Total enteroscopy by antegrade motorized spiral enteroscopy under conscious sedation for acute overt obscure gastrointestinal bleeding

In patients requiring deep enteroscopy, balloon overtube-assisted enteroscopy and spiral overtube-assisted enteroscopy are generally the procedures of choice, but each has its own strengths and limitations in terms of total enteroscopy rate and procedure time [1]. Recently, a novel motorized spiral enteroscope (MSE; Olympus, Tokyo, Japan) equipped with a short motor-driven spiral overtube has become available (Fig. 1) [2–5]. To date, the reported total enteroscopies, whether by antegrade approach alone or combined antegrade and retrograde approaches, have been performed with the patient under general anesthesia or deep sedation [5]. To the best of our knowledge, we here report the first case of total enteroscopy by antegrade MSE being performed for overt obscure gastrointestinal (GI) bleeding in a patient under conscious sedation.

An 87-year-old man with recent hospitalization for Campylobacter gastroenteritis presented with hematochezia and a drop in hemoglobin from normal to 5.4 g/dL. After he had been resuscitated, upper GI endoscopy and colonoscopy were performed, which showed small clean-based gastric ulcers, maroon-colored blood and clots throughout the colon and terminal ileum, and several non-bleeding ulcers in the terminal ileum.
Despite having initially been stabilized, the patient developed recurrent bleeding and shock. Urgent celiac and mesenteric angiography did not reveal any active extravasation of contrast. Because of the high clinical suspicion of small-bowel bleeding, antegrade MSE was subsequently performed with the patient under conscious sedation with midazolam and pethidine. Total enteroscopy was achieved (▶ Fig. 2) with a procedure time of 58 minutes from the ligament of Treitz to the cecum. Adherent clots and multiple non-bleeding ulcers up to 2 cm in size were visualized in the mid-to-distal ileum and were biopsied (▶ Fig. 3; Video 1). The patient tolerated MSE well and there were no adverse events. The small-bowel ulcer biopsies revealed acute inflammation without evidence of infectious organisms, malignancy, or chronicity. Given the lack of prior aspirin or NSAID use, the ulcers were presumed to be related to the patient’s recent *Campylobacter* gastroenteritis. The patient was eventually discharged in stable condition, without further episodes of bleeding.

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### Competing interests

Raymond S. Y. Tang: medical advisory board member (Boston Scientific), Philip W. Y. Chiu: consultant (Olympus, Boston Scientific), scientific advisory board member (Aptorum, EndoMASTER).

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