A new method to facilitate bilateral hepatic duct drainage: simultaneous insertion of two thin 6-Fr self-expandable metal stents

An uncovered biliary self-expandable metal stent (SEMS) mounted on a 6-Fr delivery catheter has become available. It allows simultaneous side-by-side insertion of two SEMSs through the working channel of a standard therapeutic duodenscope.

A patient with a hilar stricture related to a gallbladder carcinoma was referred for biliary drainage. A standard duodenoscope (TJF-160; Olympus, Tokyo, Japan) was used for the whole procedure (Fig. 1).

Bilateral ductopacification was performed, followed by balloon dilation (6-mm Hurricane balloon catheter; Boston Scientific, Natick, Massachusetts, USA) of the left and right hepatic ducts, and failed insertion of two Wallflex SEMSs (Boston Scientific), which were removed. Immediately after SEMS removal, during the same endoscopic retrograde cholangiopancreatography (ERCP), two Zilver 635 SEMSs (Cook Medical, Winston-Salem, North Carolina, USA) were inserted, using the two guide wires that had been used for Wallflex insertion and without repeated stricture dilation. The Zilver SEMSs were deployed very slowly (the Zilver 635 is a nonshortening SEMS that deploys less gradually than the Wallflex, and its recapture into the delivery catheter is not possible). Serum bilirubin levels returned to normal values. No post-procedure complications were detected.

The procedure was successfully repeated in another patient with a Bismuth IV hilar stricture related to hepatocellular carcinoma (two Zilver 635 SEMSs were deployed simultaneously without any prior attempt with other SEMSs).

Only the Zilver 635 model is suitable for this technique; the standard Zilver model supplies an identical SEMS mounted on a 7-Fr transparent delivery catheter, allowing endoscopic control of transpapillary SEMS release.

The technique described may be particularly useful if two major ducts have been injected with contrast medium, to avoid leaving contaminated ducts undrained [1], and could potentially modify our approach to endoscopic drainage of hilar strictures. Simultaneous side-by-side insertion of two standard SEMSs into the hilum has been reported, but it requires a duodenoscope that is not yet commercially available, with a 6-mm diameter working channel [2].

Endoscopy_UCTN_Code_TTT_1AR_2AZ

Competing interests: None

Nguyen-Tang T, Dumonceau J-M. Simultaneous insertion of two SEMSs for bilateral hepatic duct drainage... Endoscopy 2011; 43: E24–E25
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Endoscopy 2011; 43: E24–E25
© Georg Thieme Verlag KG Stuttgart · New York · ISSN 0013-726X

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