Flat colorectal sessile serrated polyp: an example of what artificial intelligence does not easily detect

In recent years, image recognition using artificial intelligence with deep learning has dramatically improved and opened the door to more detailed image analysis and real-time application in various medical fields [1,2]. In the colorectal cancer screening area, real-time computer-aided detection systems can lead to significant increases in both polyp and adenoma detection rates [3]. The ENDO-AID CADe program working in combination with the EVIS X1 video column (Olympus, Tokyo, Japan) is also able to provide visual support during the screening process, making endoscopy easier and more efficient.

First, we report the case of a 59-year-old woman referred to our center for colonoscopy surveillance post-polyp resection 3 years ago. She underwent magnifying colonoscopy (HQ 190 with EVIS X1 video column; Olympus, Tokyo, Japan) and chromoendoscopy. After careful analysis, we detected an 18-mm flat sessile serrated adenoma/polyp in the transverse colon (Fig. 1). The Olympus computer-aided detection system revealed difficulties in detecting the lesion, even after the mucus adhering to the mucosa was washed away and after various approach attempts with the endoscope (Video 1).

A second case of a 61-year-old man referred to our center for the same reason showed that a 6-mm flat sessile serrated adenoma/polyp was detected by the program only after washing away the mucus (Video 1). Despite its great value for the human eye to detect a sessile serrated adenoma/polyp, mucus could be a false friend for computer-aided detection systems and lead to less visible edges and non-detection of the elevated shape. These cases illustrate that human detection still has a role to play, but for how long? As artificial intelligence becomes more and more powerful, humans will probably have to focus mainly on colon surface exploration. In any case, artificial intelligence should always be considered a tool and will never completely replace physicians.

Competing interests

The authors declare that they have no conflict of interest.

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