Asymptomatic colonic spirochetosis with severe inflammation on endoscopy

Intestinal spirochetosis is a condition defined by the presence of spirochetal microorganisms that have attached to the luminal surface of the intestinal epithelium [1]. The disease is relatively rare in developed countries, but the prevalence tends to be much higher in developing countries, as well as among homosexual individuals and those who are human immunodeficiency virus (HIV)-positive [2]. Spirochetes are difficult to cultivate in culture media; therefore, the diagnosis is made based on characteristic histopathological findings such as a basophilic fringe that produces a brush border on the epithelium of the intestinal surface. Despite the presence of digestive symptoms, endoscopic examination often shows a normal-appearing mucosa [3]. Metronidazole is frequently prescribed for treatment in immunosuppressed patients and those with invasive disease, while some reports have suggested that treatment may not be necessary for noninvasive and asymptomatic cases [4,5].

A 52-year-old heterosexual Japanese man was hospitalized for treatment of diabetes mellitus. Although he was asymptomatic, peripheral blood examination revealed moderate elevation of C-reactive protein (7.82 mg/dL). Serological tests for syphilis, HIV, and Entamoeba histolytica yielded negative results. Computed tomography showed thickening of the wall of the ascending colon (Fig. 1). Colonoscopy revealed diffuse mucosal edema with erythema and localized ulcers in the ascending colon (Fig. 2). Gram staining of colonic lavage fluid showed abundant Gram-negative bacilli under microscopy (Fig. 3). No other specific bacteria, fungi, or acid-fast bacteria were detected in the lavage culture. Histopathological examination of biopsy specimens revealed the presence of a blue fringe attached to the colonic surface epithelium and confirmed a diagnosis of colonic spirochetosis (Fig. 4). Immunohistochemical staining for cytomegalovirus was negative. Genetic investigation of spirochetes was not performed, therefore the microbiological detail was unclear. We were unable to follow-up the colonic lesion because the patient declined to undergo further radiological or endoscopic examinations.

Competing interests: None

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Fig. 4 Histopathological section of biopsy specimen from the ascending colon lesion shows the presence of a blue fringe attached to the colonic surface epithelium, confirming a diagnosis of colonic spirochetosis. Hematoxylin and eosin.
(a) Low-power field;
(b) High-power field.