Use of Tomosynthesis in Intraoperative Digital Specimen Radiography – Is a Reduction of Breast Re-excision Rates Possible?

Einsatz der Tomosynthese in der intraoperativen digitalen Präparate-Radiografie – Ist eine Reduktion der Mammareexzisionsrate möglich?

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Abstract

Aim: A prospective clinical study was done to see whether it is possible to reduce the rate of reexcisions using digital breast tomosynthesis (DBT) compared commercial FFDM.

Material and Method: Between 1/2011 and 5/ 2011 we diagnosed an invasive breast cancer (BI-RADS 5) in 100 patients. After histological verification we performed breast-conserving therapy with intraoperative imaging using one of 2 different systems: 1. Tomosynthesis (Siemens, Erlangen, Germany), amorphous selenium, Tungsten source, focus 0.1 mm, resolution 85 µm, pixel pitch, 8 l/mm, range: 50°, 25 projections, time for scanning > 20 s, geometry: same scanning scope, reconstruction: filtered back projection; or 2. Inspiration™ (Siemens, Erlangen, Germany), amorphous selenium, tungsten source, focus 0.1 mm, resolution 85 µm, pixel pitch, 8 l/mm as the standard. The 100 radiograms obtained with both systems were prospectively shown on a monitor to 3 radiologists.

Results: Out of a total of 100 patients with histologically proven breast cancer (BI-RADS 6) no reexcision was necessary in 78 patients. A retrospective analysis (n=22) demonstrated an increase in sensitivity of tomosynthesis compared to the InspirationTM at a magnification of 1.0:1.0 of 8% (p<0.05), i.e., in 8 patients re-excision would not have been necessary with tomosynthesis

Conclusion: Tomosynthesis has a significant higher sensitivity (p<0.05) compared with a commercial FFDM system. Studies with higher numbers of patients will be necessary to evaluate this method.

Zusammenfassung

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Ziel: Prospektive Untersuchung, ob mithilfe der digitalen Brusttomosynthese (DBT) im Vergleich mit einem herkömmlichen FFDM-System eine Senkung der Rate an Reexzisionen möglich ist.

Material und Methode: In der Zeit von 1/2011 bis 5/2011 wurde bei 100 Patientinnen ein invasives Mammakarzinom (BI-RADS 5) diagnostiziert. Nach histologischer Sicherung erfolgte die brusterhaltende Therapie mit intraoperativem Präparateradiogramm mit 2 unterschiedlichen Systemen: 1. Tomosynthese (Siemens, Erlangen, Deutschland), amorphes Selen, W-Anode, Fokus 0,1 mm, Ortsauflösung 85 µm, Pixelpitch, 8 l/mm, Winkelbereich 50°, 25 Projektionen, Scandauer > 20 s, Geometrie: gleichförmige Abtastung, Rekonstruktion: gefilterte Rückprojektion und 2. Inspiration™ (Siemens, Erlangen, Deutschland), amorphes Selen, W-Anode, Fokus 0,1 mm, Ortsauflösung 85 μm, Pixelpitch, 8 l/mm als Standard. Die jeweils 100 Präparateradiogramme wurden prospektiv 3 Radiologen auf einem Befundungsmonitor präsentiert.

Ergebnisse: Bei den 100 Patientinnen mit histologisch gesichertem Mammakarzinom (BI-RADS 6) war bei 78 Patientinnen nach erfolgter brusterhaltender Therapie keine weitere operative Therapie (Reexzision) indiziert. Die retrospektive Analyse (n = 22) ergab eine Steigerung der Sensitivität zwischen Tomosynthese und Inspiration™ bei einer Vergrößerung von 1,0:1,0 von 8% (p < 0,05), d.h. bei 8 Patientinnen wäre mit der Tomosynthese eine Reexzision nicht notwendig gewesen.

Schlussfolgerung: Die Tomosynthese zur Präparateradiografie erreicht signifikant (p < 0,05) eine bessere Sensitivität im Vergleich zu einem FFDM-System mit herkömmlichem Detektor. Studien mit größeren Zahlen sind notwendig zur weiteren Evaluierung der Methode.

Introduction

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The mortality of breast cancer declined in the last decade [1,2]. This is not only due to the implementation of recent research results in clinical practice and guidelines for treatment [3–6], but is also caused by implementation of standards in clinical diagnostics.

Both the European Guidelines and the S3 Guidelines require that at least 70% of all malignant breast lesions (BI-RADS 5) must be histologically verified before performing an operation – in fact, 90% is desirable [7–10]. This should then ensure that only a single operational intervention is required following the preoperative clarification of a diagnostically malignant process. This also requires the corresponding marking of all non-palpable breast lesions before the actual operational intervention (for example with wire) [7–10].

Sample radiography is often considered to be the method of choice for the proof of the complete removal of the lesion [11, 12]. A possible indicated approach is to transport the sample from operating room to Radiology in a suitable container and x-ray it directly there [13] or, optimally, directly perform sample radiography (two planes) intraoperatively in the operating room. The result of sample radiography is then directly available to both the surgeon and the pathologist, either via the medium film (analogue/digital) or, more efficiently, via the PACS.

The breast cancer re-excision rate after primary breast-conserving therapy with previous histologically verified carcinoma (histologically B5 and thus BI-RADS 6) is between 10% and 57% in the literature, depending on the safety margin defined [14].

Digital, image-guided methods for breast cancer diagnostic are used since a while. The full-field digital mammography is established and the digital breast tomosynthesis creates a 3-dimensional information about the mammary gland [15].

The objective of our prospective study was to determine whether a reduction in the rate of re-excisions for histologically verified invasive breast cancer followed by breast-conserving therapy with wire marking is possible compared to a well-known full field digital mammography (FFDM) system (Inspiration TM , Siemens) (\circ Fig. 2), with the use of Tomosynthesis (Siemens) (\circ Fig. 1a and b).

Material and Methods



Between 1/2011 and 5/2011 we diagnosed invasive breast cancer (BI-RADS 5) in 100 patients on the basis of complementary diagnoses (hospital, mammography, sonography, MRT). The ages of the patients varied from 27 to 84 years (median: 59 years). The sizes of the lesions determined by the imaging methods were between 6 mm and 19 mm (median: 15 mm). In accordance with the European Guidelines and the S3 Guidelines [7-10] all patients were examined preoperatively by a sonographically guided punch or stereotactically/radiographical guided vacuum biopsy, with the histological result B5, i.e. diagnostically BI-RADS 6. As no multi-focality or multi-centricity was found in any of the cases and the extent was less than 2.0 cm, the S3 Guidelines did not indicate the need for primary neoadjuvant chemotherapy [9, 10]. Following the histological diagnosis B5, diagnostically BI-RADS 6, according to the primary process of histologically verifying the findings, all patients underwent a preoperative sonographically or stereotactically/radiographically guided wire marking. This was followed by breast-conserving therapy, including the senti-



Fig. 1a and **b** Tomosynthesis (Siemens, Erlangen, Germany), amorphous selenium, tungsten source, focus 0.1 mm, spatial resolution 85 μm, pixel pitch, 8 l/mm, angular range 50 degrees, 25 projections, scan time > 20 s, Geometry: uniform scanning, reconstruction: filtered back projection. **a** Tomosynthesis at + 6 degrees, **b** Tomosynthesis at + 14 degrees.



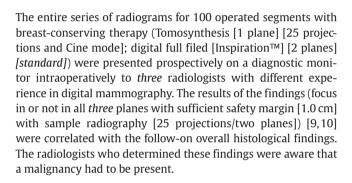
Fig. 2 Inspiration™ (Siemens, Erlangen, Germany), amorphous selenium, tungsten source, focus 0.1 mm, spatial resolution 85 µm, pixel pitch, 8 l/mm, 0 degree position.

nel lymph node (marking with both patent blue and technetium 99 m). The operated segment was marked with thread (orientation) (*three* planes) and radiologically investigated, compression-free [16] with the wire still placed, with two different systems, both with automatic exposure control (AEC) (Tomosynthesis, 1 plane, System 1) and sample radiography in two planes (InspirationTM, System 2) (magnification 1.0:1.0) (Table 1):

- 1. Tomosynthesis (Siemens, Erlangen, Germany), amorphous selenium, tungsten source, focus 0.1 mm, spatial resolution 85 μm, pixel pitch, 8 l/mm, angular range 50 degrees, 25 projections, scan time > 20 s, Geometry: uniform scanning, reconstruction: filtered back projection
- 2. Inspiration™ (Siemens, Erlangen, Germany), amorphous selenium, tungsten source, focus 0.1 mm, spatial resolution 85 μm, pixel pitch, 8 l/mm

Table 1 Important basic technical features of the systems (System No. 1 "Tomosynthesis" and System No. 2 "Inspiration™") for the preparation of sample radiograms – as well as the possibilities for the generation of projection images/Cine mode with the "Tomosynthesis" with an angular range of 50 degrees and 25 projections and a scan time of > 20 s, uniform scanning geometry and reconstruction of the filtered back projections.

	System No. 1 "Tomosynthesis"	System No. 2 "Inspiration™"
Manufacturer	Siemens	Siemens
X-ray source		
Anode	Mo, W	Mo, W
Filter	Mo, Rh	Mo, Rh
Scattered radiation grid	linear	linear
Detector		
Conversion material	Semiconductor a-Se	Semiconductor a-Se
Readout process	Thin film transistors	Thin film transistors
Pixel size	85 µm	85 µm
Spatial resolution (Nyquist frequency)	8 Lp/mm	8 Lp/mm



Result



Of the 100 patients with a histologically verified breast cancer (BI-RADS 6), 78 patients required no further operative therapy (re-excision) following breast-conserving therapy – as confirmed by the sample radiograms prepared directly during the primary operation (intraoperatively) (25 projections and in Cine mode/2 planes) (focus seen in all *three* planes with sufficient safety margin (1.0 cm) with sample radiography). The sample radiogram in two planes, magnification 1.0:1.0 (**Fig. 4**) was defined as the *standard*.

On the basis of the standard sample (InspirationTM, 2 planes, magnification 1.0:1.0) and the pathological findings (5 samples, operation non in sano; 17 samples, lesion histologically investigated with a safety margin of < 1.0 cm) a re-excision was performed on 22 patients. The tomosynthesis performed in parallel (25 projections and Cine mode, magnification 1.0:1.0) (**© Fig. 3**) showed that a re-excision on the basis of the specified criteria was necessary in only 14 patients.

The final histological result of the 22 operated patients (re-excision) indicated that with five patients the operation took place non in sano, however the safety margin was < 1.0 cm for only six patients; that is, no residual tumours could be identified. This means that a re-excision on the basis of the final histological findings would only have been justified for 11 patients.

A direct comparison of sample radiography with the Tomosynthesis and InspirationTM shows an improvement in sensitivity of 8% (p < 0.05) (Table 2).

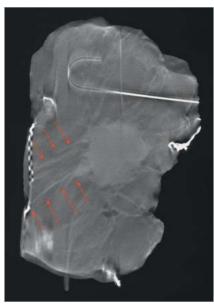


Fig. 3 Sample radiogram Tomosynthesis, image 13 of 25; magnification 1.0 × 1.0, invasive breast carcinoma T1cN0M0, diameter of tumour nucleus 1.6 cm, extent of spiculae 3.2 cm (arrows) reaching to the edge of the sample radiogram, non in sano, unequivocally assessable (verified, both by imaging and histology).

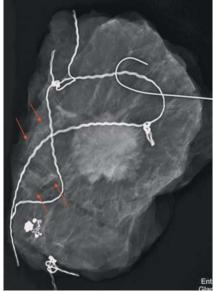


Fig. 4 Sample radiogram Inspiration™; magnification 1.0 × 1.0, invasive breast carcinoma pT1cN0M0, diameter of tumour nucleus 1.6 cm, spiculae (arrows) not assessable.

Discussion



The efficacy of an operation can be enhanced by additional sample radiograms [7–14,16]. According to the information of the European Guidelines and the S3 Guidelines, this should be performed in two planes [7-10]. This allows the possibility of obtaining the immediate confirmation of a successful operation still during the operation. The direct presentation of the sample in two planes then allows immediate follow-up resection if the sample is not pathological. Significant progress was ensured with the introduction of digital imaging plates used with conventional analogue mammography equipment. This method is based on CCD chips and the possibilities for the use of PACS which these enable - but, compared with the all-digital systems now available, this has a far lower detector quantum efficiency (DQE) [12, 13,17-21]. In the last 10-15 years x-ray equipment was developed expressly for the preparation of sample radiograms which can be viewed at different locations (for example in the operating

Table 2 Sensitivity and specificity of the two systems (System No. 1 "Tomosynthesis" and System No. 2 "Inspiration™") determined by three radiologists, each of whom prospectively evaluated 100 sample radiograms/projection images (Cine mode) with a total of 100 malignant lesions.

	Sensitivity (%)		Specificity(%)	
Magnification	System No. 1	System No. 2	System No. 1	System No. 2
1.0:1.0 (No. 1)	"Tomosynthesis"	"Inspiration"	"Tomosynthesis"	"Inspiration"
1.0:1.0 (No. 2)	(85 μm)	(85 µm)	(85 µm)	(85 µm)
Radiologist 1	86.0	78.0	100.0	100.0
Radiologist 2	87.0	79.0	100.0	100.0
Radiologist 3	87.0	78.0	100.0	100.0
Mean value	86.6	78.3	100.0	100.0

room, in the Radiology Department or in Pathology). An innovative process, from conventional systems, via imaging plates to alldigital systems [12, 13, 17-21] and further to CMOS technology [22] could also be observed over this time. The new development of digital breast tomosynthesis (DBT) [23-25] as a supplement to digital mammography now also allows the possibility to prepare sample radiograms intraoperatively. By contrast with classical planigraphic technique, the individual projections of a scanning cycle are not superimposed to an image directly on the detector, but initially stored on the computer as individual images. The individual images are then combined to slice images using mathematical reconstruction algorithms (synthesis = joining). This allows the calculation of an arbitrary number of slices from the data of a scanning cycle without additional radiation exposure. DBT slices are usually 1 mm thick; however they can also be thicker. Particularly the detection of grouped micro-calcifications may make the viewing of thicker slices necessary in order to be able to recognise whether groups belong together. All slices can be displayed as individual high-resolution images and can also be displayed in Cine mode. In literature, improvements in sensitivity and specificity [26] are given as a supplement to digital mammography, with the possibilities for reducing the recall rate [27,28] and also in mammography screening [29]. With the system which we used, the samples were investigated radiographically in 25 projections with an angular range of 50 degrees. The three radiologists evaluated the samples by tomosynthesis (1 plane) on the basis of the projection images and also in Cine mode (System 1), with the sample radiogram in two planes (System 2) defined as standard and, on the basis of these results, performed a re-excision on 22 patients.

The final histological result of the 22 operated patients (re-excision) indicated that with five patients the operation took place non in sano, however the safety margin was < 1.0 cm for only six patients; that is, no residual tumours could be identified. This means that a re-excision on the basis of the final histological findings would only have been justified for 11 patients.

A direct comparison of sample radiography with the Tomosynthesis and Inspiration $^{\text{TM}}$ shows an improvement in sensitivity of 8% (p < 0.05). The reason may lie in the fact that tomosynthesis allows a more exact characterisation of the breast parenchyma in the screening mammography (c-c and obliq.) [30] and also shows this in the sample radiogram: better demarcation (spiculae and DCIS sections of the tumour manifestation compared with the remaining benign glandular parenchyma).

The breast cancer re-excision rate after primary breast-conserving therapy with previous histologically verified breast (histologically B5 and thus BI-RADS 6) in our historical patient collective is currently in fact also 22% in our retrospective evaluation and between 10% and 57% in the literature, depending on the safety

margin defined [14]. In order to reduce the re-excision rate, not to satisfy the European Guidelines or the S3 Guidelines but particularly to spare the patients a second operational intervention with all its side effects, the future possibility of volumetric analysis in mammography on the basis of tomosynthesis and 3D imaging could make a significant contribution [25]. Furthermore, our results are consistent with and superior to those obtained with sample radiograms in digital technique with the use of zooming and magnifications up to a factor of 2.0 [22,31–34].

Conflict of Interest



None.

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