Wire-guided stricturotomy for sealed ileal pouch

A 31-year-old woman with a 10-year history of ulcerative colitis was seen at our outpatient clinic with complaint of abdominal pain and increased output from her ileostomy. She had previously undergone a subtotal colectomy with an end ileostomy for medically refractory ulcerative colitis in 2008. She then underwent elective complete proctectomy with ileal pouch-anal anastomosis and diverting loop ileostomy 6 months later. We decided to perform pouchoscopy to rule out pouch-related complications (**Video 1**).

Illeoscopy was performed via the stoma. The terminal ileum appeared normal to 25 cm from stoma. The patient was found to have a diverted pouch outlet stricture. The sealed outlet was detected by a Jag-





▶ Video 1 Wire-guided stricturotomy for sealed ileal pouch.



▶ Fig. 1 Wire-guided stricturotomy of sealed ileal pouch. a Sealed pouch outlet was detected by a Jagwire (Boston Scientific, Marlborough, Massachusetts, USA). b Diverted pouch outlet stricture was noted. c Knife stricturotomy was performed over the guidewire. d Knife stricturotomy was performed in a radial fashion. e Sealed ileal pouch was effectively treated with wire-guided stricturotomy.

wire (Boston Scientific, Marlborough, Massachusetts, USA) (>Fig.1a,b). We then performed knife stricturotomy over the guidewire (>Fig.1c,d). Moderate diversion pouchitis with exudates was noted. We were able to pass the scope without difficulty (>Fig.1e).

The patient tolerated the procedure well without any immediate complications. She reported improvement in her symptoms at the 1-month follow-up visit. Sealed ileal pouch can be safely and effectively treated with wire-guided endoscopic stricturotomy.

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Competing interests

None

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Bibliography

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