Successful treatment by novel endoscopic ultrasound-guided devascularization for refractory splenic artery aneurysm associated with portal hypertension

Splenic artery aneurysm carries significant risk of rupture and life-threatening hemorrhage [1]. Therapy utilizing digital subtraction angiography (DSA) with embolization is usually safe and effective; however, incomplete occlusion can occur and frequently requires surgical repair [2]. We report the case of refractory splenic artery aneurysm associated with portal hypertension that was successfully treated by a novel endoscopic ultrasound (EUS)-guided devascularization technique.

A 64-year-old woman with chronic hepatitis B presented with epigastric abdominal pain for 4 months. Esophagogastroduodenoscopy showed isolated gastric varix in the fundus. Computed tomography revealed splenic artery aneurysm and cirrhosis with portal hypertension (Fig. 1). Embolization via DSA was performed successfully, as confirmed by selective splenic arteriography. One week later, a 2-cm residual aneurysm cavity was detected by EUS (Fig. 2). After EUS-guided obliteration of gastric varices, which hamper transgastric puncture to the aneurysm, a standard 22-gauge fine-needle aspiration needle was inserted into the aneurysmal neck, and a pre-loaded 0.018-inch fibered interlock detachable coil (F-IDC; 2D 12 mm, 30 cm; Boston Scientific, Marlborough, Massachusetts, USA) was slowly pushed out of the needle tip into the residual aneurysmal cavity. After confirming that the aneurysmal neck was adequately coiled, the delivery wire was removed. EUS showed the direction of inflow had changed and the velocity had slowed down. Then, 3 mL lauromacrogol was injected into the aneurysmal sac; inflow slowed down further. Rapid injection of 0.5 mL tissue glue followed by 2 mL lauromacrogol generated a hyperechoic clot in the aneurysmal neck, with cessation of inflow (Video 1). EUS with Color Doppler confirmed complete occlusion of the original aneurysm at the 8-week and 16-week follow-ups (Fig. 3).

Angiographic re-embolization of an aneurysm may not be feasible because of small vessel caliber [3]. The key to successful management of refractory aneurysm is selective devascularization of high-velocity blood inflow from the neck of the sac leading to the endoleak, rather than direct deployment of excess coils in the sac with risk of erosion and migration of coils [4,5]. With more powerful embolization effect and more control in selecting embolization sites, F-IDCs are the preferred treatment modality for vascular lesions with high blood flow that require highly precise embolization. Though not reported in the past, F-IDCs can be used successfully for EUS-guided aneurysm embolization. We therefore considered the EUS-guided selective devascularization with F-IDC, glue, and lauromacrogol to be a valuable therapeutic alternative for refractory cases with both splenic artery aneurysm and gastric varices.

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Fig. 1 Computed tomography revealed splenic artery aneurysm and cirrhosis with portal hypertension.

Fig. 2 Endoscopic ultrasound images. a A thick walled anechoic residual cavity with multiple hyperechoic coils was detected. b Color Doppler revealed the inflow from tortuous splenic artery. c Color Doppler showed the inflow and the retractable flow streams from the sac wall.
Competing interests

The authors declare that they have no conflict of interest.

References


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