 50], pointing to the suggestion that the *SDHx* defects may not always lead to tumorigenesis in the classical tumor suppressor gene way. Finally, epigenetic alterations such as somatic *SDHC* promoter methylation and postzygotic somatic mosaicism could provide another explanation for those cases negative for germline mutations [51, 52].

► **Table 3** SDHx variants/mutations in pituitary adenomas.

Patient Nr	Gene	Sex	Age	Type	Size/Treatment	ICH/LOH	Other tumors/conditions	Family history	Genetics tested/Prediction	Reference
1	SDHB	F	49	PRL	Micro/NK	SDHB positive	PHPT	Aunt: ACTH PA	c.5C>T; p.A2V [Deleterious (SIFT)/benign (PolyPhen)]	de Sousa et al. (2017) [27]
2	SDHC	F	34	PRL	Micro/NK	SDHB positive	None	Brother: PRL PA	c.403 G>C; p.E110Q (Deleterious (SIFT)/possibly damaging (PolyPhen))	de Sousa et al. (2017) [27]
3	SDHC	F	63	GH	NK	SDHB positive	Pituitary gangliocytoma, PHPT	No	p.E110Q [Deleterious (SIFT)/possibly damaging (PolyPhen)]	de Sousa et al. (2017) [27]
4	SDHA	M	62	NFPA	Macro/TSS	Loss of staining for both SDHA and SDHB	None	No	c.725_736del/c.989_990insTA (double hit)	Gill et al. (2014) [18]
5	SDHB	F	35	PRL	Macro/TSS	intracytoplasmic vacuoles	None	Mother: Prolactinoma, brother: PGL	c.298 T>C (damaging mutation)	Dénes et al. (2015) [22]
6	SDHA	M	30	NFPA	Macro/TSS	ICH negative for SDHA and SDHB	None	Mother carotid body paraganglioma	c.1873C>T p.His625Tyr	Dwight et al. (2013) [24]
7	SDHB	NK	15	NK	NK	NK	NK	NK	ex. 7 c.761insC p.254fsX255	Benn et al. (2006) [121]
8	SDHD	M	12	Cushing	Micro/TSS	Not studied	Thyroid	No	ex. 2 c.53 C>T, p. Ala18Val (very rare SNP (allele frequency <0.001) Benign (PSIC 0.004) (by PolyPhen) Deleterious (Score 0.01) (by SHIFT)	Xekouki et al. (2015) [26]
9	SDHB	F	31	PRL	Macro/TSS	LOH at SDHB locus in the PA/SDHB staining: loss of expression of SDHB	None	Grandmother's first cousin PGL	del ex. 6 to 8	Dénes et al. (2015) [22]
10	SDHD	F	16	Cushing	Micro/TSS	Not studied	None	No	ex. 2 c.149 A>G/p.His50Arg (Probably damaging (PSIC 0.993) (Polyphen) Benign (Score 0.48) (SHIFT)	Xekouki et al. (2015) [26]
11	SDHB	F	14	Cushing	Micro/TSS	Not studied	None	No	ex. 5 c.487 T>C, p. Ser163Pro (reported as potentially pathogenic by Ni et al. 2012) [122]	Xekouki et al. (2015) [26]
12	SDHB	M	10	Cushing	Micro/TSS	Not studied	Brachydactyly/ dysmorphic features	No	ex. 5 c.487 T>C, p. Ser163Pro (reported as potentially pathogenic by Ni et al. 2012) [122]	Xekouki et al. (2015) [26]

M: Male; F: Female; NK: Not known; PRL: Prolactinoma; GH: Acromegaly; NFPA: Non-functional pituitary adenoma; Macro: Macroadenoma; Micro: Microadenoma; PA: Pituitary adenoma; PGL: Paraganglioma; PHPT: Primary hyperparathyroidism, TSS: Transphenoidal surgery.

## Molecular mechanisms of *SDHx* mutations in the development of a PA

To further understand the causal relationship between PA and *SDHx* mutations, we analyzed the pituitaries of adult *Sdhb*<sup>+/-</sup> mice. Although no gross pituitary tumors were detected, the pituitary of 12-month old *Sdhb*<sup>+/-</sup> mice was hypercellular, mainly due to the increased number of prolactin (PRL)-secreting cells and to a lesser extent GH-secreting cells. There were also blood-filled lakes, abnormal mitochondria (▶ **Fig. 1b**), nuclear inclusions of unknown nature, and abnormal and poorly defined heterochromatin forming a ring-shaped pattern rather than being centrally located as in pituitaries of the normal control animals [26]. Pituitary hyperplasia likely preceding the formation of adenomas, was found in 3- and 12-month-old *Aip*-deficient male mice [53] as well as in those lacking p19<sup>(arf)</sup> or p27<sup>(kip-1)</sup>, and those overexpressing the beta-catenin or the pituitary tumor-transforming gene (*CTNNB1* and *PTTG*, respectively) [54–57]. In humans, pituitary hyperplasia has been reported in patients with germline mutations in the *PRKAR1A* or *AIP* tumor suppressor genes, and in those with gigantism and chromosome Xq26 duplications [58–60].

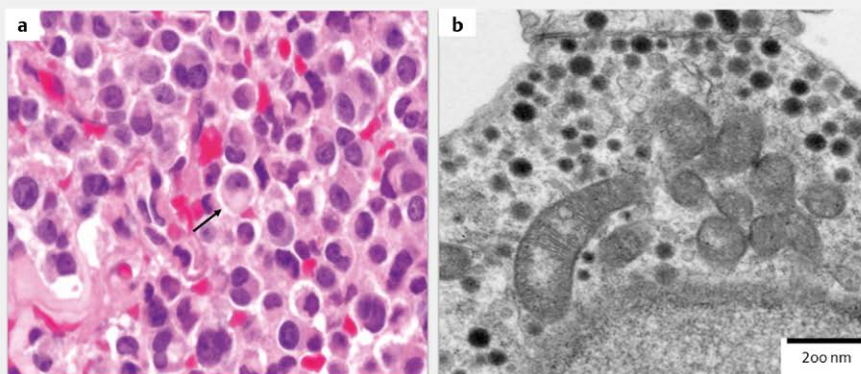
Like in other *SDHx*-deficient PHEOs/PGLs [61], there is evidence that hypoxic signalling is activated in *SDHx*-mutated pituitary tumors [15]. This finding was supported by the HIF-1 $\alpha$  strong cytoplasmic (and occasionally nuclear) expression in the pituitaries of *Sdhb*<sup>+/-</sup> mice [26]. Other evidence of hypoxia-activated pathway in these mice was the enlarged mitochondria with destructed cristae found in the *Sdhb*<sup>+/-</sup> animals [26, 62]. Similar mitochondrial findings have been reported in tumor samples from patients with Carney triad, as well as in paragangliomas from patients with *SDHC* and *SDHD* mutations [56]. Fragmented and defective mitochondria have been found in many different cancers and alterations in mitochondrial dynamics are associated with tumor progression or resistance to therapy [63]. The altered chromatin pattern that we also observed in *Sdhb*<sup>+/-</sup> mice, like the one observed in mice overexpressing *PTTG* and in hypoxic cells [55, 64] is another indication that chronic activation of pseudohypoxia in *SDHx*-deficient pituitary cells can drive genetic instability and eventually lead to tumor formation.

Although electron microscopy failed to identify the actual nature of the nuclear inclusions seen in *Sdhb*<sup>+/-</sup> pituitary cells with light microscopy, it has revealed that these appeared to be fused to the nucleus rather than being intranuclear. These inclusions resembled the vacuoles described by Denes et al., in *SDHx*-deficient pituitary tumors and may represent late autophagic vacuoles previously filled with digested abnormal mitochondria. Thus, we may speculate that PA formation from *SDHx* mutations may follow a long process, whereby hyperplasia is the initial response to a prolonged stimulation due to activation of pseudo-hypoxia signals (▶ **Fig. 2**).

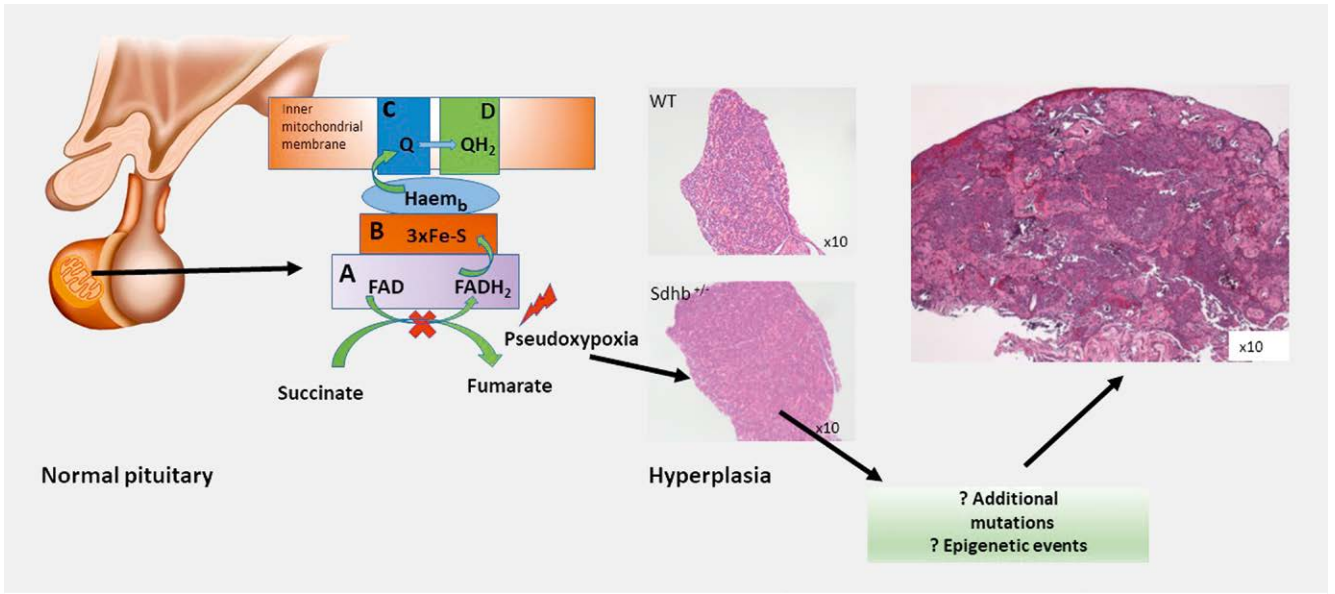
## Recommendations for genetic screening and follow-up of patients with 3PAs

Although cases of 3PAs have been reported since 1952, it was only in 2012 when we showed that *SDHx* mutations may be involved in pituitary tumorigenesis [15]. So far there are 28 cases of confirmed *SDHx* mutation-related pituitary adenomas (with the variants of unknown significance excluded). Currently, we recommend that a detailed baseline medical and family history is taken from all these patients along with careful physical examination to detect signs of other tumors associated with *SDHx* defects (for example, GISTs) (▶ **Fig. 3**). Hormonal testing should be obtained, once familial PHEOs and/or PGLs are recognized in the index case and their family members. Attention should be paid to any symptoms that would indicate GH or PRL hypersecretion and visual disturbance, as most of the pituitary adenomas in the context of 3PAs are PRL- or GH-secreting macro-adenomas or NFPA. If there are no suspicious symptoms or findings and biochemistry is normal then annual biochemical surveillance should include testing for PHEOs/PGLs, as per the most recent recommendations [65, 66]. If at any time, clinical findings or biochemistry indicate hormonal hypersecretion, a pituitary MRI should be performed.

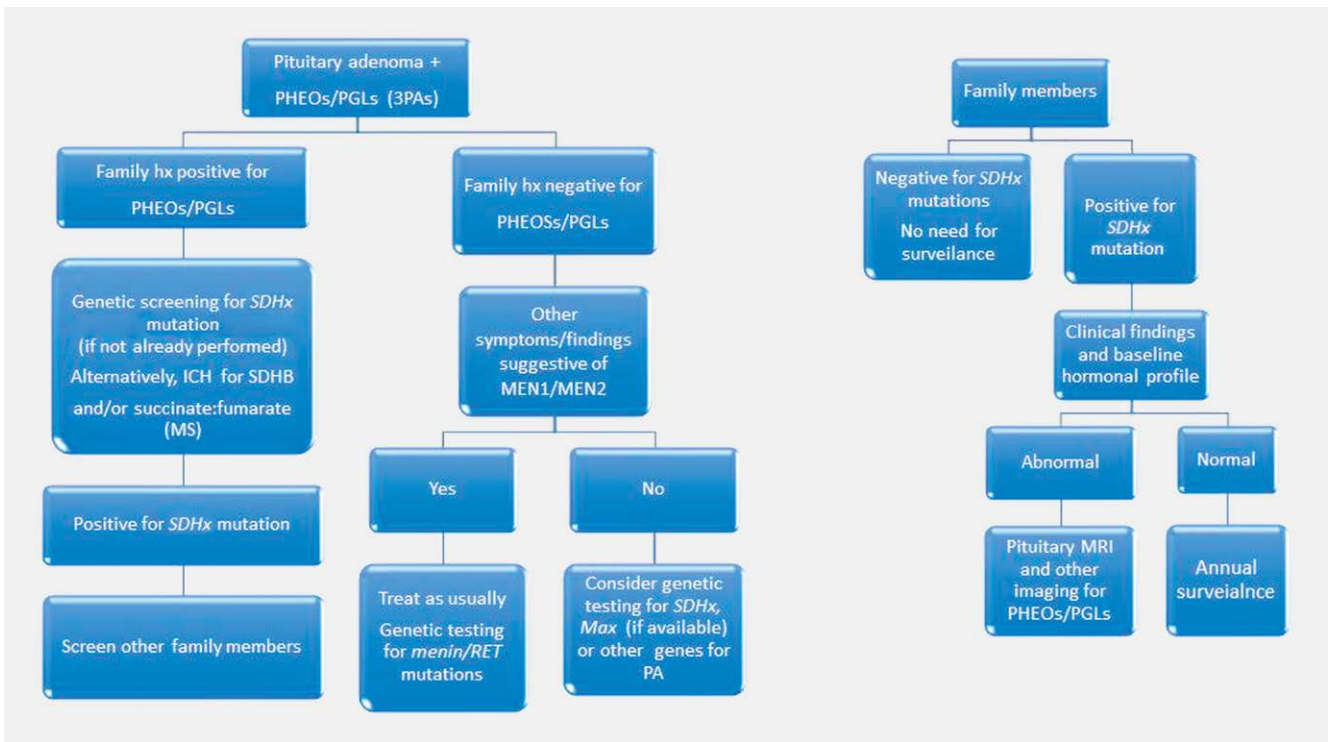
Treatment of PAs due to *SDHx* mutations should not differ from the recommended treatment for sporadic tumors [67–71]. However, it is possible that more than one treatment modalities will be required, as these tumors are often more aggressive and tend to recur more frequently than their sporadic counterparts (although



▶ **Fig. 1** a: H & E staining of the pituitary adenoma of the *SDHD* patient reported by Xekouki et al., 2012 [15, 17] showing cytoplasmic vacuoles (arrow) ( $\times 40$ ) b: Enlarged mitochondria with marked swelling and abnormal and/or missing internal cristae in pituitary cells of *Sdhb*<sup>+/-</sup> mice (electron microscopy 200 nm).



► **Fig. 2** Proposed mechanism of tumor development in SDHx-deficient pituitary adenomas; SDHx mutations may initially lead to hyperplasia, as it was shown in *Sdhb*<sup>+/-</sup> mice, which eventually either at the presence of another mutation or epigenetic events it will lead to pituitary tumor development (H & E staining of the original case reported in 2012).



► **Fig. 3** Recommended clinical investigation and follow-up in patients with 3PAs.

this impression may change as more cases are now identified by screening and are followed prospectively).

Special attention should be given to patients that may have MEN1, MEN2, or MEN4, as now we know that all three syndromes may be associated with both PAs and PHEOs/PGLs. Thus, plasma or urine metanephrine measurements may be needed prior to sur-

geries in patients with suggestive signs and symptoms of a PHEO or a PGL. Finally, in case of a family history of a PHEO/PGL due to MAX mutation, careful medical history and physical examination should be performed in all mutation carriers for the presence of other tumors related to MAX mutations such as PA and renal cancer as recently described [33, 72].

Genetic testing for *SDHx* mutations should be performed in any patient who presents with 3PAs particularly if there is family history of PHEOs/PGLs in other family members (the latter may not only include first-degree relatives). In the absence of a family history of PHEOs/or PGLs, screening for *SDHx* mutations in patients with apparently sporadic 3PAS may also be performed, as these genetic defects are known to have low penetrance in affected families. Alternatively, and/or if genetic screening is not readily available, *SDHB* staining and succinate:fumarate ratio maybe another way to look for *SDHx* defects. The presence of intracytoplasmic vacuoles is another pathology finding strongly suggestive of *SDHx* gene defect. If screening for *SDHx* mutations is negative or pathology and biochemistry are not suggestive of *SDHx* defects, then screening for *menin* or *RET* mutations should be based on the presence of clinical features and/or tumors that would indicate the presence of the MEN1 or MEN2 syndromes. Screening for MEN4 is not considered routine at this point, as is the case for other genes known to predispose to PA development [73]. Finally, screening for *MAX* mutations should be considered if *SDHx* and *menin* are screened negative.

## Final remarks

In the era of next generation, sequencing and new molecular techniques hundreds of new genes responsible for tumors have been discovered [74]. The opposite is also true: many new associations are found for mutations of the same gene(s). Indeed, today is the era of physician-researchers working like crime scene investigation (CSI) agents, gathering data carefully, connecting seemingly unrelated facts, and discovering new phenotypes for known gene defects [75]. The *SDHx* genes are very well suited for the investigation of new associations, as they are expressed in all cells, have an essential role in mitochondrial function, and their defects have low, overall, penetrance.

## Conflict of Interest

The authors declare no relevant conflicts of interest. This work was supported by the NICHD intramural research program.

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