A 70-year-old man presented with epigastric discomfort. He had undergone a transarterial coil embolization of a splenic artery pseudoaneurysm 3 months previously. Computed tomography revealed an effusion extending from the pancreatic tail towards the mediastinum, with an accompanying pleural effusion (▶Fig. 1). Endoscopic retrograde pancreatography revealed severe ductal strictures in the pancreatic body (▶Fig. 2a) and a pancreaticopleural fistula upstream of those strictures (▶Fig. 2b).

We then managed to advance a long-tapered catheter beyond the strictures; however, we were unable to pass a naso-pancreatic drainage (NPD) tube through the strictures. Therefore, we next opted to perform a "tunneling technique" using a novel device delivery system (Endo-Sheather; Piolax Medical Devices, Kanagawa, Japan). The device delivery system consists of an inner catheter that tapers to a tip of 3.9Fr diameter within an outer sheath (6.2Fr inner diameter), which enables devices of up to 5.7Fr diameter to successfully pass through tight strictures. Thus, we advanced the delivery system over a 0.035-inch guidewire to dilate the strictures (▶Fig. 2c), and after removing the inner catheter, we were now able to easily pass a 5Fr NPD tube through the outer sheath of the device and past the strictures (▶Fig. 2d, Video 1). We removed the tube 3 weeks after the treatment and discharged the patient without any further complication.

The endoscopic treatment of a pancreaticopleural fistula remains a challenging procedure, particularly when downstream pancreatic duct strictures are present. However, in this case, our "tunneling technique" allowed us to easily place the NPD tube beyond severe pancreatic duct strictures to successfully treat the fistula. Although the device delivery system has already been used to place metallic stents for malignant hilar biliary strictures [1], for endoscopic ultrasound-guided plastic stent placements [2], and for various types of selective biliary biopsies [3–5], we posit that it also has great potential for use in NPD tube placement across severe pancreatic duct strictures.
Competing interests

The authors declare that they have no conflict of interest.

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Endoscopy
DOI 10.1055/a-1952-0388
ISSN 0013-726X
published online 2022
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