Novel endoscopic ligation with O-ring closure involving muscle layer of a gastric artificial defect

Endoscopic closure of a gastrointestinal artificial defect effectively reduces the incidence of postoperative adverse events [1], especially delayed bleeding due to antithrombotic drugs. However, although several closure techniques have been developed, including endoloop [2], multiple clip-and-line [3], and hand suturing [4], there is still no convenient and reliable closure technique for the stomach because of the thick gastric wall. One important issue is that limited mucosal suturing results in the formation of a mucosal bridge and cavity, leading to mucosal dehiscence at an early stage. We describe a novel gastric artificial defect closure method named endoscopic ligation with O-ring closure (E-LOC).

An 84-year-old man presented with early gastric cancer in the lower stomach. After standard endoscopic submucosal dissection, a defect 40 mm in diameter remained.

After written informed consent, the defect was closed using the following method involving the muscle layer (Fig. 1, Video 1). A 3–0 surgical nylon loop, 2 cm in diameter, was positioned around the defect, and two hemoclips (HX-610-090; Olympus, Tokyo, Japan) were used to anchor the loop on both edges of the defect (Fig. 2), and/or another one was
applied to the muscle layer. A clip applicator (ZP-S-195S; XMEX, Tokyo, Japan) was then used to grasp the loop and pull it into the cap of the endoscopic variceal ligation device (MD-48720U; Sumius, Tokyo, Japan) (Fig. 3); the deployed hemoclips were then pulled into the cap. An O-ring was fired around the hemoclips to close the proximal side of the defect (Fig. 4). This procedure was repeated toward the distal side. Finally, the whole defect was closed completely (Fig. 5). The procedure time was 20 minutes. Three days later, the closure remained intact. This novel method using O-rings and capture of the muscle layer can be a feasible option for closure of large gastric artificial defects.

Competing interests

The authors declare that they have no conflict of interest.

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