Endoscopic ultrasound-guided gastrojejunal anastomosis followed by retrograde colonoscope-assisted metal stenting of the bile duct

Over the past decades, the secondary mechanical obstruction of the upper gastrointestinal (GI) tract caused by pancreatic head tumors has been treated with a standard surgical approach. The recent development of minimally invasive techniques like transluminal interventions guided by endoscopic ultrasound (EUS) has opened up new modalities for some patients [1–2].

A 56-year-old woman had been treated with chemotherapy for pancreatic head adenocarcinoma with metastases to the lymph nodes. An endoscopic retrograde cholangiopancreatography (ERCP) with a plastic stent implantation was performed to treat obstructive jaundice. After finishing therapy, the patient presented with symptoms of gastric outlet obstruction.

Owing to her poor surgical status, she was referred for endoscopic treatment.

The procedure was begun by advancing a guidewire (Hydra Jagwire, .035 inch, 450 cm; Boston Scientific, Marlborough, Massachusetts, USA) followed by a biliary catheter (X-Press; Olympus Medical Systems Corp., Tokyo, Japan) through the narrowed duodenal bulb to the most distal part of the upper jejunum. This step was performed under fluoroscopic guidance with a standard endoscope (GIF-HQ190; Olympus). To exclude a distal small intestinal obstruction, a contrast solution (Omnipaque; GE Healthcare, Chicago, Illinois, USA) was injected behind the Treitz ligament (▶ Video 1). After passage confirmation, the small intestine was filled with water at the Treitz ligament level (▶ Fig. 1). This facilitated endosonographic visualization of the optimal site for lumen-apposing metal stent (LAMS) placement. The gastrojejunostomy was performed by implanting a 15-mm stent (AXIOS, Boston Scientific) (▶ Fig. 2).

After 4 weeks, the patient presented with no symptoms of GI obstruction but with worsening cholestasis requiring ERCP. Plastic stent removal and self-expandable metal stent implantation were performed through the AXIOS stent lumen using a pediatric colonoscope (PCF-H190, Olympus) (▶ Video 1, ▶ Fig. 3). At the 4-week follow-up, no jaundice or gastrointestinal obstruction was observed.

This case is important for three main reasons. First, we confirmed that EUS-guided transluminal creation of a gastrojejunal anastomosis is a safe and effective alternative to surgery. From the technical standpoint, we want to highlight the role of the catheter in locating the opti-
mal site for stent placement. Also, filling the jejunum with water is a crucial step for safely performing the gastrojejunos-
tomy because it allows for easy visibility and puncturing during EUS. Second, placement of a self-expandable stent
with the relevant diameter facilitates performing another required procedure, in this case ERCP. Finally, we have shown that ERCP can be performed using a forward-viewing endoscope (pediatric colonoscope), which was advanced orally but reached the papilla on a retrograde route, i.e., through the newly created endoscopic gastrojejunosostomy, making it in essence a “double retrograde” procedure (“oral retrograde ERCP”).

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Competing interests

The authors declare that they have no conflict of interest.

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