CORRECTION
Do we even lift, bros?
Mihai Ciocîrlan
Endoscopy International Open 2022; 10: E570–E571.
DOI: 10.1055/a-1797-1936
In the above-mentioned article the following was corrected:
In paragraph 1, the qualification of Veronica Bessone mentioned in the article was changed to: biomechanist and biomedical engineer.
In paragraph 2, some inaccuracies contained in the following sentences were corrected, they were changed to:
They found that among 204 endoscopists and endoscopy nurses (78 % men, 81 % older than age 35 years), 53 % of them had at least one MSI. MSIs were more frequently located in the neck (23 %), shoulder (19 %) or thumb (19 %) and were more frequent in women (75 % of women vs. 46.25 % of men). MSIs were also more frequent if participants did more than three procedures per day and/or spent more than three hours in the endoscopy room per day.
Bullet point 4 was corrected due to inaccuracies in reference to the commented paper: Decrease load on spine, hips, and knees by achieving and maintaining a healthy body mass index (BMI). Although BMI values were not reported in the paper by Veronica and Sven [1] and although there was no statistical significance for height and weight intervals (p > 0.05), there is strong evidence that BMI > 25 kg/m² (overweight) or BMI < 18.5 kg/m² (underweight) is associated with higher frequency of MSI [9].
Inaccurate percentages were corrected in the following sentence in bullet point 5: However, they reported mostly "cardio" physical activities, such as jogging (38 %), walking (33 %), cycling (32 %), and only about 23 % reported strength training.
The name of the first author of reference [1] was corrected to: Bessone V
This was corrected in the online version on 9.10.2023.