

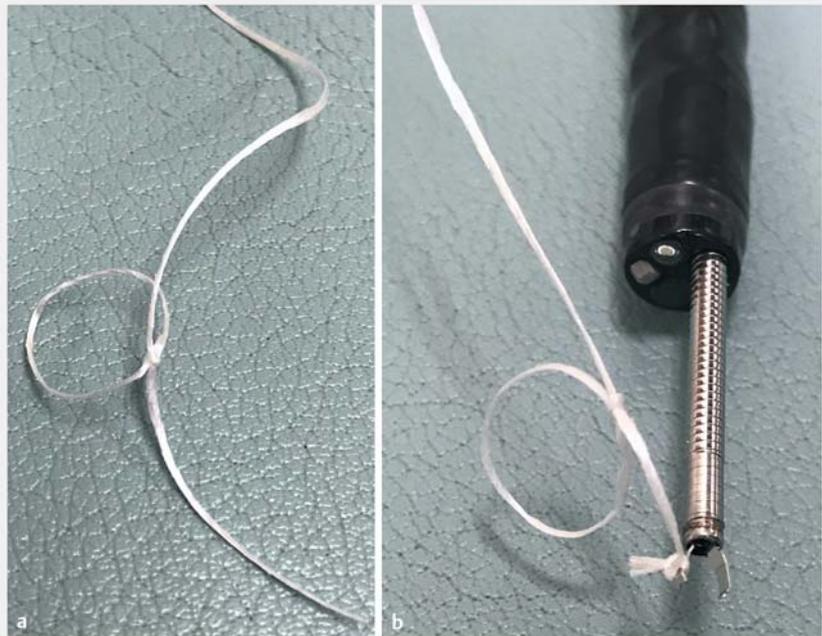
## Side-loop method easily enables dual traction during gastric endoscopic submucosal dissection ▶



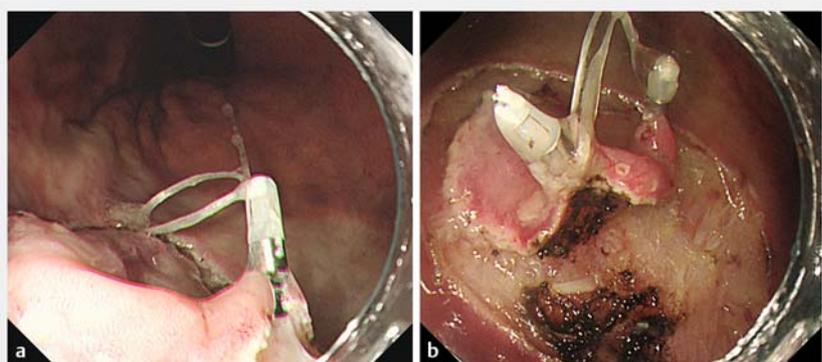
The clip-with-line traction method is widely used in gastric endoscopic submucosal dissection (ESD), making ESD safe and speedy [1–3]. However, traction sometimes is only partially applied, and therefore, a sufficient effect may not be obtained. We devised a modified clip-with-line method called the side-loop method to apply traction simultaneously to two points using one line, which results in sufficient traction over a wider area.

Dental floss is the only thing needed to create a side-loop (▶ **Fig. 1a**). After the circumferential mucosal incision is performed, the endoscope is removed from the patient. The dental floss with side-loop is connected to a hemoclip (EZ clip, HX-610-135S; Olympus, Tokyo, Japan), and the endoscope is reinserted (▶ **Fig. 1b**). As with the conventional clip-with-line method, the hemoclip is placed at the edge of the lesion (▶ **Fig. 2a**). The side-loop is then hooked using another clip and placed at another edge of the lesion, thus allowing dual traction, and traction over a wider area (▶ **Fig. 2b**) [4]. During a medical check-up, a 72-year-old man underwent endoscopy, which revealed a 23-mm type 0-IIc early gastric cancer located on the greater curvature of the middle stomach body. ESD was performed with a GIF-H290Z endoscope and 2.0-mm DualKnife J (Olympus) (▶ **Video 1**). After circumferential marking was done and a mucosal incision was made, the side-loop method was used to obtain dual points of traction. Traction could be applied over a wide area, thus allowing the submucosal dissection to proceed easily. The lesion was resected en bloc within 33 minutes. The pathological result was moderately differentiated tubular adenocarcinoma, depth of submucosal invasion 300 μm, negative lymphovascular invasion, and negative margin.

In conclusion, the side-loop method easily, efficiently, and inexpensively enables

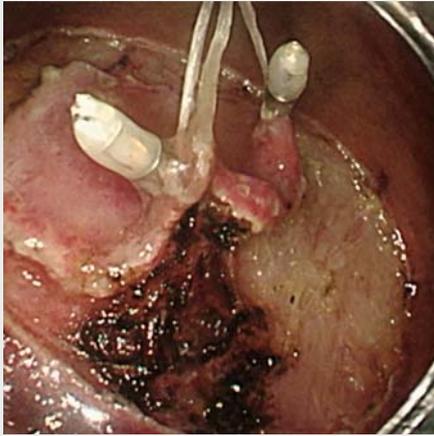


▶ **Fig. 1** **a** A side-loop was formed with dental floss in advance of the procedure. The side-loop was easily created by tying dental floss around a 2.5-mL syringe. **b** The dental floss with side-loop was attached to the hemoclip.



▶ **Fig. 2** **a** ESD was performed with a VIO 300D electrosurgical unit (Erbe Elektromedizin, Tübingen, Germany) using the following settings: Endo Cut Q, effect 2, duration 3, interval 2; swift coagulation, effect 4, 50 W; forced coagulation, effect 3, 20 W. After the circumferential mucosal incision was made, a hemoclip with the side-loop of dental floss tied to it was placed at the edge of the lesion. **b** The side-loop was hooked with another clip and placed on another edge of the lesion. Dual traction thus could be applied over a wide area.

dual traction, which permits easier performance of gastric ESD.



**Video 1** Side-loop method for dual traction during gastric endoscopic submucosal dissection.

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## Competing interests

The authors declare that they have no conflict of interest.

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