Simultaneous occurrence of gastric lipoma and early gastric cancer

An asymptomatic 72-year-old man underwent a screening esophagogastroduodenoscopy (EGD) at our hospital. The EGD showed a sessile polypoid lesion with a smooth surface in the greater curvature of the gastric antrum, which was diagnosed as a submucosal tumor (Fig. 1a). A second slightly elevated lesion with a shallow depression was observed in the greater curvature of the lower gastric body near the polypoid lesion (Fig. 1b). This was confirmed on biopsy to be a well-differentiated tubular adenocarcinoma. The borders of this lesion became distinct when indigo carmine dye was used in a chromoendoscopy (Fig. 1c). Abdominal contrast-enhanced computed tomography (CT) revealed a well-circumscribed, smooth-bordered, low-density mass in the gastric wall of the antrum (arrow) (Fig. 2).

The patient underwent endoscopic submucosal dissection (ESD) for the gastric cancer (Fig. 3). Histological examination confirmed the presence of a well-differentiated tubular adenocarcinoma with dimensions of 17 × 15 mm that was confined to the gastric mucosal layer without lymphatic and venous infiltration. Subsequently, partial resection of the stomach was carried out for the submucosal tumor. Gross and histological examination of the resected specimen revealed a well-circumscribed, encapsulated lipoma measuring 8.5 × 5.5 cm (Fig. 4). Follow-up after discharge was uneventful. After 8 months, there had been no evidence of metastasis.

The stomach is a rare location for lipomas; only a few cases of gastric lipoma associated with early gastric cancer have been previously reported [1–3]. Interestingly, as in this case, the gastric cancer and the lipoma were also located very close to each other in the three previous cases, suggesting that these were concomitant tumors.

Although lipomas are benign tumors, they can cause gastrointestinal bleeding, intussusception, and obstruction. Therefore minimally invasive therapy with ESD for early gastric cancer and partial gastric resection for large lipomas should be considered. Clinicians should examine patients with gastric tumors carefully, bearing in mind the possibility of synchronous tumors, as demonstrated by this case and the previous cases.

Endoscopy_UCTN_Code_CCL_1AB_2AD_3AB

Competing interests: None
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DOI http://dx.doi.org/10.1055/s-0034-1377279
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

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Fig. 3 Endoscopic appearance during endoscopic submucosal dissection (ESD) for the gastric cancer.

Fig. 4 Macroscopic appearance of the surgically resected specimen showing a well-circumscribed, encapsulated tumor measuring 8.5 × 5.5 cm.