Laparoscopy and endoscopy cooperative surgery is a safe and effective novel treatment for duodenal neuroendocrine tumor G1

The European Neuroendocrine Tumor Society guidelines recommend endoscopic resection for nonampullary duodenal neuroendocrine tumors (NETs) <10 mm in size without any metastasis [1]; however, endoscopic resection for duodenal NETs is challenging [2]. Gincul et al. reported 32 duodenal NETs treated by endoscopic mucosal resection [3]. The R0 resection rate was 50%, the overall complication rate was 38%, and one procedure-related death occurred. Suzuki et al. reported the outcome of endoscopic submucosal dissection (ESD) for 37 rectal, 2 gastric, and 3 duodenal NET cases [4]. The R0 resection rate was 98% but the perforation rate of duodenal ESDs was 66%. Laparoscopy and endoscopy cooperative surgery (LECS) [5] is one of the options to resect duodenal NETs safely.

A 77-year-old man was referred to our hospital for treatment of duodenal NET G1 diagnosed by biopsy. Esophagogastroduodenoscopy revealed a 5-mm submucosal tumor at the duodenal bulb (▶Fig. 1). Endoscopic ultrasonography revealed a hypoechoic lesion in the submucosal layer just above the muscularis propria (▶Fig. 2).

▶Video 1 Laparoscopy and endoscopy cooperative surgery for duodenal neuroendocrine tumor G1. Selection of the appropriate resection area and initial mucosal incision (endoscopically) were followed by complete resection (endoscopically and laparoscopically) and suturing (laparoscopically).
It was considered that an R0 resection would be too difficult to achieve and the risk of perforation would be too great with endoscopic resection. Hence, we selected LECS (▶ Video 1).

First, surgeons exposed the duodenal bulb and the second portion laparoscopically. Then, endoscopists and surgeons marked around the lesion, and mucosal circumferential incision was performed endoscopically (▶ Fig. 3). After that, we performed a quarter of the full-thickness incision endoscopically, with the remaining three-quarters being performed laparoscopically. Finally, surgeons performed laparoscopic suturing, and endoscopists confirmed duodenal lumen patency and no leakage. The overall operative time was 3 hours 41 minutes, and the hemorrhage volume was 10 mL. The pathological diagnosis was duodenal NET G1, T1b-SM2, ly0, v0, HM0, VM0, and 5 mm in size (▶ Fig. 4). The NET invasion extended to just above the muscularis propria (▶ Fig. 5). Notably, endoscopic resection seemed impossible. At 3 years after LECS, local recurrence and metastasis have not been observed. Our findings suggest that LECS is an effective treatment for duodenal T1b NET G1.

Endoscopy_UCTN_Code_TTT_1AO_2AN

The authors

Nobukazu Yorimitsu1,2, Tsuneo Oyama2, Akiko Takahashi2, Takuo Takehana3, Satoshi Shiozawa4
1 Department of Gastroenterology, Tokyo Metropolitan Cancer Detection Center, Tokyo, Japan
2 Department of Endoscopy, Saku Central Hospital Advanced Care Center, Saku, Japan
3 Department of Surgery, Saku Central Hospital Advanced Care Center, Saku, Japan
4 Department of Pathology, Saku Central Hospital Advanced Care Center, Saku, Japan

Corresponding author

Nobukazu Yorimitsu, MD
Department of Gastroenterology, Tokyo Metropolitan Cancer Detection Center, 2-9-2 Musashidai, Fuchu, Tokyo 1830042, Japan
Fax: +81-423-270297
99097ny@jichi.ac.jp

None
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DOI https://doi.org/10.1055/a-0999-5172
Published online: 2019
Endoscopy
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

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