Can the stomach be a target of cap polyposis?

A 67-year-old woman presented with epigastric pain and nausea. Gastroscopy showed multiple, variable-sized nodules on the posterior wall and lesser curvature of the upper body, as well as multiple, small, irregular nodular lesions all over the upper part of the gastric mucosa. Gastroscopic view of the lesions showing sessile polyps with central ulceration and a thick mucoid exudative cap.

they showed central ulceration with a thick mucoid or fibropurulent exudate (Fig. 1).

To confirm the diagnosis, we performed endoscopic mucosal resection and removed one lesion. The Campylobacter-like organism (CLO) test was positive. Microscopic examination of the gastric polyp showed irregular proliferation of crypts accompanied by chronic inflammation. The surface of the polyp was eroded and covered by granulation tissue and acute inflammatory exudates (Fig. 2).

Colonoscopic findings were unremarkable. The patient was given Helicobacter pylori eradication treatment. Four months after H. pylori eradication, gastroscopy was carried out again. Multiple, sessile or semi-pedunculated polyps were still noted on the upper body of the stomach but the size of the lesions had decreased slightly (Fig. 3).

The rapid urease test was negative. The patient attended our hospital again 16 months after H. pylori eradication. She denied having abdominal pain, nausea, or vomiting. On gastroscopy, the lesions described above were no longer seen (Fig. 4).

The CLO test was negative. Cap polyposis, first described by William and Morson in 1985, is a rare disease with unique clinicopathologic features [1]. It commonly affects the sigmoid co-
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Ion and rectal mucosa [2]. The characteristic endoscopic feature is the presence of multiple, sessile polyps covered by an apical “cap” consisting of mucoid and fibrinous exudates [3]. Recently, Ooya et al. reported a case of colonic cap polyposis with similar lesions in the stomach [4]. After H. pylori eradication treatment, all colonic and gastric lesions were healed [4, 5].

Here, we report a case of gastric cap polyposis with no evidence of colonic lesions, cured by H. pylori eradication treatment. H. pylori eradication treatment may be beneficial in patients with gastric cap polyposis, avoiding the need for endoscopic or surgical intervention.

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