Mimicry of an acute pseudocyst by a gastrointestinal duplication cyst in a 14-year-old boy

A 14-year-old boy was urgently admitted to the hospital because of acute abdominal pain, vomiting, abdominal tenderness, and elevated lipase levels of up to 2000 U/L. An initial basic work-up did not show anything to suggest a conventional etiology. The diagnosis of pancreatitis was put forward, which was confirmed by an abdominal computed tomography (CT) scan. Remarkably, the scan additionally revealed a demarcated peripancreatic fluid collection anterior to the pancreas, with free surrounding intra-abdominal fluid (▶ Fig. 1). At that time, it was assumed that a pre-existing acute pseudocyst had ruptured spontaneously and was causative of the clinical presentation. A further work-up by means of magnetic resonance imaging (MRI) 6 days after admission, and 3 days after the previously mentioned CT scan, strangely enough exhibited a fully re-established tense bilobular encapsulated fluid collection (length 8.3 cm, width 4.1 cm) (▶ Fig. 2), instead of the previously described flaccid collection. Recurrence of the initial acute pseudocyst was suspected.

Given the symptomatic and recurrent nature of the pseudocyst, the patient was referred for endoscopic drainage. At endoscopic ultrasound (EUS) before the drainage, the presumed peripancreatic fluid collection anterior to the pancreas, with free surrounding intra-abdominal fluid (▶ Fig. 1). At that time, it was assumed that a pre-existing acute pseudocyst had ruptured spontaneously and was causative of the clinical presentation. A further work-up by means of magnetic resonance imaging (MRI) 6 days after admission, and 3 days after the previously mentioned CT scan, strangely enough exhibited a fully re-established tense bilobular encapsulated fluid collection (length 8.3 cm, width 4.1 cm) (▶ Fig. 2), instead of the previously described flaccid collection. Recurrence of the initial acute pseudocyst was suspected.

Given the symptomatic and recurrent nature of the pseudocyst, the patient was referred for endoscopic drainage. At endoscopic ultrasound (EUS) before the drainage, the presumed peripancreatic fluid collection appeared as a well-demarcated cystic lesion, showing sonolucent content and the absence of vascular signal (▶ Video 1). Upon closer inspection, its wall displayed the typical five-layered architecture of the gastrointestinal wall and, furthermore, showed clear peristaltic contractions.

The diagnosis of a “pseudocyst-mimicking” gastrointestinal duplication cyst (GDC) was therefore put forward. The patient was referred for surgical exploration, which confirmed our premise. A lateral-cystogastrostomy was performed. A full-thickness biopsy authenticated the typical intestinal layered architecture and the presence of intestinal-type epithelium. The patient had an uneventful course after surgery.

The possibility of GDCs should be kept in mind in children presenting with cystic lesions in the upper abdomen. Distinguishing these from pancreatic pseudocysts may prove a real diagnostic dilemma, which can be overcome by a detailed morphological study using EUS.

E-Videos
▶ Video 1 Endoscopic ultrasound evaluation of a suspected symptomatic pancreatic pseudocyst in a 14-year-old boy with episodes of pancreatitis.

Competing interests
The authors declare that they have no conflict of interest.