The characteristic “alveolus nest sign” in solid pseudopapillary neoplasm of the pancreas

A 23-year-old woman presented with a 1-week history of abdominal pain radiating to the back. The pain was not relieved by proton pump inhibitors. Contrast-enhanced abdominal computed tomography scan demonstrated a round, well-defined, hypodense lesion (red arrow) within the pancreatic body (Fig. 1). On endoscopic ultrasound (EUS) elastography there was a 2 × 2.5-cm hypoechoic mass that was predominantly hard (blue) with dispersed heterogeneous soft (green) areas (Fig. 2). Contrast-enhanced harmonic endoscopic ultrasound (CH-EUS) revealed hyperechoic solid granular components interspersed with small anechoic regions within the pancreatic mass (Fig. 3). These characteristics were typical of the “alveolus nest sign” and were present during the arterial and venous phases of CH-EUS (Video 1). EUS-guided fine-needle biopsy with subsequent histopathologic examination (Fig. 4) and immunohistochemical analysis (Fig. 5) yielded a definitive diagnosis of solid pseudopapillary neoplasm (SPN). The patient underwent distal pancreatectomy for definitive treatment. SPN is an uncommon pancreatic neoplasm exhibiting low malignant potential. It predominantly affects young females and is characterized by indolent behavior, with an excellent long-term prognosis for the majority of patients [1–4]. CH-EUS examination may reveal char-
acteristic features suggestive of SPN pathology, including the presence of an intratrabecular pseudopapillary architecture or intratumoral clefting, also termed the “alveolus nest sign” [1, 2]. On CH-EUS, the alveolus nest sign is seen as a region with isoechochogenicity to hyperechogenicity, containing a solid and granular component. This component is interspersed with multiple small anechoic areas of varying sizes. These anechoic regions become evident on CH-EUS typically 40 seconds after contrast injection. The presence of this sign at any time within 40 seconds to 5 minutes post-contrast administration is considered characteristic of the alveolus nest sign [1, 2]. CH-EUS is useful in differentiating SPN of the pancreas from other pancreatic tumors. Alveolus nest sign is a characteristic feature of SPN on CH-EUS.

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Conflict of Interest

The authors declare that they have no conflict of interest.

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Fig. 4 Histopathology specimen showed scattered epithelioid cells with clear or eosinophilic cytoplasm arranged in sheets or papillary shapes.

Fig. 5 Immunohistochemical tests showed the following positive results. a CD56. b β-catenin. c α-1-antitrypsin. d Progesterone receptor.
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