Endoscopic magnet-assisted gastrojejunostomy to treat symptoms caused by a deformed pylorus

A 42-year-old woman presented with a 5-year history of abdominal distension, abdominal pain, and emesis, which became worse after she began eating a little more. Gastroduodenal barium examination detected a deformed pylorus (Fig. 1a). Subsequently, a gastroduodenoscopy was performed, which revealed that the outlet of her stomach lay on the lesser curvature side of the gastric angulus, with a blind end at the antrum (Fig. 1b). We therefore suggested to the patient that she undergo surgery; however, she declined to undergo such treatment, preferring instead an endoscopic method to treat her problems. In the end, we decided to attempt, with the patient’s informed consent, an endoscopic magnet-assisted gastrojejunostomy (Video 1).

Firstly, two ring-shaped magnets (16-mm diameter) with attached fixing strings were placed in succession into her jejunum and stomach (Fig. 2a, b). After several attempts to adjust their position under fluoroscopic guidance, the two magnets attracted perfectly and were then stabilized by the string (Fig. 2c, d). After 1 week with the magnets in place, a superficial ulcer developed under the compression of the magnets (Fig. 2e). We extracted the magnets after another 2 weeks (Fig. 2f), leaving behind a stenotic fistula. We then used a dilation balloon to enlarge the fistula (Fig. 3a, b) and put in a 16×20-mm lumen-apposing metal stent (Fig. 3c). A subsequent endoscopy and barium examination showed that this manually built channel was unobstructed (Fig. 3d–f), with no leakage of barium. During 1 month of follow-up, the patient gained relief of her symptoms, without any complications of the procedure.

With advancements of technology, endoscopic methods, such as magnets, natural orifice transluminal endoscopic surgery (NOTES), and endoscopic ultrasound (EUS)-guided techniques, are able to create a gastrointestinal anastomosis without the requirement for surgery [1]. Moreover, the creation of magnet-assisted gastroenteric anastomoses has been demonstrated to be feasible and safe for malignant gastric outlet obstruction [2]. Our experience indicates that this method may also result in good outcomes for patients with benign anatomic abnormalities.

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Video 1 Video showing a deformed pylorus identified in a 42-year-old woman with a history of abdominal distension, abdominal pain, and emesis; the procedure of endoscopic magnet-assisted gastrojejunostomy; and the subsequent dilation and stenting of the fistula to leave an unobstructed channel.

Fig. 1 Images from a 42-year-old woman with a history of abdominal distension, abdominal pain, and emesis showing a deformed pylorus. a on barium examination; b on endoscopy.
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Competing interests

The authors declare that they have no conflict of interest.

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Fig. 2 Images of the endoscopic magnet-assisted gastrojejunostomy procedure showing: a, b endoscopic views of the two ring-shaped magnets with attached strings being placed into the jejunum and stomach in succession; c, d the two magnets after perfect attraction had been achieved between them on: c endoscopic view; d radiographic image; e the superficial ulcer that developed under compression from the magnets; f the two magnets following their extraction.

Fig. 3 Images of the creation of the manually built channel showing: a the stenotic fistula being enlarged by balloon dilation; b the appearance of the fistula after dilation; c the lumen-apposing metal stent that was inserted across the dilated fistula; d, e endoscopic appearance 3 weeks later; f an unobstructed channel on barium examination.