Novel side-by-side metal stent placement for recurrent hepatic hilar obstruction after placement of multiple metal stents

Endoscopic re-intervention following placement of multiple self-expandable metal stents (SEMSs) is challenging [1–3]. A suitable re-intervention for malignant hilar biliary obstruction (MHBO) is not available. Plastic stents are used for re-intervention following placement of multiple SEMSs, but advancing the plastic stents through the mesh of the SEMS is difficult. This report describes successful side-by-side (SBS) metal stent deployment for recurrent MHBO after placement of SEMSs. A 69-year-old man underwent endoscopic multistent drainage (8 mm × 8 cm and 8 mm × 6 cm; BileRush Selective; Piolax, Kanagawa, Japan) using a partial stent-in-stent (SIS) technique for MHBO due to a recurrent lesion after left lob-
ectomy for left intrahepatic cholangiocarcinoma (Fig. 1). His obstructive jaundice recurred 7 months later. A contrast-enhanced computed tomography (CT) scan (Fig. 2) and endoscopic retrograde cholangiography (ERC) (Fig. 3a) revealed recurrent hilar obstruction due to tumor ingrowth and overgrowth.

Endoscopic re-intervention was performed. Two 0.025-inch guidewires (VisiGlide 2; Olympus, Tokyo, Japan) were inserted into the dilated anterior and posterior branches, and two laser-cut SEMSs (8 mm x 8 cm; BileRush Selective; Piolax) with 5.7-Fr delivery systems were simultaneously inserted over the guidewires without balloon dilation of the stent mesh (Fig. 3b; Video 1). The stents were then deployed in the optimal positions using the SBS technique (Fig. 3c, d). Fig. 4 shows the post-insertion CT images. His total bilirubin level improved from 4.4 mg/dL to 1.7 mg/dL within 14 days. Three months later, he succumbed to underlying disease but without experiencing occlusion of the SEMSs.

Re-intervention using SBS placement of metal stents has two advantages over plastic stents. First, the thin SEMS delivery systems are simpler to advance and track, and easily penetrate the mesh for stent deployment. Second, SEMSs have longer patency than plastic stents [1].

This is the first report of the placement of simultaneous SBS SEMSs for re-intervention in recurrent MHBO following placement of multiple SEMSs. This innovative, efficacious method may be considered after the placement of multiple SEMSs.

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**Competing interests**

The authors declare that they have no conflict of interest.
Fig. 4 Computed tomography (CT) scan images after simultaneous endoscopic side-by-side (SBS) placement of two uncovered self-expandable metal stents (SEMSs) showing:
a the SEMSs in the anterior and posterior segments;
b the SBS SEMSs (yellow arrows);
c a reconstructed CT image of the SBS SEMSs (yellow arrows) positioned in the SEMSs previously deployed using the stent-in-stent technique.