Risk of perforation during endoscopic submucosal dissection using latest insulation-tipped diathermic knife (IT knife-2)

Endoscopic submucosal dissection (ESD) enables en bloc resection of lesions regardless of tumor size or location. The insulation-tipped (IT) diathermic knife (Olympus Medical Systems Corp., Tokyo, Japan) is a proven endoscopic device for ESD [1,2]. ESD gastric perforations using the IT knife usually happen during submucosal dissection [3]. However, we present an ESD perforation case that occurred when an IT knife-2, an improved version of the IT knife [4], was being used for circumferential mucosal incision.

A 59-year-old man presented a superficial depressed-type 20-mm lesion (Fig. 1), histologically diagnosed as a well-differentiated adenocarcinoma. Under sedation and following submucosal injection of normal saline solution, an initial incision was performed using a needle knife (Olympus Medical Systems Corp.). After the tip of the IT knife-2 had been inserted into the initial incision (Fig. 2a), an unexpected perforation occurred during the circumferential mucosal incision (**Fig. 2b**, **Video 1**). The resection was discontinued and the perforation was successfully closed using endoscopic clips (Fig. 3).

A recent study evaluated the use of the IT knife-2 over the original IT knife, reporting a significantly shorter operating time with no significant changes in the en bloc resection and complication rates [4]. The addition of a three-pronged blade directly beneath the insulation tip of the IT knife-2 seems to be the reason for an increased cutting ability from a vertical view, an enhanced lateral cutting capability, and a greater facility to hook the tissue edge prior to cutting (Fig. 4a and **b**). However, it is our belief that the perforation reported here would not have occurred if the original IT knife had been used at the time. Therefore, more gentle manipulation than that required with the original IT knife should be adopted during circumferential mucosal incision, especially by endoscopists who are inexperienced in the use of this recently developed device.

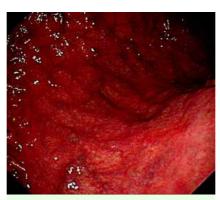
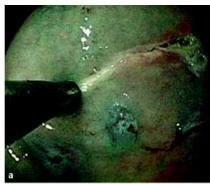


Fig. 1 Endoscopic finding of early gastric cancer. A superficial depressed lesion located in the posterior wall of the lower gastric body was revealed by conventional endoscopy.



Fig. 3 Closure of the perforation was successfully performed using endoscopic clips.



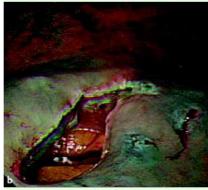


Fig. 2 Circumferential mucosal incision. **a** Circumferential mucosal incision had just begun using the insulation-tipped (IT) knife-2 from the point of small initial incision made with a needle knife. **b** Perforation occurred at the beginning of the circumferential mucosal incision.

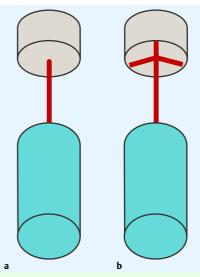


Fig. 4 The difference between the original IT knife and the IT knife-2. **a** There is no blade underneath the insulation tip of the original IT knife. **b** The IT knife-2 has a three-pronged blade directly beneath the insulation tip.

Video 1

Endoscopic submucosal dissection gastric perforation using the IT knife-2 during circumferential mucosal incision.

S. A. Con^{1,2}, I. Oda¹, H. Suzuki¹, C. Kusano¹, S. Kiriyama¹, T. Gotoda¹

- ¹ Endoscopy Division, National Cancer Center Hospital, Tokyo, Japan
- ² Surgery and Endoscopy Divisions, Centro Digestivo Doctores Con-Mediplaza, San Jose, Costa Rica

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Corresponding author

I. Oda, MD

Endoscopy Division National Cancer Center Hospital 5-1-1 Tsukiji Chuo-ku Tokyo 104–0045 Japan Fax: +81-3-35423815 ioda@ncc.go.jp