Successful biliary stone removal after resolution of post-endoscopic sphincterotomy papillary stenosis using temporary covered metal stent placement

Although few studies have reported the frequency of papillary stenosis after endoscopic sphincterotomy (EST), serious complications such as bleeding and duodenal perforation are reported with repeated EST [1]. For benign biliary stenosis, the usefulness of temporary placement of a fully covered self-expandable metal stent (FCSEMS) is reported [2]. Herein, we describe successful biliary stone removal after resolution of post-EST papillary stenosis using temporary placement of a dumbbell-shaped FCSEMS (BONASTENT M-Intradiuctal; Sci-Tech Inc., Seoul, South Korea), which has a central saddle portion with a diameter 2 mm less than that of the proximal and distal portions to prevent stent migration.

A 79-year-old man who underwent total gastrectomy for gastric cancer 30 years previously was admitted to our hospital because of a recurrent biliary stone. The patient had undergone single-balloon enteroscopy (SBE)-assisted EST with lithotripsy for biliary stones 4 months prior to the present admission. The latest SBE showed a post-EST scar on the papilla (Fig. 1); subsequent cholangiography showed an 8-mm biliary stone. Endoscopic papillary balloon dilation was performed using a 10-mm balloon, but the
post-EST papilla was hard, stenosed, and could only be dilated to 5 mm (▶ Fig. 2). Lithotripsy was attempted but failed because the stone could not be grasped with a mechanical lithotripter. Therefore, an FCSEMS (10 mm × 4 cm) was placed across the papilla for stenosis resolution. Finally, a double-pigtail plastic stent was placed in the FCSEMS to prevent stone impaction (▶ Fig. 3). The patient was readmitted 4 weeks later for stone removal. After the FCSEMS was removed, the stenosis was found to have resolved (▶ Fig. 4) and the stone was successfully removed using a retrievable balloon catheter (▶ Video 1). Our procedure was safe and could be useful for troubleshooting when removal of biliary stones is difficult because of hard stenosis of the papilla after EST.

Competing interests
The authors declare that they have no conflict of interest.

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Endoscopy 2022; 54: E210–E211
DOI 10.1055/a-1486-6659
ISSN 0013-726X
published online 12.5.2021
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Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany