Resolution of a large infradiaphragmatic leak with endoscopic vacuum therapy after total gastrectomy

Anastomotic insufficiency with leakage is a life-threatening complication after radical gastrectomy. Surgical reintervention may be associated with high rates of recurrence and increased morbidity [1]. Placement of a fully covered self-expandable metal stent is commonly performed as a first line conservative treatment. However, success rates after endoscopic stenting range between 63% and 91% [2]. Endoscopic vacuum therapy is a novel technique that allows continuous drainage of the leak, control of infection, and secondary wound healing process, and has shown high clinical success rates [3–5].

A 35-year-old man who underwent total gastrectomy and termino-lateral esophagojejunal anastomosis for gastric cancer at an outside hospital presented with an anastomotic leakage 5 days after surgery. Re-operation was unsuccessful. On postoperative Day 10, the patient was referred to our center with septic shock. The computed tomography (CT) scan confirmed the persistence of an anastomotic leak (Fig. 1). An upper endoscopy showed a wall defect at the level of the anastomosis, which affected 30% of the circumference and gave access to a 10 cm (depth) × 5 cm (diameter) cavity with necrotic debris.

An Eso-SPONGE (B. Braun, Melsungen, Germany) was placed with endoscopic guidance inside the cavity and connected to a vacuum with a negative pressure of 100 mmHg (Video 1). The sponge was replaced 2–3 times per week (Fig. 2). The septic shock quickly resolved with antibiotic therapy, and after 36 days of endoscopic treatment and 12 sponge replacements, the remaining wound cavity was <2 cm (depth) × 1 cm (diameter) and the endoscopic therapy was discontinued. An upper endoscopy 10 days later (Fig. 3), and a CT scan and a barium swallow confirmed absence of leakage (Fig. 4, Fig. 5). The patient was discharged 2 days later with good tolerance to an oral diet, and continued to do well at 3 months’ follow-up.

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Competing interests
Drs. Sendino, Momblan, and de Lacy are speakers for B. Braun Company.
**Fig. 3** Upper endoscopy (10 days after the end of vacuum therapy). a The wall defect on the level of the anastomosis measured only 7 mm and was not accessible by a conventional gastroscope. b A pediatric gastroscope was used to access the cavity, which was only 2 cm long and had completely healed.

**Fig. 4** Computed tomography scan (10 days after the end of vacuum therapy). There was no evidence of contrast leakage and the cavity was completely resolved (*). 

**Fig. 5** The barium swallow was performed 10 days after the end of therapy and there was no evidence of a leak.

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**Corresponding author**

Oriol Sendino, MD, PhD
Endoscopy Unit, Institute of Digestive Diseases and Metabolism, Hospital Clinic of Barcelona, Villarroel 170, Esc 3-2, 08036 Barcelona, Spain
Fax: +34-93-2279850
sendino@clinic.cat

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* These authors contributed equally to this work.

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**The authors**

Oriol Sendino1.,*, Gerhard Jung2.,*, Dulce Momblan3, Antonio Maria de Lacy4
1 Endoscopy Unit, Gastroenterology Department, ICMDD, IDIBAPS, CIBEREHD, Hospital Clinic de Barcelona, University of Barcelona, Barcelona, Spain
2 Endoscopy Unit, Gastroenterology Department, ICMDD, Hospital Clinic de Barcelona, Barcelona, Spain
3 Department of Gastrointestinal Surgery, ICMDD, Hospital Clinic de Barcelona, University of Barcelona, Barcelona, Spain
4 Department of Gastrointestinal Surgery, ICMDD, IDIBAPS, CIBEREHD, AIS Channel, Hospital Clinic de Barcelona, University of Barcelona, Barcelona, Spain

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