Veratrum californicum (Durand) and Teratogenic Effects Leading to Holoprosencephaly and Cyclopia

In 1963, Binns et al. [1] described the development of congenital cyclopean-type malformations in lambs following maternal ingestion of the range plant Veratrum californicum (Durand). While cattle, sheep, rat, and rabbit embryos under such conditions develop mainly cyclopia, chicken embryos preferentially develop holoprosencephaly [1–4]. Holoprosencephaly is a developmental field defect of impaired midline cleavage of the embryonic forebrain (for reviews, see [5] and [6]). However, there is a wide phenotypic spectrum depending upon the specific cause of this malformation. In its most extreme form, it is associated with cyclopia, which is characterized by one eye being located centrally over the root of the nose (Fig. 1). In sheep such effects occur when pregnant ewes are exposed on day 14 of gestation. The most frequent defects caused by exposure at later periods of gestation, around day 30, are limb deformities, palate defects, and severe tracheal stenosis [7]. All these defects in the whole spectrum of their expression have counterparts in humans; however, their causes are unknown, in contrast to the situation in exposed animals, where constituents of plants of the genus Veratrum were found to be responsible.

Plants of the Genus Veratrum and Their Teratogenic Constituents

Plants of the genus Veratrum (Liliaceae) are found all over the world, with many different species in Eurasia and America. Typical habitats are (sub)alpine with humid, acidic soils. Veratrum californicum is found in North America in restrictive habitats such as high, moist meadows. It propagates by rhizome and grows in dense, sharply defined stands. Analysis of extracts of Veratrum californicum by Keeler and Binns led to the identification of steroidal alkaloids as the cause of holoprosencephaly [8]. Among the isolated compounds were cyclopamine (11-deoxojervine), jervine, and cycloposine (3-glucosyl-11-deoxojervine) (Fig. 2), which are closely related C-nor-D-homo-steroids with a fused furanopiperidine-at-
tached spiro at carbon 17 of the steroid [9]. Cyclopamine is the principle teratogen because of its high concentration in *Veratrum californicum*, while jervine appears to be more abundant in *Veratrum viride* roots. Related steroidal alkaloids such as veratramine, veratrosine, and germine are found in the roots and rhizomes of different *Veratrum* species [10, 11]. Those lacking the furan ring (Fig. 2) do not induce cyclopia [9] but may lead to other congenital birth defects and different types of toxicities [11,12]. Because of its potential medicinal use, *in vitro* techniques for propagating *Veratrum californicum* have been developed [13].

### Sonic Hedgehog Signaling as the Target of Cyclopamine

In 1996, mutations in the human Sonic Hedgehog (Shh) gene were found to cause holoprosencephaly [14]. Likewise, mice lacking the homolog gene developed cyclopia and other defective axial patterning [15]. Following these observations, cyclopamine and jervine were found to exert their teratogenic action by blocking the Hedgehog (Hh) signaling pathway [16]. Because Hh signaling is one of the complex signaling cascades regulating embryonic development [17,18], it is not surprising that cyclopamine at very different times of embryogenesis inhibits multiple morphological processes in many tissues. While developmental issues of Hh signaling and its inhibition by cyclopamine have been the subject of many reviews [19–21], its role in adults has not yet received as much attention. In this review, we will focus mainly on phenomena exerted by Hh signaling in healthy adults – different types of cancer, cancer cells, and psoriasis – and will highlight the effects caused by cyclopamine.

### Basic Features of the Hedgehog Signaling Pathway and Molecular Actions of Cyclopamine

Despite its complexity and many unsolved aspects, a basic scheme of the canonical Hh signaling pathway can be delineated that seems highly conserved throughout evolution (Fig. 3) [for reviews, see [17] and [18]). In mammals, three Hh genes have been identified: – Sonic, Indian, and Desert. One key feature of the Hh proteins is their modification by lipids (cholesterol and palmitic acid), which considerably influences their solubility and range of action [22–25]. However, traffic over larger distances mediated by lipoproteins is also possible [26]. At the target cell, Hh molecules interact with the 12-pass membrane Hh receptor Patched (Ptc). In the absence of Hh (Fig. 3A), Ptc seems to act as a transporter, exporting vitamin D3 or a precursor [27] that blocks the seven-pass G protein-coupled receptor Smoothened (Smo) [28]. Hh binding inhibits the catalytic function of Ptc, leading to activation of Smo by oxysterols (Fig. 3B). Active Smo subsequently propagates the signal elicited by Hh to downstream effectors (i.e., to members of the Gli/Ci family of zinc-finger transcription factors). The intracellular signal propagation involves a plethora of proteins [e.g., Costal2 (Cos2), Fused (Fu), and Suppressor of Fused (SuFu)] arranged in large protein complexes, the composition and function of which may vary in different species and is poorly defined so far. The Gli factors of vertebrates (Gli1, Gli2, and Gli3) serve different func-
There is, however, no direct competition of cyclopamine and oxy-
sterols for the same binding site on Smo [20]. Instead, cyclo-
amine seems to act comparably to vitamin D3 or its precursor
[27] and may share the same binding site. Indeed, in one study,
cyclopamine replaced vitamin D3 from recombinant Smo protein
with an apparent dissociation constant of 2 nM [27]. It is assumed
that other steroidal alkaloids such as jervine behave accordingly.
In in vitro assays on taste papilla development, cyclopamine and
jervine revealed a similar potency for inhibiting Hh signaling
[33].

### Hedgehog Signaling in the Physiology of the
### Adult Body

#### The importance of Hh signaling in stem cells

Various studies have now demonstrated the function of Hh sig-
aling in the control of cell proliferation, especially for stem cells
and stem-like progenitors in adults [34–36]. Hh signaling has
been found to play a role in regulating the self-renewal of normal
stem cells in the skin, nervous system, breast, and hematopoietic
system. Hh activation also increases the proliferation of mam-
mary progenitor cells [37]. It has been shown that Hh signaling
is also required in the stem cell niches of the gonads and bone
marrow [38] and is strongly implicated in maintaining stem cell
niches in the stomach [39].

#### Central nervous system

Endogenous Shh plays a role in the generation of serotonergic,
GABAergic, and dopaminergic cells from mesencephalic precurs-
sors and promotes their survival as a trophic factor [40]. Hh sig-
aling also plays a neuroprotective role by increasing the expres-
sion of brain-derived neurotrophic factor, whereas cyclopamine
reduces it [41].

In the postnatal cerebellum, Shh expressed by Purkinje cells may
act on its target receptor complex localized in the external germi-
native layer to activate Gli1 and stimulate proliferation of rat cer-
bellar granule cell neuroblasts. In the adult brain, Ptc and Smo
transcripts are co-localized in a few areas such as the hippocam-
pal granule cells. However, Ptc transcripts are also observed
without any detectable Smo expression, such as in the superior
colliculus [42].

#### Gastrointestinal tract

It was shown that Hh signaling is an important regulator in ho-
meostatic processes of the adult stomach, colon, and pancreas.
Throughout adult life, Hh signaling is strongly implicated in the
differentiation of gastric and intestinal epithelium and maintains
their specificity [43]. Cyclopamine treatment for 14 days markedly
disturbs enterocyte maturation. In the island of murine pan-
creas, the Hh signaling pathway plays an important role in the
regulation of insulin production. The administration of cyclo-
amine decreases insulin 1 promoter activity, insulin secretion
and the insulin content of pancreatic cells [39].

Various contributions of the Hh pathway during adult liver injury
have recently been reviewed [44]. Depending on the cause and
the specific type of (chronic) injury, regenerative processes are
accompanied by upregulation of Hh signaling in bile duct epithe-
lial cells, hepatic stellate cells, and/or progenitor cells. Whether
cyclopamine may slow down regeneration is not known.
Hh signaling positively influences cell proliferation in the adult testis, and both Sertoli and germ cells are targets of Hh activity. Treatment with cyclopamine causes defects in spermatogenesis and reduces fertility [45].

Immune system
Hh proteins function in the maintenance of intrathymic CD34+ precursor cell populations. The survival and function of human thymic dendritic cells (which play an important role by presenting self-antigens and inducing apoptotic death of potentially autoreactive developing T cells) are also dependent on autocrine Hh signaling. Cyclopamine decreases the viability and function of thymic dendritic cells [46]. It is certain that the Hh pathway regulates immune system functioning; however, the critical question as to whether Hh signaling is protective or pathogenic remains unanswered. In some immunopathologic disorders, the Shh pathway functions as a possible repair mechanism, but it could also have a damaging effect [39].

Cardiovascular system
Hh signaling is required for adult cardiac homeostasis to maintain proangiogenic gene expression and promote survival of the coronary microvasculature. The temporal and tissue-specific deletion of Smo leads to a reduction in proangiogenic gene expression and dropout of coronary blood vessels, resulting in tissue hypoxia, cardiomyocyte apoptosis, ventricular failure, and lethality [47–49]. However, Bijlsma et al. [50] have supposed that Hh expression exerts a dualistic action during cardiac ischemia, in that high exogenous levels are able to foster tissue repair while endogenous Hh seems to be deleterious, causing left ventricular dilatation and reduced cardiac output. They showed that cardiac muscle vascularization is similar in cyclopamine-treated and control-treated animals but that apoptosis is increased and fibrosis is reduced in the cyclopamine-treated animals.

Bones
Recent results provide evidence that Hh signaling plays a crucial role in postnatal bone homeostasis and point to Hh signaling as a potential molecular target for the treatment of osteoporosis. Systemic administration of the Hh signaling inhibitor cyclopamine decreased bone mass in adult mice [51].

Adipogenesis, fat mass, and body weight
There is plenty of evidence that Hh signaling plays an important role in fat formation and adipogenesis during postnatal development [52]. Experiments on cultured cells suggest that Hh signaling shows anti-adipogenic properties [53]. Thus, differentiation of preadipocytes is inhibited by Shh [54], and maturation of human adipose stem cells is inhibited by purmorphamide, a Hh signaling agonist [55]. While it is established that activation of Hh signaling results in inhibition of adipogenic differentiation and that downstream components of Hh signaling are downregulated during adipogenesis [54,56], the question of whether inhibition of Hh signaling is necessary and sufficient to induce adipocyte differentiation is still a matter of debate [53,54]. In a number of cell systems, inhibition of Hh signaling, e.g., by cyclopamine, was found to be necessary but not sufficient for this process [55–57]. In contrast to these findings in vitro, most experiments leading to stimulation of Hh signaling in vivo tend to enhance both fat mass and body weight. In adult mice, injection with Shh–IgG fusion protein caused a significant increase in fat mass and body weight without affecting food consumption [58]. In line with these results, mutations in Ptc that activate Hh signaling were associated with increased body weight in mice in utero [59] and in humans, as observed in Gorlin’s syndrome [60]. Conversely, inhibition of Hh signaling using neutralizing antibodies protected mice against diet-induced weight gain [61]. In this instance, partial impairment of intestinal absorption of fat, particularly of triglycerides, might be involved [61]. Administration of the same antibodies in utero or immediately after birth decreased plasma cholesterol levels and lipid accumulation in enterocytes and induced fatty stools [62]. Similar inhibition of Hh signaling in adult ApoE−/− mice, which develop atherosclerotic lesions when fed normal chow or Western-type diets, increased total plaque area and stimulated foam cell formation, while plasma cholesterol levels were decreased [63]. No weight gain was observed, most probably because of inhibition of intestinal fat absorption as described for normal mice [61]. On the contrary, however, adult mice bearing a specifically truncated Ptc1, causing them to suffer from spontaneous mesenchymal dysplasia, were found to show reduced white fat mass [64]. Together, these results show that Hh signaling has a complex impact on many aspects of lipid metabolism and adipogenesis in adult animals, but the influence may vary with the specific type of activation or inhibition of the signaling pathway and may depend on whether Hh signaling is affected globally or only in specific organs and cells. So far, no long-term studies using cyclopamine have been performed. However, on the basis of the data reviewed above, one may expect that chronic administration of cyclopamine will have considerable impact on lipid metabolism throughout the body.

Role of the Hh Pathway in Tumorigenesis

An increasing body of evidence documents the implication of Hh pathway hyperactivation in cancers such as skin, brain, gastrointestinal tract, lung, prostate, and breast cancers and oral squamous cell carcinomas [65–69]. The list of tumors reported to be Hh dependent is steadily growing, and it is estimated that about 25% of all cancer deaths show signs of aberrant Hh pathway activation [67]. Overproduction of Hh ligands (ligand dependent) [70,71] and/or genetic mutations of Hh pathway molecular components, such as loss-of-function mutations in negative pathway regulators (Ptc, SuFu, Hhip1) and gain-of-function mutations in Smo [39,66,70,71], can be the cause of Hh signaling hyperactivation in the pathogenesis of tumors. Gli1 and Gli2 gene amplification, Gli1 chromosomal translocation, or Gli2 protein stabilization also can determine ligand-independent hyperactivation of the Hh pathway [68] (Table 1).

Genetic mouse models suggest that Hh signaling may contribute to the initiation of an aberrant progenitor population, which is then maintained in cancer as a tumor “stem cell” compartment, provides their self-renewal, and promotes the proliferation of tumor cells and tumor growth [71,72] (Fig 4). In addition, it has been shown that Hh signaling plays an important role in epithelial-mesenchymal transition (EMT) and leads to an increase in cell motility with further cell invasion and metastasis [34]. Moreover it stimulates the differentiation of endothelial progenitor cells in tumors and induces the expression of angiopoietins I and II and vascular endothelial growth factors from mesenchymal cells. These findings highlight the significance of tumor-associ-
The role of Hh signaling in cancer was first identified in individual models of pancreatic, medulloblastoma, breast, prostate, small-cell lung, and digestive tract cancers [65, 69, 70, 74]. The antitumor activity of cyclopamine is determined by increased apoptosis and cell differentiation, decreased cell proliferation and viability, and inhibition of cell migration, invasion, and EMT [39] (Fig. 4).

### Hedgehog Signaling in Specific Types of Cancer and the Beneficial Effects of Cyclopamine

**Skin cancers**

The role of Hh signaling in cancer was first identified in individuals with Gorlin’s syndrome, also known as basal cell nevus syndrome. Gorlin’s syndrome is characterized by the presence of multiple basal cell carcinomas of the skin, abnormalities in facial and skeletal development, and a predisposition to medulloblastomas and rhabdomyosarcoma [75–78]. These are the most commonly diagnosed human cancers, and approximately 750,000 basal cell carcinomas are treated each year in the United States alone [79].

The pathogenesis of basal cell carcinomas is characterized by mutations in Ptc1 (67%), Smo (10%), and SuFu (5%) genes [67, 76, 79–81].

Topical administration of cyclopamine inhibits the growth of malignant cells driven by Hh activation, shows effectiveness in the induction of differentiation and apoptosis in basal cell carcinomas, by reducing the size of lesions, and leads to the regression of sporadic basal cell carcinomas [76, 79, 81]. Similarly, oral cyclopamine treatment of Ptc1 C/K mice prevented basal cell carcinoma development after UV irradiation [82].

### Brain cancers

Medulloblastoma, a tumor of cerebellar granule neuron progenitor cells, is a childhood cancer with an invariably poor prognosis [80]. During normal development, Shh is a mitogen for cerebellar granule neuron progenitors, and constitutive activation of this pathway in these cells due to inactivating mutations of Ptc1 and SuFu or activating mutations of Smo seems to give rise to medulloblastoma [80]. Similarly, in sporadic medulloblastomas loss or mutation of either Ptc1 or SuFu occurred in 10–20% and 41%, respectively, of cases [76].

The use of cyclopamine was shown to decrease medulloblastoma cell growth in vitro and in vivo. Cyclopamine treatment on human medulloblastoma cell lines resulted in inhibition of cell division and loss of cell viability. When cyclopamine is administered on murine medulloblastoma cells, it inhibits their proliferation, downregulates expression of a neural stem cell marker, and stimulates expression of differentiation-associated genes [66]. In vitro, cyclopamine also drives medulloblastoma cells from a stem cell phenotype into a more differentiated state [83]. Rubin et al. suggested that Hh inhibition might have a more general effect on medulloblastoma cells than anticipated and that Hh antagonists might have the capacity to block the growth of all medulloblastomas, presumably because Hh has a mitogenic effect on these cells even when the pathway is not hyperactivated through

**Table 1** Altered Hedgehog components in different types of tumors.

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<th>Cancer type</th>
<th>Altered Hh pathway components</th>
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<td>Medulloblastoma</td>
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<td>Esophageal squamous cell carcinoma</td>
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<td>Hepatocellular cancer</td>
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<td>Small-cell lung cancer</td>
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<td>Prostate cancer</td>
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<td>Breast cancer</td>
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**Fig. 4** Involvement of the Hedgehog pathway in tumorigenesis and the effects of cyclopamine. The pathways, which are stimulated by Hh signaling, are indicated in bold. Under physiological conditions, the Hh system provides the self-renewal of stem cells and participates in the maintenance of tissue structural homeostasis. In the case of hyperactivation, the Hh system converts stem cells into tumorigenic stem cells; maintains them in tumors; participates in the activating interactions between myofibroblasts and tumor cells; stimulates endothelial progenitor cells and the release of angiogenic factors from mesenchymal cells; inhibits apoptosis in tumor cells and leads to their proliferation; and stimulates EMT of tumor cells. As a result, hyperactivation of the Hh pathway leads to tumor neovascularization, growth, invasion, and metastasis. The antitumor activity of the Hh pathway antagonist cyclopamine is determined by an increase in apoptosis and cell differentiation; a decrease in tumor neovascularization, cell proliferation, and viability; and inhibition of EMT, cell migration and invasion.
mutation [80]. Systemic administration of cyclopamine in a mouse model of medulloblastoma reduced tumor size and tumor cell number while increasing apoptosis. Systemic treatment in vivo thus appears to have beneficial effects [66,82]. Finally, as a small molecule, cyclopamine can cross the blood–brain barrier and be a valuable therapeutic remedy in the treatment of medulloblastoma [72,83].

Another type of brain cancer is glioblastoma multiforme, which is incurable and exhibits various degrees of astrocytic differentiation. It has recently been proposed that glioblastoma multiforme derives from neural stem or progenitor cells and that the survival of stem-like side population cells in glioblastoma is dependent on ongoing Hh pathway activity [84]. Hh pathway blockade by cyclopamine reduced growth and viability in glioma lines. Most significantly, cyclopamine therapy dramatically reduced the side and Aldefluor-positive populations present in glioblastoma multiforme cells, resulting in cultures no longer able to form colonies in vitro or xenografts in vivo [36].

Gastrointestinal cancers
Cancers in the gastrointestinal system account for a large proportion of malignancies and cancer-related deaths. Being vital and essential to the normal patterning of the gastrointestinal tract, it has been shown that the Hh pathway also plays a critical role in both the formation and the maintenance of gastrointestinal tract malignancies, including oral, esophageal, gastric, and intestinal cancers; pancreatic adenocarcinomas; and liver carcinoma and cholangiocarcinoma [39].

Nishimaki et al. showed a hyperactivation of the Hh system in oral squamous cell carcinoma. They also found that cyclopamine treatment induced a decrease in the number of cells and an increase in caspase-3 activity, indicating cell death [85]. The important determinants of esophageal squamous cell carcinoma and of gastric and pancreatic cancer development are the upregulation of Shh and the downregulation of Hhip1 [68,75,76,86–88]. It has been revealed that hyperactivation of Shh signaling in these cancers is associated with the EMT, migration, and invasion of cancer cells and the stimulation of lymphatic metastasis, indicating the high malignant potential and poor prognosis of these cancers [34,68,86]. Moreover, Shh was shown to be involved in the tumor-associated angiogenesis in pancreatic cancers in a paracrine manner [87]. In addition, it is possible that the signaling pathways canonical WNT, BIRC3, TGM2, PLAU, and BMP2, which have been found to be mechanistically involved in pancreatic tumorigenesis, also might be activated as a downstream target of an active Hh pathway [89].

Experiments conducted on esophageal squamous cell carcinoma and on gastric and pancreatic cancer cells have shown that cyclopamine inhibits EMT, cell motility, and metastasis and reduces the malignant growth of cancer cells in vitro and in vivo [34,68,70,81,86]. It has been shown that Hh inhibition with cyclopamine enhances apoptosis in pancreatic cancer cells; inhibits their proliferation, invasion, and migration; and modulates the tumor microenvironment in pancreas [89]. Systemic administration of cyclopamine leads to the inhibition of pancreatic cancer growth and a marked reduction in tumor size as well as increases the cytotoxic effects of radiotherapy and chemotherapeutic agents [39,80,87–90].

The downregulation of Hhip 1 is also observed in colorectal cancers, in the pathogenesis of which the Hh system shows another behavior [86]. It has been suggested that Shh provides the proliferative stimulus in the colon, whereas Indian Hh promotes epithelial differentiation by inhibiting proliferation. With this in mind, it is important to understand the colonic distribution of Sonic and Indian Hh and their local biological properties. There is evidence that cross-talk within the Hh signaling pathway may prevent effective blockade of this pathway in some cancers [39]. Hepatocellular carcinoma is one of the most frequent human cancers worldwide and has a very poor prognosis, despite advances in early diagnosis and therapy. Recently, the aberrant activation of Hh signaling in hepatocellular carcinoma was reported [75]. It has been shown that the activating mutations of Smo or induced expression of Shh was the major trigger for Hh signal activation, though Gli2 overexpression has also been described recently. The implication of a negative regulator of Hh signaling in hepatocellular carcinoma pathogenesis was not fully investigated. Hh signaling plays a major role in multiple aspects of embryonic development, including that of the liver, and it is possible that the remaining Hh signal-responsive progenitor cell function as cancer stem cells in the liver, leading to the genesis of hepatocellular carcinoma. On the other hand, taking into account that Hh signaling regulates angiogenesis, as well as the role of Hhip downregulation during tube formation, the disruption of the Hhip gene may also play a role in the pathogenesis of vascular-rich hepatocellular carcinoma.

Treatment with cyclopamine reduces cell viability in hepatoma cell lines. Moreover, it has been shown that sensitivity to cyclopamine was higher in Hhip-null cell lines than in Hhip-expressing cell lines. As cyclopamine antagonizes Smo, but not Hhip, these results were not anticipated by the authors [77]. On the other hand, taking into account that in general the effect of a pharmacological agent depends on expression of pathological processes, it could be predicted that in Hhip-expressing cell lines, where Hhip in some manner depresses tumorigenic potential, the effect of cyclopamine in these cells can be smaller than that in Hhip-null cell lines. Cholangiocarcinoma is the second most common primary malignant tumor in the liver; its global incidence ranges from 5% to 25% among liver tumors and has been reported to be increasing steadily. It has a poor prognosis due to a low radical resection rate secondary to delayed diagnosis and complicated anatomy, as well as being resistant to conventional chemotherapy and radiotherapy. Recently completed studies suggest that the Hh pathway is important for cholangiocarcinoma cell proliferation and that its inhibition with cyclopamine decreases cell proliferation and arrests the cell cycle at the G1 phase [91].

Lung cancer
Small-cell lung cancer was the first identified Hh-overexpressing tumor. It is an aggressive, highly lethal malignancy with primitive neuroendocrine features [92]. It was discovered that about 25% of human small-cell lung cancer samples have relatively high expression of both Shh and Gli1 [75,80]. On the other hand, downregulation of Hhip1 is also implicated in lung cancer [86]. Hh ligand communication to Ptch1-positive immune cells, including CD4+ T lymphocytes and macrophages, also can play a role in the pathogenesis of small-cell lung cancer [39]. Small-cell lung cancer cell lines appear to have developed a level of reliance on Hh signaling, whether autocrine or paracrine [66].

Cyclopamine treatment of small-cell lung cancer cell lines expressing both Shh and Gli1 inhibited their proliferation, downregulated stem cell markers, and increased apoptosis [92]. Subcutaneous injection of cyclopamine into animals carrying xenografts of small-cell lung cancer cell lines decreased tumor growth [66,80].
Prostate cancer
Prostate cancer is a leading cause of male cancer-related deaths, and in the U.S. it is exceeded only by lung cancer. The Hh pathway has recently been shown to be implicated in prostate cancer development and metastasis [38, 93]. The overexpression of Hh ligands has been revealed to cause pathway activation in prostate carcinoma [76, 77, 80]. It was shown that exogenous expression of the Hh-dependent transcription factor Gli1 in low-metastatic rodent prostate carcinoma cells caused enhanced migration in vitro and development of visceral metastases in vivo [94]. Administration of cyclopamine causes downregulation of proliferation and initiation of apoptosis and blocks EMT with consequent reduction in tumor size and inhibition of metastasis. Cyclopamine in a lethal, metastatic rodent model of prostate cancer completely abrogated systemic metastases and dramatically improved survival [38, 82, 93, 94]. The xenograft tumors derived from PC3 or 22RV1 cells grew more slowly and even regressed upon cyclopamine treatment. Remarkably, animals treated with the highest dose of cyclopamine, which caused complete prostate tumor regression, remained in remission even 70–148 days post-treatment [66].

Breast cancer
Despite advances in detection and therapies, breast cancer is still the leading cause of cancer death in women worldwide [95, 96]. Activation of the Hh signaling pathway has been shown to result in the generation of mammary carcinomas. An aberrant activation of the Hh pathway in different types of breast cancers can be determined by overexpression of Hh ligands and Smo or by the loss of Ptc1 [37, 76, 97, 98]. It has been proposed that hyperactivation of Hh signaling contributes to breast cancer through deregulation of the mammary stem cell compartment and alteration of epithelial-stromal interaction of normal and transformed epithelial cells [37, 99]. Liu et al. identified high-level expression of Hh pathway components in benign and malignant breast epithelial progenitors. Treatment with cyclopamine inhibits growth and proliferation of a subset of breast cell lines, reduces their viability, and induces apoptosis [76, 97]. It has been shown that cyclopamine inhibits the self-renewal of mammary stem cells and the proliferation of progenitor cells, but presumably cyclopamine may act here independently of Smo [37].

Implication of the Hh System in Psoriasis and the Effectiveness of Cyclopamine
Psoriasis is a common chronic inflammatory, disfiguring skin disease characterized by complex alterations in epidermal growth and differentiation and by multiple immunological and vascular abnormalities [78, 100]. Activation of T lymphocytes plays a central role in the pathogenesis of psoriasis. Activated T lymphocytes secrete cytokines, which lead to proliferation and decreased maturation of keratinocytes [100]. It also emphasizes the role of transcription factors, which are involved in cell proliferation/differentiation, immune/inflammatory responses, and lipid metabolism, in the pathogenesis of psoriasis [101]. It has been suggested that the Hh pathway is activated in lesional psoriatic skin. An activation of this pathway in keratinocytes induces hyperproliferation and resistance to exhaustion of replicative growth capacity. Additionally, the Hh pathway has also been implicated in modulation of the immune function of T cells in a proinflammatory manner, suggesting that the involvement of this pathway in psoriasis pathogenesis might be plausible. Here the possible influence of the Hh pathway on transcription factors also can have a role in the pathogenesis of psoriasis. It has been shown that the inhibition of neurofibromin (which mediates inhibitory signals against the Hh signaling pathway) expression can lead to activation of the Hh system in lesional keratinocytes in psoriasis [100]. Pharmacological inhibition of the Hh pathway using cyclopamine leads to rapid and expressed resolution of the disease [78, 100]. Cyclopamine-treated lesions developed a sharply demarcated circular area of vasoconstriction, which is consistent with capillary morphogenesis induced by Hh signaling [101]. Yet treatment of the psoriatic lesional skin with cyclopamine caused rapid disappearance of the T lymphocytes and other inflammatory cells that infiltrate such skin [35, 102]. Moreover, topical administration of cyclopamine appears to be more effective than the potent topical steroid clobetasol-17 propionate, a typical first-line therapy. However, Gudjonsson et al. could not confirm previously published studies on the activation of the Hh pathway in lesional psoriasis; on the contrary, their results indicate that this pathway may be modestly suppressed. They conclude that the effect of cyclopamine, if truly effective in psoriasis, is likely to be mediated through a mechanism other than blockade of Hh signaling [78].

Potential Hazards and Future Perspectives
Though cyclopamine, in the first enthusiasm about its anticancer effects, was promised a golden future, it is now obvious, in the light of the aforementioned widespread interactions with the normal tissues of adult body, that its action has a Janus face. Given that Hh signaling is required in the stem cell niches of various tissues such as the gonads, gastrointestinal tract, and bone marrow, a major pitfall of this otherwise promising cancer therapy is its potential for “on-target” toxicity on somatic stem cells occurring as a result of inhibition of the intended target (i.e., Hh) in non-cancerous cells [38]. Even when applied topically, as during treatment of psoriasis, cyclopamine could have adverse effects on epidermal/hair follicle stem cells [35]. Furthermore, during chronic systemic application, considerable changes in fat metabolism as well as in cardiovascular and immune system functioning may occur. Nonetheless, the balance between beneficial and adverse effects may vary depending on the type of delivery, the dose, and the duration of treatment as well as on the presence of other drugs (e.g., chemotherapeutic agents [100]). These promising aspects have prompted the search for diverse small-molecule inhibitors of Hh signaling based on cyclopamine or other leads [103], and a phase I clinical trial has already been started with notable results [104]. In the end, sophisticated and correct use of the principally teratogenic and hazardous constituent of Veratrum californicum, cyclopamine, may make it applicable as a beneficial therapeutic remedy against cancers and other pathologies.

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